



SURRY COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

December 2022

Important Announcements

We will continue to provide Meals on Wheels to the homebound and pick-up meals for registered congregate members.

Please note that we are closed from December 23rd - January 2nd.



Virtual Classes and Activities:

Monday Morning Check-In: Facebook Group Chat - Mondays at 11:30 am

Contact Carolyn Gentry to be added to the group chat.

Dec. 1st at 11 AM: At Home with ECA: Holiday gifts from the Kitchen. Join at home over Zoom! Contact the senior center for registration information.

Virtual and In-Person Events:

Dec. 8th at 2:00 PM: Christmas Ornament Craft Class: This class will be offered both in person & virtually. Class is FREE to attend. Registration is required.

In Person Activities and Classes

Dec. 2nd at 7:00 PM: Reindeer Hop, our annual Christmas Celebration! Tickets are \$8 and need to be purchased in advance

Dec. 6th at 2:00 PM: Front Porch Holiday Decoration Workshop. Join us as Master Gardener, Robin Portis teaches us how to create a festive front porch decoration. Registration is Required. Contact Carolyn for more information. (336) 415-4225

Dec. 9th and 10th at 7:00 PM and 11th at 2:00 PM: NoneSuch Playmakers presents "Uncle Charlie's Christmas Carol" - Admission is by donation, "Pay What You Can". A portion of the proceeds will benefit the Surry County Senior Center.

Dec. 13th at 1:00 PM: VAYA Health Trainings: Neurocognitive Disorders: Living with Dementia, and It's a Brain Thing: The Study of Dementia Medications.

Dec. 14th at 1:30 PM: Blood Pressure Checks by Mountain Valley Hospice
Mayberry Squares meets on the first and third Sundays at 6:00 PM

Drop-in Activities: Books, Games, Cards, Puzzles, DVD/Puzzle/Book Swap!

See page 2 for more activities!

- We have free COVID tests, while supplies last.
- If you are interested in a volunteer opportunity, please call Emily Mauck, Retired Senior and Volunteer Program Manager at (336) 415-4247
- Please "Like" us on Facebook! <https://www.facebook.com/SurrySeniorCenter>
- If you would like to be added to our newsletter email list, please call Carolyn Gentry at (336) 415-4225.

Information for Services, Referrals & Assistance

Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

How You Can Give...

The YVEDDI Senior Centers of Surry County are proud United Fund Agencies!
We encourage you to SUPPORT THE United Fund of Surry County.

By Mail: United Fund of Surry County
PO Box 409 • Mount Airy, NC 27030
or visit www.unitedfundofsurry.org



DECEMBER 2022



Mon	Tue	Wed	Thu	Fri
<p>Please contact Carolyn Gentry at (336) 415-4225 to register for events or if you would like the zoom links for our virtual activities</p>	<p>Saturday-Dec 10th, 7:00pm Uncle Charlie's Christmas Carol-NoneSuch Playmakers</p> <p>Sunday-Dec 11th, 2:00pm Uncle Charlie's Christmas Carol-NoneSuch Playmakers</p>		<p>1 11:00 At Home With ECA— Holiday Gifts from the Kitchen</p>	<p>2 10:00 Tai Chi @ MA Library 11:00 Line Dance w/Blanche 3:00 Bowling @ Mount Airy Bowling Lanes-\$1.50/game 7:00 Reindeer Hop—Tickets are sold in advance at the senior center</p>
<p>5 9:45 Yoga Lite 11:00 Line Dance w/Jene 11:30 Facebook Group Chat 7:00 Shag w/Linda</p>	<p>6 9:00 Painting Class 9:00 All Day Scrapbooking 1:00 Busy Fingers Crochet 2:00 Front Porch Holiday Decoration Workshop</p>	<p>7 10:00 Tai Chi @ Senior Center 2:00 Quarter Bingo 3:30 Shag w/Linda</p>	<p>8 2:00 Christmas Ornament Craft Class</p>	<p>9 10:00 Tai Chi @ MA Library 11:00 Line Dance w/Blanche 3:00 Bowling @ Mount Airy Bowling Lanes-\$1.50/game 7:00 Uncle Charlie's Christmas Carol—NoneSuch Playmakers</p>
<p>12 9:45 Yoga Lite 11:00 Line Dance w/Jene 11:30 Facebook Group Chat 1:30 Scrapbooking 7:00 Shag w/Linda</p>	<p>13 9:00 Painting Class 1:00 Busy Fingers Crochet 1:00 VAYA Health trainings 4:00 African American Historical and Genealogical Society Meeting</p>	<p>14 10:00 Tai Chi @ Senior Center 1:30 Blood Pressure Checks 2:00 Quarter Bingo 3:30 Shag w/Linda</p>	<p>15 11:30 Chapters Book Club at the MA Library</p>	<p>16 10:00 Tai Chi @ MA Library 11:00 Line Dance w/Blanche 1:00 Writers' Group 3:00 Bowling @ Mount Airy Bowling Lanes-\$1.50/game</p>
<p>19 9:45 Yoga Lite 11:00 Line Dance w/Jene 11:30 Facebook Group Chat 1:30 Scrapbooking 7:00 Shag w/Linda</p>	<p>20 9:00 Painting Class 1:00 Busy Fingers Crochet</p>	<p>21 10:00 Tai Chi @ Senior Center 2:00 Prize Bingo 3:30 Shag w/Linda</p>	<p>22</p>	<p>23 CLOSED</p>
<p>26 CLOSED</p>	<p>27 CLOSED</p>	<p>28 CLOSED</p>	<p>29 CLOSED</p>	<p>30 CLOSED</p>



Merry Christmas

Mission Statement: To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.

Carolyn Gentry, Surry County Senior Center Manager • (336) 415-4225