

SPRING 2024



Holiday Schedule (Administrative Offices)

March 29
Good Friday

May 27
Memorial Day

July 4
Independence Day

September 2
Labor Day

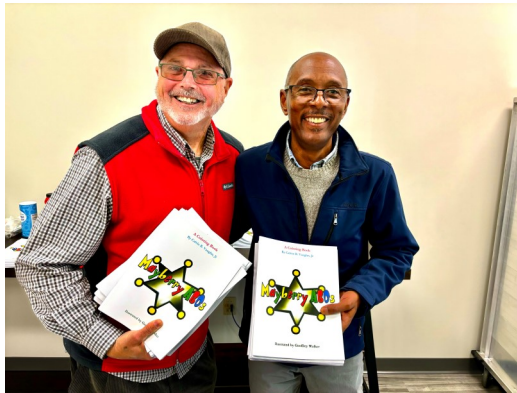
YVEDDI Head Start Administrative Office

116 Baptist Church Road
Boonville, NC 27011

Ph. (336) 367-4993
Fax (336) 367-4997

Program Mission

Educating children and
empowering families.



Calvin Vaughn, left, poses with Karl Allen, On-Site Administrator of Granite City Head Start. Vaughn has donated copies of his new Mayberry themed coloring book for area Head Start, kindergarten, and first-grade students, as well as to charter and homeschooled students. "Learning the ABC alphabet helps improve basic speech and communication skills. And giving children an ABC coloring book increases their joy of learning," Vaughn said.

Vaughn knows the importance of increasing children's interest in learning and building their literacy. Vaughn said he was asked by Cynthia Taylor of Page's Book Store in downtown Mount Airy to create it. Vaughn said he uses the talents of Geoffrey Walker, owner of Demo's Art Loft in Elkin, to design all the covers of his books and the illustrations. Vaughn loves Mount Airy. He has enjoyed writing children's books about Mayberry in part because he said, "Mayberry is a place filled with good neighbors where everyone feels at home and every child is loved." Many thanks to Calvin Vaughn for his dedication to literacy and for realizing that children are the future.



Granite City's Open House was a success!

We want to thank those that came out to celebrate the opening of our Granite City Head Start location. The Head Start was formerly located at the Jones Family Resource Center. The YVEDDI Resource Center is now located at 401 Technology Lane, Mount Airy, NC and includes a Senior Center, Meals on Wheels, Public Transportation Department, the Community Services Block Grant Self Sufficiency Program, and the Retired and Senior Volunteer Program



WEATHERIZATION

The Department of Environmental Quality has designated funds to assist low-income families and individuals to have inadequate heat in their homes and to reduce their utility costs by means of weatherization. The Heating Appliance Repair/Replacement Program (HARRP) can repair or replace a heating system that is functioning below the manufacturer's standards. Weatherization includes installing insulation, sealing air leaks, and performing measures that will reduce energy usage. To meet the financial requirements for assistance, the gross household income for the last 12 months cannot exceed 200% of the Federal Poverty Index. To find out more information, call (336) 367-3535.

VOLUNTEERING FOR SUCCESS

Did you know that when parents are involved in their children's education, schools and communities grow stronger?

Ask your child's teacher how you can help in the classroom.

Your involvement will make a difference!



Newsletter Editor:
Donna Rutledge, Communications
Specialist

Do you have a child with disabilities?



IDEA - the Individuals with Disabilities Education Act (p. L. 102 -119) was passed by Congress and requires that all states and territories provide a public school education to children with disabilities from ages 3 to 21, no matter how severe their disabilities.

This law promises to children with disabilities a "free appropriate public education" at public expense, that their educational placement is based on an evaluation of each child's own special needs and that an Individualized Education Program (IEP) is planned for your child and states the services they will receive.

If you have a child with disabilities be sure they are receiving the special education they deserve. If you need further information, please call the Head Start Office at (336) 367-4993 and we will be glad to help.

Boonville Head Start families enjoyed the Fall Festival!



Granite City 2 created cute and fun Christmas and snow globe items!



DID YOU KNOW?

Showing up on time every day is important to your child's success and learning from preschool forward.

Missing 10 percent of preschool (one or two days every few weeks) can

- Make it harder to develop early reading skills
- Make it harder to get ready for kindergarten and first grade
- Develop a poor attendance pattern that's hard to break

High quality preschool programs have many benefits for your child. The routines your child develops in preschool will continue throughout school. You can make the most of preschool by encouraging your child to attend every day!

Perfect Attendance

October 2023

Boonville

Braxton Essick
Kyndall Essick

Danbury

Jolene Kahn

Jack Koontz

Bayron Llanes Cruz
Natalia Santos

Granite City Jones 2

Nevaeh McFowler
Alexander Olen Spencer
Amelia Spillman
Sophia Urquiza-Loa

Granite City Jones 3

Dalary Avila Martinez
Raiden Smith
A'Myriella Soto-Hughes
Katuri "Turi" Williams

Granite City Jones 5

Zayden Linville

Jonesville

Madelyn Alonzo-Rodriguez
Braxton Martin
Sarah Mckoy

London

King Hairston
Joshua Priest Jr.
Kaisen Wilson

Mocksville

Ameerah Steele
Amelia Steele

Mount Olive

Nathaniel Byrd
Alexander Duncan
Jack Isaacson

Oak Grove

Hazel Horney

Paynetown

Carmen Walker

Sandy Ridge

Grant Cassell

Surry

Zaina Deyab
Ezra Loa
Nora Ramos Hernandez
Isabella Rayo-Bautista

Yadkinville 1

Gael Ascencio
Adalinda Benitez
Mondragon
Liam Romero Toleno
Adrian Romero Toleno
Ahitana Segovia
Almaraz

Yadkinville 3

Casey Blevins
Zander Hethcoat

November

Boonville

Braxton Essick
Kyndall Essick
Jesse Vega Rebollar
Zoey Vestal

Danbury

Owen Martin

Jack Koontz

Gael Amaro Lopez
Luna Martinez-Acevedo
Mason Sanderlin
Alan Torres Solano

Granite City Jones 2

Xaiden Ace Bowers
Alexandra Cabrera
Elijah Catarino DiCandia
Katherine Knight

Legend Lachino Escobar
Nevaeh McFowler
Amelia Starr Mcmillion
Colton Snow
Alexander Olen Spencer
Amelia Spillman
Sophia Urquiza-Loa

Granite City Jones 3

Matthew Burney
Winter Eller-Crawford
Aiden Hall
Dakota Kelley
Raiden Smith
A'Myriella Soto-Hughes
Keagan Vipperman
Katuri "Turi" Williams

Jonesville

Madelyn Alonzo-Rodriguez
Sarah Mckoy
Sofia Molina
Andrew Willard

London

Aria Davis
Genesis Pacheco Lopez

Mocksville

Zaniyah Buffington
Addison Gaither
Melanie Glaspie
Paul Romero Bravo

Mount Olive

Layna Crotts
Maddox Holmes
Jack Isaacson
Hudson Teague
Jaxson Tuttle

Oak Grove

Kashlyn Vaught

Paynetown

Max Villagomez

Sandy Ridge

Grantt Cassell
Ryleigh Grogan
Brenda Hernandez
Mary Medley

Surry

Isabella Rayo-Bautista
Lilith Sandy

Yadkinville 1

Gael Ascencio
Adalinda Benitez Mondragon
Lincoln Massey
Nahomi Nava Margarito
Adrian Romero Toleno
Ahitana Segovia Almaraz

Yadkinville 3

Elisha France
Zander Hethcoat
Miguel Vasquez
Abel Woodle

December

Boonville

Rosalie Casstevens
Madilyn Cranford
Braxton Essick
Kyndall Essick
Everly McNaught
Zoey Vestal

Danbury

Kayleb Bohannon



Perfect Attendance

Jack Koontz

Leah Munoz
Nakida Tate

Granite City Jones 2

Xaiden Ace Bowers
Amelia Starr Mcmillion
Colton Snow
Alexander Olen Spencer

Granite City Jones 3

Dalary Avila Martinez
Matthew Burney
Cristopher Fuentes
Dakota Kelley
Keagan Vipperman

Granite City Jones 5

Xavier Bustos
Kamayah Leach
Zayden Linville
Harleigh Wescott

Jonesville

Sarah Mckoy

London

Seylah Hege
Genesis Pacheco Lopez
Joshua Priest Jr.

Mocksville

Addison Gaither

Oak Grove

Hazel Horney
Zaen'Aura Stephens
Kashlyn Vaught

Paynetown

Elena Luna
Anthony Roberts

Sandy Ridge

Landon Bullins Jr.
Grantt Cassell
Ryleigh Grogan
Hartleigh Mabe

Surry

Mordekai Billings
Zaina Deyab
Ezra Loa
Isabella Rayo-Bautista

Yadkinville 1

Martha Catalan Ogendiz
Meracile Myer
Donald Ward

Yadkinville 3

Viktorya Bailey
Casey Blevins

January

Boonville

Madilyn Cranford
Jesse Vega Rebollar

Danbury

Jolene Kahn

Jack Koontz

Sirena Arroyo
Mason Sanderlin
Nakida Tate

Granite City Jones 2

Isabella Hernandez
Legend Lachino Escobar
Nevaeh McFowler
Amelia Spillman
Granite City Jones 3
Matthew Burney
Cristopher Fuentes
Raiden Smith
Katuri Williams

Granite City Jones 5

Xavier Bustos
Kamayah Leach
Zayden Linville
Willa Moore

Jonesville

Luis Ander Gomez

London

Claire Shirley

Mocksville

Roman Lewis
Alec Niebuhr

Mount Olive

Jaxson Tuttle

Oak Grove

Zen'Aura Stephens
Kashlyn Vaught
Surry
Lilith Sandy

Yadkinville 1

Gael Ascencio
Devin Benitez
Martha Catalan Ogendiz
Nahomi Nava Margarito
Liam Romero Toleno
Adrian Romero Toleno

Yadkinville 3

Viktorya Bailey
Hiromi Catalan Manriquez
Elisha France
Zander Hethcoat
Jesselynn Medina



Paynetown Head Start created
melted snowmen!



Surry Head Start enjoyed mak-
ing their very own pumpkin pie!
The children were able to mix
the filling and place it in the
crust. The staff baked the pies
and the children were able to
enjoy their self-made pie



Funded by the U.S. Department of Health and Human Services, and N.C. Pre-Kindergarten

Serving Davie, Stokes, Surry, and Yadkin Counties

Coping with Autism

Autism belongs to a group of developmental disabilities called autism spectrum disorders. The name "spectrum" stems from the fact that these disorders affect each child differently. These disorders involve delays in the development of many basic skills, including the abilities to socialize or form relationships with others and to communicate effectively. Children with autism may also have intellectual disabilities and behavioral challenges.

Tips for parenting children with Autism:

1. Learn All You Can About Autism

Because autism symptoms and behaviors often change over time, treatment strategies are tailored to the child's needs and available family resources.

2. Get a Strong Social Network

Parenting a child with any chronic illness is emotional; it affects every part of your being. But the day-to-day care of children with autism is especially stressful because of the lack of essential social interaction and communication between the child and adult. For many reasons, you need to find strong social support for yourself, as well as for your child.

3. Teach Your Family About Autism

Training family members about autism and how to effectively manage the symptoms has been shown to reduce family stress and improve the functioning of the child with autism.

4. Review the Recommended Autism Treatment Options

Child development experts agree that a child with autism should receive treatment as soon after diagnosis as possible. There is no cure for autism, but early intervention using skills training and behavior modification techniques can yield good results.

5. Learn More About Behavioral Training

Both behavioral training and behavioral management use positive reinforcement to improve behavior. These therapies also use social skills training to improve communication. The specific program should be chosen according to the child's needs.

6. Assess Your Child's Need for Medication

While there is no medication for autism, there are drugs for specific symptoms that kids with autism might display. For example, short attention spans can sometimes be improved with stimulant drugs that are used to treat ADD or ADHD. Children with autism who have anxiety, depression, or OCD behaviors can often be treated with antidepressants.

7. Learn More About Diet Changes

Diet changes are based on the idea that food allergies cause symptoms of autism, and an insufficiency of a specific vitamin or mineral may cause some autistic symptoms. If you decide to try a special diet for a given period of time, be sure you talk to your pediatrician and a registered dietitian. The child's nutritional status must be assessed and carefully measured.

8. Use Caution With Unproven Therapies for Autism

The safety and effectiveness of some therapies used to treat autism are not known. Many unproven treatments circulate through websites, word of mouth, or the media. Most have not been subjected to thorough, sound research and are considered nonstandard and controversial.

9. Plan Time for Breaks

Many parents of children with autism feel exhausted, overwhelmed, and sometimes defeated. They talk about difficulties in their marriage and other relationships. Schedule regular dates with your partner, other children in the family, and close friends.

All information retrieved from the following website:
<https://www.ncdhhs.gov/opioid-and-substance-use-action-plan-data-dashboard>

Over 11 North Carolinians died each day from a drug overdose in the year 2022.

More than 36,000 North Carolinians died from a drug overdose during the time span of 2000 to 2022.

Data for the year of 2022 Overdose Deaths:		
Location	Value Count (actual number)	Value Rate (per 100,000 residents)
Davie	20	46.7
Stokes	22	48.3
Surry	29	40.4
Yadkin	16	42.5
State of NC	4,036	38.5

Data for the year 2023 ED visits due to Opioid Overdose:		
Location	Value Count (actual number)	Value Rate (per 100,000 residents)
Davie	87	203.1
Stokes	79	173.3
Surry	116	161.6
Yadkin	70	185.8
State of NC	16,932	161.4

We love our families! Pictured: London Head Start



The class at Mount Olive celebrated Dr. Seuss week and the Teacher's (Emma Carter) dad took time to stop by to read a story to the kids.





NC Works Online is a one-stop online resource for job seekers and employers in North Carolina. Job seekers can search for jobs, create resumes, and find education and training. Visit the website today www.ncworks.gov or stop by one of the office locations listed below.

Surry County NC Works Career Center 541 West Pine Street Suite 300 Mount Airy, NC 27030	Phone: (336) 786-4169 Email: ncworks.6200@nccommerce.com Days/Hours of operation: Monday-Friday 8:30 AM - 5:00 PM
Yadkin County Workforce Center 1001 College Dr. Yadkinville, NC 27055	Phone: (336) 386-3580 Email: ncworks.9000@nccommerce.com Days/Hours of operation: Monday 8:30 AM - 5:00 PM
Davie County Workforce Center DDCC Library 1205 South Salisbury Street Room #115 Mocksville, NC 27028	Phone: (336) 934-3286 Email: ncworks.5800@nccommerce.com Days/Hours of operation: Monday - Friday 8:30 AM - 4:30 PM
Forsyth County-NC Works Career Center 2701 University Parkway Winston Salem, NC 27105	Phone: (336) 464-0520 Email: ncworks.9800@nccommerce.com Days/Hours of operation: Monday - Friday 8:00 AM - 5:00 PM

FAMILY ENGAGEMENT AND SCHOOL READINESS

Research shows that when parents are doing well, their children are happier and more successful in school. To help families achieve success, we team each family with a Family Advocate. Because each family has different strengths and needs, the support your advocate provides will vary to suit your needs. There are countless ways in which Family Advocates can be a resource. Some of them include:

- Connecting you to services and resources you need, such as food, housing, medical assistance, or counseling services
- Providing information and support to help you meet your goals for education, job skills, housing, etc.
- Helping you understand and complete paperwork

Your Family Advocate is working with you to complete a Family Partnership Agreement. This is a plan you develop together that describes the goals set for your child and family, as well as the steps to meet your goals.

Kindergarten Registration is here! Please refer to the below information regarding your child's transition to Kindergarten.

Yadkin County:

<https://www.yadkin.k12.nc.us/o/y/cs/page/enrollment-and-registration>

Surry County:

<https://www.surry.k12.nc.us>

Stokes County: <https://www.stokes.k12.nc.us/apps/pages/enroll>

Davie County:

<https://www.godavie.org/departments-testing-accountability/enrollment>

Elkin City:

https://www.elkincityschools.org/apps/pages/index.jsp?uREC_ID=2725887&type=d&pREC_ID=2553028

Mount Airy City:

Pick up packet at BHT, 315 Culbart St. or call (336) 789-9046



www.NC211.org

Need Help, But Don't Know Where To Turn?
DIAL 2-1-1

Free ▪ Confidential ▪ 24 Hours a Day ▪ Any Language

Your connection to:

- Basic Needs (food, clothing, shelter)
- Child Care Services
- Consumer Help
- Counseling
- Crisis Intervention
- Health Care
- Housing
- Senior Services
- Support Groups
- Volunteer Opportunities

Why is physical activity important?

- Reference: Eat Smart Move More NC's Physical Activity, Nutrition and Obesity: Quick Facts. <http://www.eatsmartmovemorenc.com/Data/Texts/Quick%20Facts.pdf>

Kid's need both structured (adult-led) and unstructured (free play) physical activity every day

- Activites that help kids learn the fundamental motor skills which include:

Non-locomotor skills or moving their bodies in place (i.e. twisting, bending, stretching, etc.)

The benefits of physical activity are:

- Paynetown is now studying about Balls: Students picked out a jersey, a number from the calendar and wrote their names on the Paynetown jerseys.
- GO TEAM!



3

Food Shopping on a Budget

Food shopping on a budget takes planning. Follow these steps to get the most for your money.

Step 1: Make a food budget.

Determine how much money you have for food. Include the value of food stamps. You and a helper can work together to make a monthly food budget.

If you shop once a week, divide your monthly food budget by four to find out how much you have for food each week. If you plan to buy nonfood items, such as dish soap, at the grocery store, be sure to budget some money for these items.

Step 2: Plan meals and snacks for your family for a week.

✓ Check what foods you have on hand. Plan to use these foods.

✓ Check newspaper ads or store flyers for weekly specials.

✓ Plan to use leftovers for other meals during the week.

✓ Be sure to include foods from all five food groups on the Food Guide Pyramid.

✓ Include meatless meals to extend your protein dollars.

Step 3: Make a shopping list of the foods you need to make the meals and snacks on your menu.

You and a friend can work together to determine how much you need of these foods. Check to see if you have coupons for foods on your list.

Step 4: Review your shopping list and budget. Does this look like a shopping list that would fit your food budget? A WIC consultant might have more ideas on ways to cut food costs.

Center Arrival/Departure Time

Head Start arrival time is from 8:00 AM – 8:30 A.M. No child will be accepted after 8:30 A.M. for any reason other than a doctor's appointment.

Please bring a doctor's note to ensure proper documentation of absence.

If your child has an appointment, you will need to inform the teacher the day before or by 8:30 the morning of so that lunch can be ordered for your child. If, after the appointment your child cannot arrive by 10:30, you will need to make other arrangements for the day.

Departure time is before 2:30 PM. If you cannot pick up your child by 2:30 PM, you must have someone who can, otherwise authorities will be notified.

Drug and Gang Awareness & Prevention

Parents play a vital role in keeping young people out of gangs. There are many things parents can do to help their children stay away from gangs, including monitoring their activities, fostering close relationships with them, and using positive and consistent discipline.

Common Gang Identifiers for Parents

- Interest in gang-influenced music, videos, and movies.
- Use and practice of hand signals to communicate with friends.
- Peculiar drawings or gang symbols on schoolbooks, clothing, notebooks, or graffiti on walls.
- Drastic changes in hair or dress style and/or having a group of friends who have the same hair or dress style.
- Withdrawal from longtime friends and forming bonds with an entirely new group of friends.
- Suspected drug use, such as alcohol, inhalants, and narcotics.
- The presence of firearms, ammunition, or other weapons.
- No accidental physical injuries, such as being beaten or injuries to hands and knuckles from fighting.
- Unexplained cash or goods, such as clothing or jewelry.

What can parents do...?

- Talk to your child about the negative consequences of gang behaviors and ways to avoid them. Let your child know that you disapprove of gangs and do not want to see your child hurt or arrested.
- Get to know your child's friends and the friends' parents. Be aware of their attitudes toward drugs, alcohol, and gangs. When children start to feel pressure to use drugs or join gangs, it usually comes from their friends.
- Plan family time: Make time for your family to play, eat meals together, take trips (even to local parks or activities), keep family traditions, and have family meetings to talk about plans, feelings, and complaints.

For more information please visit the **National Gang Center Website** at www.nationalgangcenter.gov

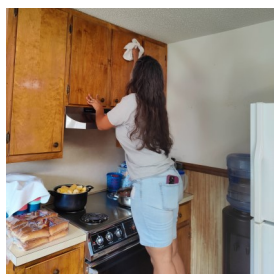
Thank you to the local sheriff department for making a visit to Jack Koontz Head Start. We appreciate all that you do for our community and families!



The children and their families at Surry Head Start created an image of themselves that say I am unique, important, smart, capable, strong, special and me!



Parent Volunteers are AWESOME! Thank you so much to our Boonville Head Start parents for helping to keep the center beautiful.



Oak Grove Head Start parents enjoy painting pumpkins just as much as the kids!



Before the big move....Jones 5 Parent Club Meeting was a success and tasty as well!



Many thanks to our local firefighters for keeping our families safe and visiting Jack Koontz Head Start.



Granite City 2 went for their first nature walk at the new facility. What fun they had looking for bugs!





HEAD START CENTER BEAUTIFICATION AND CLEAN UP WEEK

April 15-19, 2024

Head Start invites all role models to join their Head Start Center for Spring Improvement Week!

Our Head Start classrooms need a bit of sprucing up. There is work for everyone! Organizing, making a new bulletin board, general cleanup, weeding and raking mulch, trimming shrubbery and other outdoor enhancements, picking up trash, yard work, general repair of facilities and more!

Help us make our facility beautiful!

The Teachers in the classroom with the most volunteer hours will receive \$50.00 to purchase classroom supplies!

Come make a difference! Thank you for helping!

Please sign up by April 12th.

Sign Up Today!