Each Center is open Monday - Friday from 8:00 am - 4:30 pm and some evening hours for various classes and activities.

Please call the center nearest you for a current schedule of events and activities.

Volunteers are always needed to teach classes, deliver home-bound meals, and assist with various other needs at each center and in the community. Let us help you find a rewarding volunteer opportunity.



Senior Centers are funded by the State of North Carolina, Counties of Surry and Yadkin, individual contributions, Foundations, and United Ways.

### \*East Bend Senior Center 336-699-5100

473 E. Main Street East Bend, NC 27018

## \*Yadkin County Senior Center 336-679-3596

207 East Hemlock Street Yadkinville, NC 27055

### \*Yadkin Valley Senior Center 336-526-1087

121 Delos Martin Drive Jonesville, NC 28642

#### Surry County Senior Center 336-786-6155 ext. 225 Fax 336-786-1951

215 Jones School Road Mount Airy, NC 27030

#### \* Pilot Mountain Senior Center 336-368-2012 Fax 336-368-4115

873 West 52 Bypass Pilot Mountain, NC 27041

(\*Senior Center of Excellence) (\*\*Certified as a Merit Center)

Operated by: YVEDDI

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P.O. Box 309

533 N. Carolina Ave.

Highway 601 N

Boonville, NC 27011

(336) 367-7251 Phone (336) 367-4842 fax

www.yveddi.com



# Senior Centers



YVEDDI...your local Community Action Agency



Serving Senior Adults Ages 50 and Older.

Senior Centers are multipurpose centers which address the needs of older adults.

Programs offered promote socialization, recreation, health/wellness, education, and volunteerism. Periodic health screenings and information pertinent to seniors are also provided.

Centers (Yadkinville, Jonesville, East Bend, and Mount Airy) are available for community or private use for a nominal fee.

Mission Statement
"To improve and maintain independent
wellness for the senior community
through advocacy, nutrition,
volunteerism, and vigorous programming
to promote healthy minds, bodies and
spirits."



Education, Socialization, Recreation, Health and Wellness, Trips and more...

### Services & Referrals Available

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Support Groups or Classes for Caregivers or others facing challenges
- Housing Assistance
- Reverse Mortgage Counseling
- Home Repair/Modification
- Home Health Services
- In-home Aide Services
- Medicaid Benefits
- Medicare Parts A & B
- Medicare Part D
- Social Security Benefits
- Job Training/Placement
- Congregate Meals
- Home Delivered Meals
- Adult Day Care/ Day Health
- Mental Health
- Disaster Preparedness
- Durable Equipment/Assistive Devices
- Hospice Care
- Long-term Care Facilities
- Rehabilitation Services
- Report Suspected Abuse
- Neglect or Exploitation
- Respite
- Senior Games
- Telephone Reassurance
- Energy Assistance
- Telephone Reassurance
- Information and Referral







Please call the Center nearest you for a current schedule of events and activities