



YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

April 2025

What's Happening...

May 2nd: Senior Games Opening Ceremonies

VITA Tax Counseling Yadkin County Public Library (336) 679-8292 or (336) 679-3596 for appointments!

We have N95 masks available at the center while supplies last!!

Facebook Live Virtual Events and In-Person Activities

Starting April 7th every Monday at 12pm Exercise with Amy!!!!

Mondays at 10:00-11:00 AM: Quarter Bingo (bring your quarters)

Mondays: The 1st Monday of the month 11:00 AM-12:00 PM: Partner's Health

Mondays at 10:00 AM: Cardio Drumming with Smart Board upon request!

Mondays at 12 PM: Flexercise with Amy Squillini.

Mondays: 2nd Monday of the month at 6:00 PM: Bee Keepers

Tuesdays at 10:00 AM: Quilting

Come out and join us for quilting. Volunteer Patricia Rogers will be in assisting with any of your needs or wants in our quilting class.

1st Tuesday of the month at 6:00 PM: Yadkin Historic Society

2nd Tuesday of the month at 5:00 PM: Gentry-Widow/Widower Supper Pot-Luck, meat and drinks will be provided, bring a covered dish to share.

4th Tuesday of the month at 5:00 PM: Senior Supper

Senior Suppers will be Pot Luck or small fee. **You must sign up for these meals at least one week prior to the event. Please call to ask if it will be POT-LUCK or if you need to make a donation toward the meal. (336) 679-3596**

NEW DAY AND TIME FOR ROOK!!!!!! WEDNESDAYS from 2 PM to 4 PM

Wednesdays at 10:15 -11:15 AM: \$ Line Dance Lessons

Advanced Class 10:00 AM to 10:15 AM

Wednesdays at 12:00-1:00 PM: Corn Hole

1st & 3rd Thursday at 10:00 AM: Senior Chorus

Thursdays at 1:00 PM : Pegs & Jokers

2nd Thursday at 11 AM: Crime Prevention with Dept. O'Leary

Fridays at 10:00 - 11:00 AM: Trivia Bingo (Bring your quarters)

Information for Services, Referrals & Assistance

Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care



APRIL 2025



Mon	Tue	Wed	Thu	Fri
	<p>1</p> <p>Homebound Meal Deliveries</p> <p>9 Walking to Music</p> <p>10 Color-time/ Puzzle</p> <p>10 Quilting</p> <p>11:30 Lunch</p> <p>6 Yadkin Historic Society</p>	<p>2</p> <p>9 Walking to Music</p> <p>10 Color-time/ Puzzle</p> <p>10:15 Line Dance Lessons \$</p> <p>11:30 Lunch</p> <p>12-1 Corn Hole</p> <p>2 Rook</p>	<p>3</p> <p>9 Walking to Music</p> <p>10 Color-time/ Puzzle</p> <p>11 Senior Chorus</p> <p>11:30 Lunch</p> <p>1 Pegs & Jokers</p>	<p>4</p> <p>9 Walking to Music</p> <p>10 Color-time/ Puzzle</p> <p>10-11 Trivia Bingo</p> <p>11:30 Lunch</p>
<p>7</p> <p>9 Walking to Music</p> <p>10 Quarter Bingo</p> <p>10 Color-Time/Puzzle</p> <p>11:30Lunch</p> <p>12 Flexercise</p> <p>1 Rook for Beginners</p>	<p>8</p> <p>Homebound Meal Deliveries</p> <p>9 Walking to Music</p> <p>10 Color-time/ Puzzle</p> <p>10 Quilting</p> <p>11:30 Lunch</p> <p>5 Widow/Widower Supper</p>	<p>9</p> <p>9 Walking to Music</p> <p>10 Color-time/ Puzzle</p> <p>10:15 Line Dance Lessons \$</p> <p>11:30 Lunch</p> <p>12-1 Corn Hole</p> <p>2 Rook</p>	<p>10</p> <p>9 Walking to Music</p> <p>10 Color-time/ Puzzle</p> <p>11 Crime Prevention with Dept. O'Leary</p> <p>11:30 Lunch</p> <p>1 Pegs & Jokers</p>	<p>11</p> <p>9 Walking to Music</p> <p>10 Color-time/ Puzzle</p> <p>10-11 Trivia Bingo</p> <p>11:30 Lunch</p>
<p>14</p> <p>9 Walking to Music</p> <p>10 Quarter Bingo</p> <p>10 Color-time/ Puzzle</p> <p>11:30 Lunch</p> <p>12 Flexercise</p> <p>1 Rook for Beginners</p> <p>6 Bee Keepers</p>	<p>15</p> <p>Homebound Meal Deliveries</p> <p>9 Walking to Music</p> <p>10 Color-time/ Puzzle</p> <p>10 Quilting</p> <p>11:30 Lunch</p>	<p>16</p> <p>9 Walking to Music</p> <p>10 Color-time/ Puzzle</p> <p>10:15 Line Dance Lessons \$</p> <p>11:30 Lunch</p> <p>12-1 Corn Hole</p> <p>2 Rook</p>	<p>17</p> <p>9 Walking to Music</p> <p>10 Color-time/ Puzzle</p> <p>11 Senior Chorus</p> <p>11:30 Lunch</p> <p>1 Pegs & Jokers</p>	<p>18</p> <p>CLOSED</p> <div style="background-color: #e0f2f1; padding: 10px; text-align: center; font-weight: bold; color: #00695c;">HAPPY EASTER</div>
<p>21</p> <p>9 Walking to Music</p> <p>10 Quarter Bingo</p> <p>10 Color-time/ Puzzle</p> <p>11:30 Lunch</p> <p>12 Flexercise</p> <p>1 Rook for Beginners</p>	<p>22</p> <p>Homebound Meal Deliveries</p> <p>9 Walking to Music</p> <p>10 Color-time/ Puzzle</p> <p>10 Quilting</p> <p>11:30 Lunch</p> <p>5 Senior Supper</p>	<p>23</p> <p>9 Walking to Music</p> <p>10 Color-time/ Puzzle</p> <p>10:15 Line Dance Lessons \$</p> <p>11:30 Lunch</p> <p>12-1 Corn Hole</p> <p>2 Rook</p>	<p>24</p> <p>9 Walking to Music</p> <p>10 Color-time/ Puzzle</p> <p>11:30 Lunch</p> <p>1 Pegs & Jokers</p>	<p>25</p> <p>9 Walking to Music</p> <p>10 Color-time/ Puzzle</p> <p>10-11 Trivia Bingo</p> <p>11:30 Lunch</p>
<p>28</p> <p>9 Walking to Music</p> <p>10 Quarter Bingo</p> <p>10 Color-time/ Puzzle</p> <p>11:30 Lunch</p> <p>12 Flexercise</p> <p>1 Rook for Beginners</p>	<p>29</p> <p>Homebound Meal Deliveries</p> <p>9 Walking to Music</p> <p>10 Color-time/ Puzzle</p> <p>10 Quilting</p> <p>11:30 Lunch</p>	<p>30</p> <p>9 Walking to Music</p> <p>10 Color-time/ Puzzle</p> <p>10:15 Line Dance Lessons \$</p> <p>11:30 Lunch</p> <p>12-1 Corn Hole</p> <p>2 Rook</p>	<p>Drop-In Activities Available</p>	
				<p>Checkers</p> <p>Jigsaw Puzzles</p> <p>Exercise Room</p> <p>Word Search</p> <p>Card Games</p> <p>Puzzle Exchange</p> <p>Ipads & Tablets</p> <p>Book, DVDs & CDs Exchange</p>

Mission Statement: To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.