

# SENIOR CENTERS/CONGREGATE NUTRITION SITES

Education, Socialization, Recreation, Health and Wellness, Trips and more...

## \*East Bend Senior Center

(336) 699-5100  
473 E. Main Street  
P. O. Box 607  
East Bend, NC 27018

## \*Yadkin County Senior Center

(336) 679-3596  
207 East Hemlock Street  
P. O. Box 1878  
Yadkinville, NC 27055

## \*Yadkin Valley Senior Center

(336) 526-1087  
121 Delos Martin Drive  
Jonesville, NC 28642

## \*Surry County Senior Center

(336) 415-4225 Senior Center  
(336) 415-4241 Nutrition Site  
401 Technology Lane, Suite 100  
Mount Airy, NC 27030

## Pilot Mountain Senior Center

(336) 368-2012 ext. 1052  
873 West 52 Bypass  
Pilot Mountain, NC 27041

*\*Senior Center of Excellence*

*Centers are open Monday - Friday from 8:00 am - 4:30 pm and some evening hours for various classes and activities. Please call the center nearest you for a current schedule of events and activities.*



## Information for Services, Referrals & Assistance:

### Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

### Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

## Contact:

Senior Services Director  
336-367-3522

Program Specialist - Surry County  
336-415-4241

Program Specialist - Yadkin County  
336-367-3531

## Operated by:

YVEDDI

P.O. Box 309

533 N. Carolina Ave.

Highway 601 N

Boonville, NC 27011

Phone (336) 367-7251

Fax (336) 367-3637

www.yveddi.com

elderlyservices@yveddi.com

Funded by Federal Older Americans Act funds, state and local funds, United Fund of Surry County, Yadkin Valley United Fund, consumer contributions, donations and fundraisers.



PIEDMONT TRIAD REGIONAL COUNCIL  
AREA AGENCY ON AGING



# Senior Services

*Older Americans Act*

## Mission Statement

To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism, and vigorous programming to promote healthy minds, bodies and spirits.



YVEDDI...your local Community Action Agency





## MEALS-ON-WHEELS

Nutritionally balanced lunch time meals are delivered five (5) days a week, Monday - Friday to eligible homebound persons 60 years of age and older.

The meals are provided to help maintain or improve the health of senior adults to enable them to stay in their own homes for as long as possible.

Meals are delivered by volunteers who may be reimbursed for use of their personal vehicle.

Volunteer drivers are needed to deliver home-delivered meals to seniors in Surry and Yadkin counties.

Please call (336) 367-3522 for more information.



*There is no charge for services received in this program, but contributions are accepted and appreciated.*

*Services may be restricted if requests are more than the available funds will support.*

Office Hours Monday - Friday 8:00 am - 4:30 pm



## TRANSPORTATION

Medical and general transportation is available to eligible persons age 60 and older.

Additionally, transportation is provided for persons attending congregate nutrition centers in Davie, Surry, and Yadkin Counties and for supportive services offered at these centers.

If transportation is needed, please call:

Davie and Yadkin Counties  
(336) 367-3531

Surry County  
(336) 415-4241

Please give 48 hours notice for transportation services.



## LEGAL SERVICES ASSISTANCE

Legal services assistance is available to Surry, Stokes, and Yadkin County residents who are 60 years of age and older.

Services performed under this program are civil, non-fee producing. Examples are:

- Wills
- Power of Attorney
- Deed Transactions
- Consultations

Services are provided by local participating attorneys in each county.

If you are interested in this program or know a senior adult that could benefit from this assistance, please call:

Stokes County  
(336) 593-8156

Surry County  
(336) 415-4241

Yadkin County  
(336) 367-3531

## RETIRED & SENIOR VOLUNTEER PROGRAM

RSVP recruits, places, and supports senior adults in humanitarian pursuits affecting measurable improvements in community life in Surry and Yadkin Counties.

RSVP serves to “engage persons 55 and older in volunteer service to meet critical community needs and to provide a high quality experience that will enrich the lives of volunteers”. RSVP fulfills this function by matching recruited seniors with service providers whose missions are compatible with these aspiring volunteers’ interests, abilities, and desired levels of commitment.

RSVP is currently in need of volunteers for the following areas:

- Meals-on-Wheels
- Congregate Nutrition Sites
- Libraries
- Tutoring in Schools
- Food Pantries
- Telephone Reassurance
- Special Events
- Hospice
- Senior Games
- Red Cross
- Clothes Closets
- Medical Loan Closet
- Museums

RSVP provides enrolled volunteers with technical support, limited insurance coverage, limited mileage reimbursement, and recognition for their contributions.

(336) 415-4247

401 Technology Lane, Suite 100  
Mount Airy, NC 27030