



YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

May 2023

What's Happening...

We have N95 masks available at the center while supplies last!!!!



Facebook Live Virtual Events and In-Person Activities

2nd Tuesday of every month at 11:00 AM: Yadkin County Public Library (*Suspended for June July and August*)

Every Wednesday at 12:00 PM: Exercise with Natalie Williams

2nd Thursday of each month: Crime prevention with Dept. O'Leary, Facebook Live & In person.

2nd Monday of each month at 6 PM: Bee Keepers Association

1st 3rd and 4th Mondays of each month: Shag Lessons

Beginner 1 class at 7pm Beginner 2 class at 8pm

More information to come. Contact Brian at (336) 970-0034 or Lori Moore (336) 679-3596

Mondays at 10 AM: Quarter Bingo (bring your quarters)

Friday at 10 AM: Nutrition Bingo (bring your quarters)

1st and 3rd Thursday of each month SENIOR CHORUS at 10am

May 2nd: Older Americans Month Celebration and Flag Dedication starting at 10 AM with Bingo.

Friday 12th: Vaya Health (2nd Friday of each month) Hoarding Disorder/Hidden Secrets with Mandy Matney

Wednesdays at 10:30 AM: Line Dancing

Instructor: Margaret Anderson

\$3 for seniors and \$5 for anyone under the age of 55.

May 23rd at 5:00 PM: Senior Supper

Menu: Pending

Limited seating. Bring your quarters for BINGO!

Registered active participants only!

Eat in or take it to go. Must come in to pick up

Made possible by the Shallow Ford Foundation



CONGREGATE MEAL SITE REOPENING:

We will be reopening the congregate meal site for in-person dining on Friday, May 12. Meals will be served daily, Monday through Friday, at 11:30 AM. Congregate meal pick-up will end on Thursday, May 11 and will no longer be allowed due to the expiration of the Federal Major Disaster Declaration.

Remembering the men and women who died while serving our country.

Happy Memorial Day!

Information for Services, Referrals & Assistance

Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

How You Can Give...

The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!

We encourage you to SUPPORT THE Yadkin County United Fund

By Mail:
Yadkin County United Fund
205 S. Jackson Street
Yadkinville, NC 27055

Or visit

www.yadkincountyunitedfund.org



Mon	Tue	Wed	Thu	Fri
<p>1 9 Walking to Music 10 Color-time 10 Quarter BINGO 1 Rook for Beginners 7 Shag Classes\$\$</p>	<p>2 Homebound Meal Deliveries 9 Walking to Music 10 Color-time 10 Older Americans Month Party/Flag Dedication Day 6 Historic Society</p>	<p>3 9 Walking to Music 10 Color-time 10:30 Line Dancing \$ 12 Flexercise w/Natalie</p>	<p>4 1 Pegs & Jokers 6 Rook</p>	<p>5 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo</p>
<p>8 9 Walking to Music 10 Color-time 10 Quarter BINGO 1 Rook for Beginners 6 Bee Keepers</p>	<p>9 Homebound Meal Deliveries 9 Walking to Music 10 Color-time 11 Andrea Nichols– Yadkin County Public Library 5 Gentry—Widow/Widower Supper</p>	<p>10 9 Walking to Music 10 Color-time 10:30 Line Dancing \$ 12 Flexercise w/ Natalie</p>	<p>11 9:30-11:00 Drive Thru pick-up of Congregate meals. 9 Walking to Music 10 Crime Prevention with Dept. O'Leary 10 Senior Chorus 1 Pegs & Jokers 6 Rook</p>	<p>12 <i>Reopening the Congregate Nutrition Site for in-person dining</i> 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo 11 VAYA HEALTH</p>
<p>15 9 Walking to Music 10 Color-time 10 Quarter BINGO 1 Rook for Beginners 7 Shag Classes \$</p>	<p>16 Homebound Meal Deliveries 9 Walking to Music 10 Color-time</p>	<p>17 9 Walking to Music 10 Color-time 10:30 Line Dancing \$ 12 Flexercise w/ Natalie 2 Ombudsman Meeting with PTRC</p>	<p>18 1 Pegs & Jokers 6 Rook</p>	<p>19 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo</p>
<p>22 9 Walking to Music 10 Color Time 10 Quarter BINGO 1 Rook for Beginners 7 Shag Classes\$\$</p>	<p>23 Homebound Meal Deliveries 9 Walking to Music 10 Color-time 5 Senior Supper (Limited to the first 35 registered participants that sign up) for active congregate members!!</p>	<p>24 9 Walking to Music 10 Color-time 10:30 Line Dancing \$ 12 Flexercise w/ Natalie</p>	<p>25 10 Senior Chorus 1 Pegs & Jokers 6 Rook</p>	<p>26 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo</p>
<p>29 CLOSED Happy Memorial Day!</p>	<p>30 Homebound Meal Deliveries 9 Walking to Music 10 Color-time</p>	<p>31 9 Walking to Music 10 Color-time 10:30 Line Dancing \$ 12 Flexercise w/Natalie</p>		<p>Lunch is served daily at 11:30 a.m. for ages 60 & older. You must be registered. Contact the Nutrition Site Manager for more Information.</p>

Mission Statement: To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.