



YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

April 2023

What's Happening...

We have N95 masks available at the center while supplies last!!!!



Facebook Live Virtual Events and In-Person Activities

2nd Tuesday of every month at 11:00 AM: Yadkin County Public Library (*Suspended for April, May and June*)

Every Wednesday at 12:00 PM: Exercise with Natalie Williams

2nd Thursday of each month: Crime prevention with Dept. O'Leary, Facebook Live & In person.

2nd Monday of each month at 6 PM: Bee Keepers Association

1st 3rd and 4th Mondays of each month: Shag Lessons

Beginner 1 class at 7pm Beginner 2 class at 8pm

More information to come. Contact Brian at (336) 970-0034 or Lori Moore (336) 679-3596

Mondays at 10 AM: Quarter Bingo (bring your quarters)

Friday at 10 AM: Nutrition Bingo (bring your quarters)

1st and 3rd Thursday of each month SENIOR CHORUS at 10am

Friday 14th: Vaya Health (2nd Friday of each month) Hoarding Disorder/Hidden Secrets with Mandy Matney

Wednesdays at 10: 30 AM: Line Dancing

Instructor: Margaret Anderson

\$3 for seniors and \$5 for anyone under the age of 55.

April 25th at 5:00 PM: Senior Supper

Menu: Chicken Salad Croissants, Broccoli Salad, Potato Salad and Brownies.

Limited seating. Bring your quarters for BINGO!

Registered active participants only!

Eat in or take it to go. Must come in to pick up

Made possible by the Shallow Ford Foundation



CONGREGATE MEAL SITE REOPENING:

We will be reopening the congregate meal site for in-person dining on Friday, May 12. Meals will be served daily, Monday through Friday, at 11:30 AM. Congregate meal pick-up will end on Thursday, May 11 and will no longer be allowed due to the expiration of the Federal Major Disaster Declaration.

Information for Services, Referrals & Assistance

Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

How You Can Give...

The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!

We encourage you to SUPPORT THE Yadkin County United Fund

By Mail:
Yadkin County United Fund
205 S. Jackson Street
Yadkinville, NC 27055

Or visit

www.yadkincountyunitedfund.org



APRIL 2023

Mon	Tue	Wed	Thu	Fri
				
3 9 Walking to Music 10 Color-time 10 Quarter BINGO 12 Line Dancing \$ 1 Rook for Beginners 7 Shag Classes\$\$	4 Homebound Meal Deliveries 9 Walking to Music 10 Color-time 6 Historic Society	5 9 Walking to Music 10 Color-time 10:30 Line Dancing 12 Flexercise w/Natalie	6 9:30-11:00 Drive Thru pick-up of Congregate meals. 9 Walking to Music 10 Crime Prevention with Dept. O'Leary 10 Senior Chorus 1 Pegs & Jokers 6 Rook	7 CLOSED Happy Easter!
10 9 Walking to Music 10 Color-time 10 Quarter BINGO 12 Line Dancing \$ 1 Rook for Beginners 6 Bee Keepers	11 Homebound Meal Deliveries 9 Walking to Music 10 Color-time 5 Gentry Widow/Widower Supper	12 9 Walking to Music 10 Color-time 10:30 Line Dancing 12 Flexercise w/ Natalie	13 9:30-11:00 Drive thru pick-up of Congregate meals 1 Pegs & Jokers 6 Rook	14 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo 11 VAYA HEALTH Hoarding Disorder/Hidden Secrets
17 9 Walking to Music 10 Color Time 10 Quarter BINGO 12 Line Dancing 1 Rook for Beginners 7 Shag Classes\$\$	18 Homebound Meal Deliveries 9 Walking to Music 10 Color-time	19 9 Walking to Music 10 Color-time 10:30 Line Dancing 12 Flexercise w/ Natalie	20 9:30-11:00 Drive thru pick-up of Congregate meals 10 Senior Chorus 1 Pegs & Jokers 6 Rook	21 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo
24 9 Walking to Music 10 Color-time 10 Quarter BINGO 12 Line Dancing 1 Rook for Beginners 7 Shag Classes\$\$	25 Homebound Meal Deliveries 9 Walking to Music 10 Color-time 5 Senior Supper (Limited to the first 35 registered participants that sign up) for active congregate members!!	26 9 Walking to Music 10 Color-time 10:30 Line Dancing 12 Flexercise w/Natalie	27 9:30-11:00 Drive thru pick-up of Congregate meals 1 Pegs & Jokers 6 Rook	28 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo

Mission Statement: To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.