



SURRY COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

June 2025

Important Announcements

Virtual Classes and Activities:

Monday Morning Check-In: Facebook Group Chat - Mondays at 11:30 AM

Contact Carolyn Gentry to be added to the group chat.

June 17 at 10:00 AM: Extension At Home-Microgreens: Windowsill Gardening

Call the senior center for the registration link.

In Person Activities and Classes

Thursdays at 10:30 AM: Nutrition Site Bingo - Bring two \$1 Prizes.

Thursdays at 12:00 PM: Weight Watchers Workshop (Weigh-in 30 minutes prior.)

For more information, please visit ww.com

NEW: Fridays at 9:30 AM: Walking Club (Meet at the yellow poles in the parking lot.)

June 12th at 2:00 PM: Senior Center Garden Workshops with Surry Extension Master Gardener, Robin Portis. Strength of Sunflowers. Registration is required. Please call the senior center to register and to find out what you need to bring. Class size is limited.

June 17th at 1:00 PM: Health Fair a number of local senior agencies will be onsite offering screenings, give aways and door prizes!

June 26th at 2:00 PM: Senior Center Garden Workshops with Surry Extension Master Gardener, Robin Portis. Strength of Sunflowers. Registration is required. Please call the senior center to register and to find out what you need to bring. Class size is limited.

NoneSuch Playmakers Presents Front Porch Country—A fundraiser concert to benefit the Angela H. Llewellyn Foundation Scholarship Fund and the Surry County Senior Center.

Admission is “pay what you can” at the door.

June 27th at 7:00 PM

June 28th at 7:00 PM

June 29th at 3:00 PM

See page 2 for more activities!

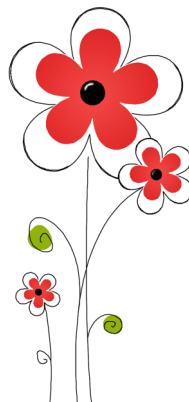
Drop-in Activities: Games, Cards, Puzzles, DVD/Puzzle/Book Swap!

- If you are interested in a volunteer opportunity, please call the senior center.

- If you would like to be added to our newsletter email list, call Carolyn at (336) 415-4225.

- Please “Like” us on Facebook!

<https://www.facebook.com/SurrySeniorCenter>



Information for Services, Referrals & Assistance

Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

How You Can Give...

The YVEDDI Senior Centers of Surry County are proud United Fund Agencies!
We encourage you to SUPPORT THE United Fund of Surry County.

By Mail: United Fund of Surry County
PO Box 409 • Mount Airy, NC 27030
or visit www.unitedfundofsurry.org



JUNE 2025



Mon	Tue	Wed	Thu	Fri
2 9:45 Yoga Light 11:00 Line Dance w/Jene 11:30 Facebook Group Chat 7:00 Shag w/Linda	3 9:00 Painting For Fun 11:00 Partners Health 1:00 Busy Fingers Crochet	4 10:00 Tai Chi @ Senior Center 2:00 Quarter Bingo 3:30 Shag w/Linda	5 10:30 Nutrition Site Bingo 12:00 Weight Watchers	6 9:30 Walking Club 10:00 Tai Chi @ Senior Ctr. 11:00 Line Dance w/Blanche 1:00 Bowling @ Mount Airy Bowling Lanes—\$2/game
9 9:45 Yoga Light 11:00 Line Dance w/Jene 11:30 Facebook Group Chat 7:00 Shag w/Linda	10 9:00 Painting For Fun 1:00 Busy Fingers Crochet	11 10:00 Tai Chi @ Senior Center 2:00 Quarter Bingo 3:30 Shag w/Linda	12 10:30 Nutrition Site Bingo 12:00 Weight Watchers 2:00 Garden Workshop Registration is Required	13 9:30 Walking Club 10:00 Tai Chi @ Senior Ctr 11:00 Line Dance w/Blanche 1:00 Bowling @ Mount Airy Bowling Lanes—\$2/game
16 9:45 Yoga Light 10:30 Book Club 11:00 Line Dance w/Jene 11:30 Facebook Group Chat 7:00 Shag w/Linda	17 9:00 Painting For Fun 10:00 Extension At Home 11:30 SCHNC Nutrition Class 1:00 Busy Fingers Crochet 1:00 Health Fair	18 10:00 Tai Chi @ Senior Ctr. 2:00 Quarter Bingo 3:30 Shag w/Linda	19 10:30 Nutrition Site Bingo 12:00 Weight Watchers	20 9:30 Walking Club 10:00 Tai Chi @ Senior Ctr. 11:00 Line Dance w/Blanche 1:00 Bowling @ Mount Airy Bowling Lanes—\$2/game
23 9:45 Yoga Light 11:00 Line Dance w/Jene 11:30 Facebook Group Chat 7:00 Shag w/Linda	24 9:00 Painting For Fun 11:00 Safety Class 1:00 Busy Fingers Crochet	25 10:00 Tai Chi @ Senior Center 1:30 Blood Pressure Checks 2:00 Prize Bingo 3:30 Shag w/Linda	26 10:30 Nutrition Site Bingo 12:00 Weight Watchers 2:00 Garden Workshop Registration is Required	27 9:30 Walking Club 10:00 Tai Chi @ Senior Ctr. 11:00 Line Dance w/Blanche 1:00 Bowling @ Mount Airy Bowling Lanes—\$2/game 7:00 NoneSuch Playmakers Front Porch Country
30 9:45 Yoga Light 11:00 Line Dance w/Jene 11:30 Facebook Group Chat 7:00 Shag w/Linda		Saturday, 6/28 at 7:00 PM NoneSuch Playmakers Front Porch Country Sunday, 6/29 at 7:00 PM NoneSuch Playmakers Front Porch Country		Lunch is served daily at 11:30 a.m. for Surry County residents ages 60 & older. You must be registered. Contact Susan Lawrence , Nutrition Site Manager for more information. (336) 415-4241

Mission Statement: To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.

Carolyn Gentry, Surry County Senior Center Manager • (336) 415-4225