



YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

June 2024

What's Happening...

We have N95 masks available at the center while supplies last!!

Facebook Live Virtual Events and In-Person Activities

Mondays at 12:00-1:00 PM: Quarter Bingo (bring your quarters)

Mondays at 10 AM: Cardio Drumming with Smart Board upon request!

Monday: 1st, 3rd, 4th and sometimes the 5th Monday of the month at 7 PM:

Beginners Carolina Shag Lessons, followed by Advanced Class \$\$
(for information contact Brian G. at 336.970.0034)

2nd Monday of the month at 6:00 PM: Bee Keepers

1st Tuesday of the month at 6:00 PM: Yadkin Historic Society

2nd Tuesday of the month at 5:00pm Gentry-Widow/Widower Supper Pot-Luck,
meat and drinks will be provided, bring a covered dish to share.

4th Tuesday of the month at 5:00 PM: Senior Supper

Senior Suppers will be Pot Luck or small fee. **You must sign up for these meals at least one week prior to the event. Please call to ask if it will be POT-LUCK or if you need to make a donation toward the meal. 336-679-3596**

Wednesdays: Line Dance Lessons \$ - 10:15 AM -11:15 AM

Wednesdays: 12-1 PM Corn Hole

Wednesdays at 12:00 PM: FLEXERCISE will resume as soon as we have a new instructor. Sorry for any inconvenience .

1st & 3rd Thursday at 10:00 AM: Senior Chorus

2nd Thursday of the month at 11:30 AM: Crime Prevention with Dept. O'Leary

Thursdays: Pegs & Jokers at 1:00 PM and Rook at 6:00 PM

3rd Friday at 11:00 AM - 12:00 PM: VAYA Health

Fridays at 10:00 - 11:00 AM: Trivia Bingo (Bring your quarters)

June 10th at 10 AM: MEDICARE 101 Presentation

HOT DOG LUNCH FUNDRAISER, MORE DETAILS COMING SOON!!!

Information for Services, Referrals & Assistance

Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care



How You Can Give...

The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!

We encourage you to SUPPORT THE Yadkin County United Fund

By Mail:

Yadkin County United Fund
205 S. Jackson Street
Yadkinville, NC 27055

Or visit

www.yadkincountyunitedfund.org



JUNE 2024



Mon	Tue	Wed	Thu	Fri
<p>Lunch is served daily at 11:30 a.m. for ages 60 & older. You must be registered. Contact the Nutrition Site Manager for more Information.</p>				
<p>3 9 Walking to Music 10 Color-Time/Puzzle 10 Cardio Drumming 11:30Lunch 12-1Quarter BINGO 1 Rook for Beginners 7Carolina Shag Lessons \$\$</p>	<p>4 Homebound Meal Deliveries 9 Walking to Music 10 Color-time/ Puzzle 11 Nutrition Highlights 11:30 Lunch 6 Yadkin Historic Society</p>	<p>5 9 Walking to Music 10 Color-time/ Puzzle 10:15 Line Dance Lessons \$ 11:30 Lunch 12-1 Corn Hole</p>	<p>6 9 Walking to Music 10 Color-time/ Puzzle 10 Senior Chorus 11:30 Lunch 1 Pegs & Jokers 6 Rook</p>	<p>7 9 Walking to Music 10 Color-time/ Puzzle 10-11 Trivia Bingo 11:30 Lunch</p>
<p>10 9 Walking to Music 10 Medicare 101 10 Color-Time/Puzzle 10 Cardio Drumming 11:30Lunch 12-1Quarter BINGO 1 Rook for Beginners 6 Bee Keepers</p>	<p>11 Homebound Meal Deliveries 9 Walking to Music 10 Color-time/ Puzzle 11 Nutrition Highlights 11:30 Lunch 5 Gentry-Widow/Widower Supper— Pot-Luck</p>	<p>12 9 Walking to Music 10 Color-time/ Puzzle 10:15 Line Dance Lessons \$ 11:30 Lunch 12-1 Corn Hole</p>	<p>13 9 Walking to Music 10 Color-time/ Puzzle 11 Crime Prevention with Deputy O'Leary 11:30 Lunch 1 Pegs & Jokers 6 Rook</p>	<p>14 9 Walking to Music 10 Color-time/ Puzzle 10-11 Trivia Bingo 11:30 Lunch</p>
<p>17 9 Walking to Music 10 Color-time/ Puzzle 10 Cardio Drumming 11:30 Lunch 12-1 Quarter Bingo 1 Rook for Beginners 7 Carolina Shag Lessons \$\$</p>	<p>18 Homebound Meal Deliveries 9 Walking to Music 10 Color-time/ Puzzle 11 Nutrition Highlights 11:30 Lunch</p>	<p>19 9 Walking to Music 10 Color-time/ Puzzle 10:15 Line Dance Lessons \$ 11:30 Lunch 12-1 Corn Hole</p>	<p>20 9 Walking to Music 10 Color-time/ Puzzle 10 Senior Chorus 11:30 Lunch 1 Pegs & Jokers 6 Rook</p>	<p>21 9 Walking to Music 10 Color-time/ Puzzle 10-11 Trivia Bingo 11 VAYA Health 11:30 Lunch</p>
<p>24 9 Walking to Music 10 Color Time/Puzzle 10 Cardio Drumming 11:30 Lunch 12-1 Quarter BINGO 1 Rook for Beginners 7Carolina Shag Lessons \$\$</p>	<p>25 Homebound Meal Deliveries 9 Walking to Music 10 Color-time/ Puzzle 11 Nutrition Highlights 11:30 Lunch 5 Senior Supper \$\$</p>	<p>26 9 Walking to Music 10 Color-time/ Puzzle 10:15 Line Dance Lessons \$ 11:30 Lunch 12-1 Corn Hole</p>	<p>27 9 Walking to Music 10 Color-time/ Puzzle 11:30 Lunch 1 Pegs & Jokers 6 Rook</p>	<p>28 9 Walking to Music 10 Color-time/ Puzzle 10-11 Trivia Bingo 11:30 Lunch</p>

Mission Statement: To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.