

FALL
2024



Holiday Schedule (Administrative Offices)

Veterans Day
November 11th

Thanksgiving
November 27th & 28th

Christmas
December 24th, 25th & 26th

Program Mission

Educating children and
empowering families.



Recruitment



YVEDDI Head Start is still accepting applications for the 2024-2025 school year!

If you know of a family who has a child that turned 3 or 4 years old by August 31st please refer them to a Family Advocate.

Parent Involvement is key!
Parents and Staff had a great night electing Policy Council Chairperson, Vice-Chair, and Secretary while learning more about Head Start and what the governing body is all about. Be sure to attend your child's monthly Parent Club Meetings to stay tuned in to the Policy Council program updates.



Thank you to the Boonville Fire Department for coming out to Boonville Head Start!



INCLEMENT WEATHER



Please note that Head Start delays and closings due to inclement weather will follow their local school system unless otherwise contacted. *When Head Start is closed due to inclement weather, all Head Start activities are cancelled including Parent Meetings, Policy Council meetings and workshops.*

If you or someone you know is in crisis, call or text 988 to reach the Suicide and Crisis Lifeline, chat with them online via their website, or text HOME to 741741 (multiple languages available). If this is an emergency, call 911.

Speak to a Licensed Clinician:
1-888-235-4673
(HOPE)

www.yveddi.com

Do you have a child with disabilities?



IDEA - the Individuals with Disabilities Education Act (p. L. 102-119) was passed by Congress and requires that all states and territories provide a public school education to children with disabilities from ages 3 to 21, no matter how severe their disabilities.

This law promises to children with disabilities a “free appropriate public education” at public expense, that their educational placement is based on an evaluation of each child’s own special needs and that an Individualized Education Program (IEP) is planned for your child and states the services they will receive.

If you have a child with disabilities be sure they are receiving the special education they deserve. If you need further information, please call the Head Start Office at (336) 367-4993 and we will be glad to help.

Parent Club Corner



Boonville Head Start has fun with our new curriculum that promotes social-emotional learning. (Pictured below)

Al’s Pals is an evidence-based, comprehensive social–emotional learning curriculum designed to meet the specific needs of preschool children. With both print and digital curriculum resources, Al’s Pals™ helps develop the foundational skills children need for success in school and life by promoting social-emotional skills such as self-control, problem-solving, and healthy decision-making. Designed for children ages 3–6, Al’s Pals includes developmentally appropriate, puppet-based lessons; impactful teaching approaches; and engaging family resources that are available in English and Spanish.



Newsletter Editor:
Donna Rutledge, Communications
Specialist



NCWorks Online is a one-stop online resource for job seekers and employers in North Carolina. Job seekers can search for jobs, create resumes, and find education and training. Visit the website today www.ncworks.gov or stop by one of the office locations listed below.

<p>Surry County NCWorks Career Center 942 W, Pine Street Mount Airy, NC 27030</p>	<p>Phone: (336) 415-6120 Email: surrycounty@NCWORKS.gov</p> <p>Days/Hours of operation: Monday-Thursday 8:30 AM-4:30 PM Friday 8:30 AM-12:00PM</p>
<p>Yadkin County Workforce Center 1001 College Dr. Yadkinville, NC 27055</p>	<p>Phone: (336) 415-6120 Email: yadkincounty@NCWORKS.gov</p> <p>Days/Hours of operation: Monday-Friday 8:30 AM-5:00 PM</p>
<p>Davie County Workforce Center DDCC Library 1205 South Salisbury Street Room #115 Mocksville, NC 27028</p>	<p>Phone: (336) 464-0520 Email: daviecounty@NCWORKS.gov</p> <p>Days/Hours of operation: Tuesday 8 AM - 12:00 PM Thursday 8:00 AM - 5:00 PM Friday 8:00 AM - 5:00 PM</p>
<p>Forsyth County-NCWorks Career Center 2701 University Parkway Winston Salem, NC 27105</p>	<p>Phone: (336) 464-0520 Email: forsythcounty@NCWORKS.gov</p> <p>Days/Hours of operation: Monday-Thursday 8:30 AM-5:00 PM Friday 8:30 AM-12:00 PM</p>

FAMILY ENGAGEMENT AND SCHOOL READINESS

Research shows that when parents are doing well, their children are happier and more successful in school. To help families achieve success, we team each family with a Family Advocate. Because each family has different strengths and needs, the support your advocate provides will vary to suit your needs. There are countless ways in which Family Advocates can be a resource. Some of them include:

- Connecting you to services and resources you need, such as food, housing, medical assistance, or counseling services
- Providing information and support to help you meet your goals for education, job skills, housing, etc.
- Helping you understand and complete paperwork
- Supporting you in reaching personal and family goals and outcomes as well as during Parent Meetings.

Your Family Advocate is working with you to complete a Family Partnership Agreement. This is a plan you develop together that describes the goals set for your child and family, as well as the steps to meet your goals.

Center Arrival/Departure Time

Head Start arrival time is from 8:00 AM – 8:30 A.M. No child will be accepted after 8:30 A.M. for any reason other than a doctor's appointment. Please bring a doctor's note to ensure proper documentation of absence.

If your child has an appointment, you will need to inform the teacher the day before or by 8:30 the morning of so that lunch can be ordered for your child. If, after the appointment your child cannot arrive by 10:30, you will need to make other arrangements for the day.

Departure is between 2:20-2:30 PM. In the event that an emergency arises and you cannot pick up your child by 2:30, you must immediately call the center to inform the teacher. We will attempt to contact your emergency contacts. Emergency contacts must be up to date and will be verified by staff. Chronic or repeated incidences may result in a report being made to the Department of Social Services.



www.NC211.org

Need Help, But Don't Know Where To Turn?
DIAL 2-1-1

Free ▪ Confidential ▪ 24 Hours a Day ▪ Any Language

Your connection to:

- Basic Needs (food, clothing, shelter)
- Child Care Services
- Consumer Help
- Counseling
- Crisis Intervention
- Health Care
- Housing
- Senior Services
- Support Groups
- Volunteer Opportunities

MEDICATION SAFETY



We want to encourage our kids to explore and discover their world, so it's especially important to include medicine safety when childproofing your home. Here are a few tips on how to keep kids safe around medicine.

Hard Facts about Medication Safety

Medicines are the leading cause of child poisoning.

In 2017, nearly 52,000 children under the age of six were seen in the emergency room for medicine poisoning. That's one child every ten minutes.

Top Tips about Medication Safety

Keep medicine up and away, out of reach and sight of children, even medicine you take every day.

Kids are naturally curious and can easily get into things, like medicine, if they are kept in places within their reach. Put all medicines and vitamins at or above counter height where kids can't reach or see them.

Consider places where kids get into medicine. Children often find medicine kept in purses or on counters and nightstands. Place bags and briefcases on high shelves or hang them on hooks, out of children's reach and sight.

Remember products you might not think about as medicine. Health products such as vitamins, diaper rash creams and even eye drops can be harmful if kids get into them. Store these items out of reach and sight of children, just as you would over-the-counter and prescription medicines.

Give medicine safely to children. Use only the dosing device that comes with liquid medicine, not a kitchen spoon. When other caregivers are giving your child medicine, write clear instructions about what medicine to give, how much to give and when to give it. Using a medicine schedule can help with communication between caregivers.

Save the Poison Help number in your phone and post it visibly at home: 1-800-222-1222. Specialists at poison control centers provide free, confidential, expert medical advice 24 hours a day. They can answer questions about how to give or take medicine and help with poison emergencies.

Share medicine safety information with family and friends. Teach other caregivers such as family members, babysitters and friends about medicine safety and make sure they know the Poison Help number.

Firearm Safety for Parents and Caregivers

- Did you know...
- Guns are in more than one third of all U.S. households? They're a very real danger to children, whether you own one or not.
- Of the 192 million firearms owned in the United States, 65 million are handguns. Research shows guns in homes are a serious risk to families.
- A gun kept in the home is far more likely to kill someone known to the family kill or injure a household member than kill or injure an intruder.
- A gun kept in the home triples the risk of homicide.
- The risk of suicide is five times more likely if a gun is kept in the home.
- Use these tips to ensure that you and the children in your care are safe from firearms:
- Children should not have access to firearms.
- Even if you don't own a gun, chances are your friends or neighbors do. That's why it's important to talk to kids about the potential dangers of guns, and what to do if they find one.
- Gun owners should always store firearms (including BB or pellet guns) unloaded and locked up, out of reach of children. Ammunition should be locked in a separate location, also out of reach of children.
- Quality safety devices, such as gun locks, lock boxes or gun safes, should be used for every gun kept in the home. Keep gun storage keys and lock combinations hidden in a separate location.
- Parents should talk to children about the hazards of gun use.
- Teach them never to touch or play with guns, and to tell an adult if they find a gun.
- Check with neighbors, friends and relatives or adults in any other homes where children may visit to ensure they follow safe storage practices if firearms are in their homes.

E-Cigarette Facts



Photo by CDC

Electronic cigarettes (e-cigarettes or e-vaporizers) are battery-operated devices that people use to inhale nicotine or flavorings into the lungs. When you puff on it, the e-cigarette makes vapor from the liquid in the cartridge. You then inhale this vapor. People call this "vaping."

Some slang names for e-cigarettes are:

- e-cigs
- vapes
- vape pipes
- vape pens

Signs of Cigarettes Use

The nicotine in e-cigarettes can make you feel good. It can also raise your blood pressure. Your heart might beat faster. You might breathe faster. And it can make you not want to eat. E-cigarettes don't smell like the smoke from cigarettes and might not have an odor. But the cartridges might have flavored liquid that can smell like fruit, mint, or candy. If you smell these scents and don't see any of these items around, it could be an e-cigarette.

Some e-cigarettes look like everyday items, like pens or USB drives. If you see someone holding these items a lot, you can take a closer look to see if they are actually e-cigarettes.

One important part of an e-cigarette is called the atomizer. This turns the liquid in the product into a vapor. After a while, these burn out. If you find an atomizer in the garbage, someone in your house might be using e-cigarettes.

Effects of E-Cigarettes on Brains and Bodies

Inhaling Chemicals

Some people think that because e-cigarettes don't use tobacco, they are not bad for you. But the vapor that goes into e-cigarettes and vaporizers can have chemicals that might hurt you. These chemicals can be very dangerous when they are inhaled. Researchers are studying the effects of these chemicals.

Health Problems for Babies

If a pregnant woman uses e-cigarettes that contain nicotine, her baby might be born too early or too small. Nicotine can cause health problems for the baby.

Health Problems for Teens

The teen years are important for brain growth. Your brain grows until you're about 25 years old. Therefore, using nicotine products in any form, including e-cigarettes, can change the way the brain

grows.

Nicotine Poisoning

Nicotine poisoning often happens when young children chew nicotine gum or patches that people use to quit. Or they might swallow e-cigarette liquid that contains nicotine.

Signs of a nicotine poisoning are:

- having trouble breathing
- throwing up
- fainting
- Headache
- heart beating really fast or really slowly

If a child has any of these signs after eating or drinking nicotine, you should call 911 right away.

Addiction

You can become addicted to the nicotine in e-cigarettes just like other drugs. When you smoke e-cigarettes, the nicotine quickly gives you a small rush of pleasure and energy. But it soon goes away. This makes you want to use e-cigarettes again and again throughout the day.

Over time, nicotine can change the way your brain works. If you stop using it, your body can get confused and you can start to feel really sick. This makes it hard to stop. This is called addiction.

People who are trying to stop nicotine use might:

- be cranky
- have problems paying attention
- have trouble sleeping
- eat more
- crave nicotine

Fortunately, there are many ways to quit using e-cigarettes. Some examples are:

- counseling
- nicotine replacement therapy, like chewing gum and patches
- medicines

Some people think that using e-cigarettes will help them quit smoking regular cigarettes, but there is no proof that e-cigarettes help people stop smoking. Also, studies have shown that teens who use e-cigarettes are likely to start smoking cigarettes in the future.

The phone number 1-800-QUIT-NOW will connect you with people that can help you quit.



Photo by ©Shutterstock.com/Pedro Bento

Disclaimer: The information in this article does not replace going to your healthcare provider for any illness or injury to you or your child and not all medications or treatments are safe for everyone.

What is respiratory syncytial virus (RSV) and what does it cause?

RSV is a viral infection that can cause bronchiolitis (inflammation and congestion in the small airways (bronchioles) of the lungs) fever, cough, runny nose/stuffy nose, decreased appetite and other symptoms. It usually affects children younger than 2 years old but can also infect young children.

As RSV progresses, other symptoms can start, including:

- Breathing faster than normal
- Pauses between breaths – Sometimes, a pause in breathing can last more than 15 or 20 seconds.
- Wheezing – This is a whistling sound when breathing. It usually lasts about 7 days.
- A severe cough – The cough can last for 14 days or longer.
- Trouble eating and drinking – Other symptoms can make a child less interested in food. In babies, a stuffy nose or fast breathing can make it harder to breastfeed or drink from a bottle.

Most children get over RSV on their own and do not need to see a doctor.

But you should watch for some important symptoms and call your child's doctor or nurse if you have any questions or concerns about your child, or if:

- The skin and muscles between your child's ribs or below your child's ribcage look like they are caving in
- Your child's nostrils flare (get bigger) when they take a breath
- Your baby is younger than 3 months and has a fever (temperature greater than 100.4°F or 38°C)
- Your child is older than 3 months and has a fever (temperature greater than 100.4°F or 38°C) for more than 3 days
- Your baby has fewer wet diapers than normal

Call for an ambulance if your child:

- Stops breathing
- Has blue-looking lips, gums, or fingernails
- Has a very hard time breathing
- Starts grunting
- Looks like they are getting tired from working so hard to breathe

How is it diagnosed?

There are tests for RSV.

What is the treatment?

The main treatments for RSV are aimed at making sure that your child is getting enough oxygen. To do that, the doctor or nurse might need to suction the mucus from your child's nose, or give your child moist air or oxygen to breathe.

The doctor will probably **not** offer antibiotics. That's because antibiotics **do not work** on RSV.

Here are some things you can do to help your child feel better:

- Make sure your child gets enough fluids. Call the doctor or nurse if your baby has fewer wet diapers than normal.
- Use a humidifier in the room where your child sleeps
- If your child is uncomfortable because of fever, you can give over-the-counter medicines, such as acetaminophen (sample brand name: Tylenol) or ibuprofen (sample brand names: Advil, Motrin). Be sure to read instructions carefully.

Never give aspirin to a child younger than 18 years old.

- Remove the mucus from your child's nose with a suction bulb
- If your child is older than 1 year, feed them warm, clear liquids to soothe the throat and to help loosen mucus
- Prop your child's head up on pillows, if they are over 1 year old. (Do not use pillows for a child younger than 1 year.)
- Sleep in the same room as your child, so that you know right away if they start having trouble breathing
- Do not smoke or allow anyone else to smoke near your child

How is it spread?

RSV is spread easily from person to person. These viruses live in the droplets that go into the air when a sick person coughs or sneezes.

How do we prevent the spread?

There are ways to reduce your child's chances of getting sick with RSV. These things also help prevent other illnesses, like colds, the flu, and coronavirus disease 2019 (COVID-19).

You can help prevent infections from spreading by:

- Washing your hands and your child's hands often with soap and water, or using alcohol-based hand sanitizer
- Teaching your child to cover their mouth when they cough, or cough into their elbow
- Not sharing glasses, cups, or utensils
- Cleaning things that are touched a lot, such as counters, sinks, faucets, doorknobs, phones, remotes, and light switches
- Staying away from other adults and children who are sick
- Getting a flu shot every year for you and your child

A big shout-out goes to the Elkin Library for visiting the Oak Grove classroom. Everyone had a ball!



Search and connect to support. Financial assistance, food pantries, medical care, and other free or reduced-cost help starts here:



WEATHERIZATION

The Department of Environmental Quality has designated funds to assist low-income families and individuals to have adequate heat in their homes and to reduce their utility costs by means of weatherization. The Heating Appliance Repair/Replacement Program (HARRP) can repair or replace a heating system that is functioning below the manufacturer's standards. Weatherization includes installing insulation, sealing air leaks, and performing measures that will reduce energy usage. To meet the financial requirements for assistance, the gross household income for the last 12 months cannot exceed 200% of the Federal Poverty Index. To find out more information, call (336) 367-3535.



More Trees, Please!



A big thanks to the Jonesville Fire Department and the Jonesville Police Department for visiting the Jonesville Center. We really enjoyed the visit!



Perfect Attendance



August

Boonville

Jameson
Haisley
Kiara
Marie
Malachi
Lyanna
Delilah
Kolton
Amaya
Hannah
Jesse

Danbury

Colton
Grant
Everleigh
Graycee
Raylan

Granite City 2

Brianna
Lydia
Tallulah
Zendaya
Emiliano
Aaliyah
Julia
Elizabeth
Marcelo
Sophie

Granite City 3

David
Alexandra
Sunny
Dixie
Pierz
Luna
Nevaeh
Sophia
Katuri

Granite City 4

Ryver
Kenan

Isabella
Aolani
Iker
Luna
Gabriela
Amari

Jack Koontz (JK)

Isabella
Sirena
Travanti
Kimora
Rhaine
Bayron
Cynthia

Jonesville

Vanessa
Brenex
Ja'Khl
Bentley
Braxton
Chloe
Andrew

London

Christian
Cole
Zebulon
Talaya
JaKeece
A'zahria
Seylah
Oliver

Mocksville

Oliver
Addison
Zaniyah
Luna
Jaylynn
Memphis
Milan

Mount Olive

Alexander

Salem
Evie
Tobias
Isabella
Isaiah
Sonny
Wesley
Daniel
Franki
Alayna

Oak Grove

Evangeline
Ana

Paynetown

Jocelyn
Liam
Montserrat
Oliver
Zayden
Storm

Sandy Ridge

Elliot
Key
Elias
Avery
Daniel
Charlie
Dylyn
Amora

Surry

Vivianna
Gianna
Romeo
Riley
Gabriella
Rory
Kimber
Ledger

Yadkinville 1

Ana
Miguel
Adalynn
Liliana
Maria
Nolan
Lincoln
Aubree
Adrian
Elias
Zabel

Yadkinville 3

Judson
Logan
Rayna
Leland
Angelina
Zander

Great Job!



Perfect Attendance



September

Boonville

Colt
Jameson
Konnor
Lyanna

Danbury

Colton
Graycee
Silas

Granite City 2

Brooklyn
Lydia
Tallulah
Gatlan

Granite City 3

Alexandra
Sunny
Waylon
Luna

Granite City 4

Ryver
Kenan
Isabella

Jack G. Koontz (JK)

Kaliah
Rhaine
Nakida

Jonesville

Vanessa
Brenex
Chloe
Emersyn
Geovani

London

Cole
Seylah

Mocksville

Xavier

Luna
Memphis
Khali
Sadie
Milan
Mason

Mount Olive

Alexander
Sonny
Daniel
Franki

Oak Grove

Athziri
Lilliana
Sheila
Ana Belen

Paynetown

Natalie
Zayden
Leyin
Grantt
Avery
Daniel

Yadkinville 1

Miguel
Adalynn
Liliana
Mateo
Nolan
Leo
Adrian
Elias

Yadkinville 3

Miracle
Juan
Angelina
Zander
Skyler
Aaliyah
Oaklee
Tallulah

October

Boonville

Haisley
Jesse
Zoey

Danbury

Colton
Graycee

Granite City 2

Brianna
Brooklyn
Emiliano
Jaime
Julia
Gatlan

Granite City 3

David
Alexandra
Pierz
Ameila
Vincent

Granite City 4

Ryver
Isabella
Amari

Jack G. Koontz (JK)

Khalil
Rhaine
Isabella
Nakida

Jonesville

Vanessa
Temperance
Lily

London

Cole
Olivia

Mocksville

Zaniyah
Natalia

Mount Olive

Sonny

Oak Grove

Athziri
Kenna

Paynetown

Ethan
Natalie
Braynielis
Zayden

Sandy Ridge

Leyin
Grantt
Avery
Amora

Surry

Romeo
Isabella

Yadkinville 1

Ana
Miguel
Pearson
Liliana
Mateo
Adrian
Elias
Zabel

Yadkinville 3

Rayna
Juan
Skyler
Aaliyah

Great Job!



Prevention of Shaken Baby Syndrome and Abusive Head Trauma

Belief Statement

We, YVEDDI Head Start, believe that preventing, recognizing, responding to, and reporting shaken baby syndrome and abusive head trauma (SBS/AHT) is an important function of keeping children safe, protecting their healthy development, providing quality child care, and educating families.

Background

SBS/AHT is the name given to a form of physical child abuse that occurs when an infant or small child is violently shaken and/or there is a trauma to the head. Shaking may last only a few seconds but can result in severe injury or even death. This policy has been developed and adopted in order to prevent SBS/AHT according to North Carolina Child Care rules and regulations.

Procedure/Practice

How to Recognize Signs and Symptoms:

Children will be observed for signs of abusive head trauma. Some signs and symptoms include: irritability and/or high pitched crying, difficulty staying awake/lethargy or loss of consciousness, difficulty breathing, inability to lift the head, seizures, lack of appetite, vomiting, bruises, poor feeding/sucking, lack of smiling or vocalization, and the inability of the eyes to track and/or decreased muscle tone. Bruises may be found on the upper arms, rib cage, or head resulting from gripping or from hitting the head.

How Staff will Respond:

If SBS/AHT is suspected, staff will:

1. Call **911** Immediately upon suspicion of SBS/AHT and inform the Director and/or On-Site Administrator.
2. Call the parents/guardians.
3. If the child has stopped breathing, trained staff will begin CPR.

How to Report/Local Resources:

Instances of suspected child maltreatment in child care are reported to Division of Child Development and Early Education (DCDEE) by calling 1-800-859-0829 or by emailing webmasterdcd@dhhs.nc.gov

Instances of suspected maltreatment in the home are reported to the county Department of Social Services.

Davie: (336) 753-6250
Stokes: (336) 593-2861
Surry: (336) 401-8800
Yadkin: (336) 679-4210

YVEDDI Head Start Lockdown Procedures

A lockdown is implemented when a situation occurs that may be hazardous to health or is life threatening.

A lockdown is intended to limit access and hazards by controlling and managing staff and students in order to increase safety and reduce possible victimization. A lockdown may be called by school officials, law enforcement agencies, Head Start Administrative Staff, or other emergency responders. A lockdown may be called for a variety of reasons including: weapons, intruders, police activity in or around the school, contamination or hazardous materials, terrorist events, or even weather.

A lockdown means **no one** is allowed to enter the center and **no one** is allowed to exit the center. Children are not permitted to leave the school/classroom during a lockdown. Doors are locked and parents must follow the directions of school/Head Start personnel.

A Lockdown Includes:

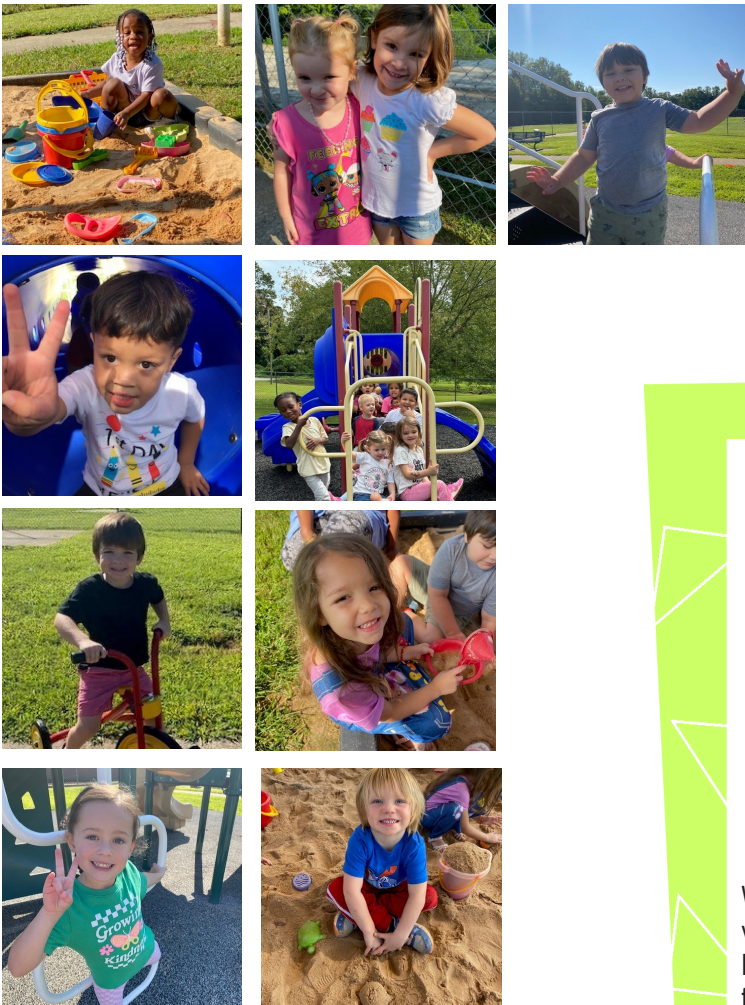
- Teacher/Center Director calls the Police immediately and provides as much information as possible
- Fire evacuation alarms must not be sounded
- All doors, windows, and classrooms will be locked
- Blinds will be closed
- No one will be permitted to enter or leave the building.
- Lockdown will continue until the school/HS classroom receives an "all clear" signal from emergency or administrative personnel
- Students and teachers will remain in their classrooms
- Parents will not be allowed to pick up children from school/HS classroom
- Parents must not call the school/classroom as the phone must only be available to emergency personnel
- Emergency Safety Evacuation routes are posted with two exit routes from every location in the building



"The Great Pumpkin"



Playground Fun



Jack G. Koontz Head Start enjoys story time, compliments of the Davie County Public Library.



Spotlight on Dads



Dad helps the Mt. Olive classroom with measurements.

We love classroom volunteers!
Parent, Mr. Rivera, gave the kiddos a real treat in Granite City 4 by reading them a story.



"Measure your success, not by money, but by the number of faces you bring a smile upon each day."
~Unknown~



Family Engagement

It is important for YVEDDI Head Start to create and promote an environment where parents and families feel respected, valued, and encouraged to become involved in their child's school experience. Our hope is that parents are truly partners and are involved in all aspects of the program. We encourage you to participate in activities held in their child's classroom.

Each Head Start Center has a Parent Club Committee that meets monthly for about an hour. This is an opportunity for parents of the center to get together and share ideas and concerns pertaining to their center and their community.

During Parent Club Committee meetings, we also provide trainings on topics that parents have suggested. The meeting is held within the first two weeks of every month. Please check with your child's teacher for the specific time and date that was voted on by the class parents/guardians. Your opinion and voice is very important and we hope to see you there.

We also provide opportunities for parents to develop leadership skills, as well as opportunities to advocate within the community. The Policy Council, which meets on a monthly basis, provides opportunities for parents to identify community needs and develop strategies to address those needs.

Parents from each center's Parent Committees are elected to Policy Council and receive training to help them better understand their roles and responsibilities as members.

Policy Council is comprised of parents, staff, and community partners. Parents are elected into the officer positions of Chair, Vice-Chair and Secretary. It is this group's responsibility to oversee all components of the Head Start program including hiring of staff, program budgets, and program policies.

Parents are encouraged to volunteer in the program. Volunteer opportunities include reading to children, helping teachers with activities, and helping during mealtime. To honor volunteers in our program, we elect a Parent of the Year for our program each year. Our Parent of the Year receives the opportunity to attend the annual North Carolina Head Start Association conference.



Child Abuse Prevention Guidelines

Each day more than five children die as a result of abuse or neglect. On average, a child abuse report is made every 10 seconds for a total of approximately 3.3 million child abuse reports annually.

Childhelp has developed the following child abuse prevention guidelines to help keep your child, or a child you care for, from becoming a statistic.

- Never discipline your child when your anger is out of control.
- Participate in your child's activities and get to know your child's friends.
- Never leave your child unattended, especially in the car.
- Teach your child to use their voice to allow them to prevent abuse in their own life.
- Ask questions; for example, when your child tells you he or she doesn't want to be with someone, this could be a red flag.
- Listen to them and believe what they say.
- Be aware of changes in your child's behavior or attitude and inquire into it.
- Teach your child what to do if you and your child become separated while away from home.
- Teach your child the correct names of his/her private body parts.
- Be alert for any talk that reveals premature sexual understanding.
- Pay attention when someone shows greater than normal interest in your child.
- Make certain your child's school or day care center will release him/her only to you or someone you officially designate.

To learn more about child abuse prevention, call the Childhelp National Child Abuse Hotline at 1-800-4-A-CHILD® (1-800- 422-4453). The 24/7 hotline is staffed with professional counselors who offer information about child abuse prevention as well as crisis intervention, literature and referrals to thousands of emergency, social service and support resources.

DID YOU KNOW?

Showing up on time every day is important to your child's success and learning from preschool forward.

Missing 10 percent of preschool (one or two days every few weeks) can:

- Make it harder to develop early reading skills
- Make it harder to get ready for kindergarten and first grade
- Develop a poor attendance pattern that's hard to break

High quality preschool programs have many benefits for your child. The routines your child develops in preschool will continue throughout school. You can make the most of preschool by encouraging your child to attend every day!

VOLUNTEERS NEEDED!

HEAD START CENTER BEAUTIFICATION AND CLEAN UP WEEK

November 18-22, 2024

Head Start invites all Parents/Guardians to join their Head Start Center for Fall Improvement Week!

No act of kindness, no matter how small, is ever wasted!

Our Head Start classrooms need a bit of sprucing up.

There is work for everyone!

- Organizing
- Making a new bulletin board
- General cleanup
- Weeding and raking mulch
- Trimming shrubbery and other outdoor enhancements
- Picking up trash
- Yard work
- General repair of facilities and more!

Help us make our facility beautiful!

The Teachers in the classroom with the most volunteer hours will receive \$50.00 to purchase classroom supplies!

Everybody can be great...because anybody can serve

Sign Up Today!

