



YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

December 2022

What's Happening...

We have N95 masks available at the center while supplies last!!!!

Facebook Live Virtual Events and In-Person Activities

2nd Tuesday of every month at 11:00 AM: Yadkin County Public Library

Every Wednesday at 12:00 PM: Exercise with Natalie Williams

The second Thursday of every month: Crime prevention with Dept. O'Leary, Facebook Live & In person.

Bee Keepers Association the 2nd Monday of each month 6 PM

Shag Lessons (1st 3rd and 4th Mondays of each month). Beginner 1 class at 7pm

Beginner 2 class at 8pm

More information to come. Contact Brian at 336.970.0034 or Lori Moore 336.679.3596

Mondays: 10am Quarter Bingo (bring your quarters)

Friday: 10am Nutrition Bingo (also bring quarters)

TIME CHANGE SENIOR CHORUS will practice on the 1st and 3rd Thursday of each month 12pm-12:45 PM

December 20th at 5:00 PM: Senior Supper

Limited seating. Bring your quarters for BINGO!

(registered participants only! Eat in or take it to go. Must come in to pick up

Menu: Christmas Meal

Made possible by the Shallow Ford Foundation



Line Dancing: Canceled until further interest. Instructor: Margaret Anderson

\$3 for seniors 55+ and \$5 for under age 55. Call (336) 679-3596

Shag Classes for December will only be on the first Monday of the month for December.

12/5/22 we will resume back to normal in January.

FUNDRAISER:

We are still collecting coins to help pay off the remaining balance and off set the expense of replacing the floors at the center. All donations appreciated. A receipt will be provided for tax purposes. Thank you in advance for your continued support! *I will be in the office at the center if you have any questions, concerns or needs.*

Please feel free to call (336) 679-3596



Information for Services, Referrals & Assistance

Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

How You Can Give...

The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!

We encourage you to SUPPORT THE Yadkin County United Fund

By Mail:

Yadkin County United Fund

205 S. Jackson Street

Yadkinville, NC 27055

Or visit

www.yadkincountyunitedfund.org



DECEMBER 2022

Mon	Tue	Wed	Thu	Fri
			1 9:30-11:00 Drive Thru pick-up of Congregate meals. 9 Walking to Music 10 Color-time 12-12:45 SENIOR CHORUS 1 Pegs & Jokers 6 Rook	2 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo
5 9 Walking to Music 10 Color-time 10 Quarter BINGO 1 Rook for Beginners 7 Shag Classes\$\$	6 Homebound Meal Deliveries 9 Walking to Music 10 Color-time 11 Andrea Nichols– Yadkin County Public Library 5 Gentry Supper	7 9 Walking to Music 10 Color-time 10:30 Line Dancing Not at this time 12 Flexercise w/ Natalie	8 9:30-11:00 Drive Thru pick-up of Congregate meals. 9 Walking to Music 10 Crime Prevention with Dept. O'Leary 1 Pegs & Jokers 6 Rook	9 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo
12 9 Walking to Music 10 Color-time 10 Quarter BINGO 1 Rook for Beginners 6 Bee Keepers	13 Homebound Meal Deliveries 9 Walking to Music 10 Color-time 2 PTRC Ombudsman Meeting	14 9 Walking to Music 10 Color-time 10:30 Line Dancing Not at this time 12 Flexercise w/ Natalie	15 9:30-11:00 Drive thru pick-up of Congregate meals 12-12:45pm SENIOR CHORUS 1 Pegs & Jokers 6 Rook	16 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo
19 9 Walking to Music 10 Color Time 10 Quarter BINGO 1 Rook for Beginners 7 NO SHAG CLASSES	20 Homebound Meal Deliveries 9 Walking to Music 10 Color-time 5 Senior Supper (Limited to the first 35 registered participants that sign up)	21 9 Walking to Music 10 Color-time 10:30 Line Dancing Not at this time 12 Flexercise w/ Natalie!	22 9:30-11:00 Drive thru pick-up of Congregate meals 1 Pegs & Jokers 6 Rook	23 CLOSED
26 CLOSED NO SHAG CLASSES	27 CLOSED 	28 CLOSED	29 CLOSED	30 CLOSED

Mission Statement: To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.