



PILOT MOUNTAIN SATELLITE SENIOR CENTER NEWS



December 2022

Important Announcements:

We will continue to provide Meals on Wheels to the homebound on Tuesdays and pick-up meals for registered congregate members on Thursdays.

Please note that we are closed from December 23rd - January 2nd.

Virtual Classes and Activities:

Monday Morning Check-In: Facebook Group Chat-Mondays at 11:30 am
Contact Carolyn Gentry to be added to the group chat. (336) 415-4225

In Person Activities:

Water Aerobics with Ann- On hold for this month.

Bingo – Thursdays at 11:30 am

Knitting, Crochet, & Quilting Groups - Thursdays 12:30 pm

Special Events:

Front Porch Holiday Decoration Workshop– Thursday, December 8th at 10 am

Join us as Master Gardener, Robin Portis teaches us how to create a festive front porch decoration. Registration Required. Contact Carolyn Gentry for more information (336) 415-4225

Christmas Caroling with Judy & Willie– Thursday, December 15th at 1:30 pm

Come celebrate the Christmas season with friends, beautiful music and fun!
Refreshments will be served.

See other side for full calendar of events.

Find us on Facebook and like our page:

YVEDDI Pilot Mountain Senior Center



Information for Services, Referrals & Assistance

Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

How You Can Give...



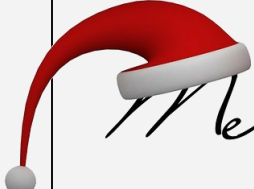
The YVEDDI Senior Centers of Surry County are proud United Fund Agencies!

We encourage you to SUPPORT THE United Fund of Surry County.

By Mail: United Fund of Surry County
PO Box 409 ▪ Mount Airy, NC 27030
or visit www.unitedfundofsurry.org



DECEMBER 2022

Mon	Tue	Wed	Thu	Fri
 YVEDDI <small>YAKIN VALLEY ECONOMIC DEVELOPMENT DISTRICT, INC.</small>	 "like" us on facebook	Contact Carolyn Gentry at (336) 415-4225 to register for events or if you would like the zoom links for our virtual activities.	1 11:30 Bingo 12:30 Knitting/Crochet	2 3:00 Bowling @ Mount Airy Bowling Lanes- \$1.50/game
5 10:00 Water Aerobics w/Ann (on hold) 11:30 Virtual Facebook Group Chat	6	7 10:00 Water Aerobics w/Ann (on hold)	8 11:30 Bingo 12:30 Knitting/Crochet	9 3:00 Bowling @ Mount Airy Bowling Lanes- \$1.50/game
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CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
 Merry Christmas				

Mission Statement: To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.

Heather Handy, Pilot Mountain Senior Center Manager - (336) 368-2012 Ext.203