



YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

October 2022

What's Happening...

We have N95 masks available at the center while supplies last!!!!

FLU SHOT CLINIC: Thursday, October 20, 2022 from 9:30 am-12:00 pm
No appointment needed

Facebook Live Virtual Events and In-Person Activities

2nd Tuesday of every month at 11:00 AM: Yadkin County Public Library

Every Wednesday at 12:00 PM: Exercise with Natalie Williams

The second Thursday of every month: Crime prevention with Dept. O'Leary, Facebook Live & In person.

Bee Keepers Association the 2nd Monday of each month 6 PM

Shag Lessons starting in October (1st 3rd and 4th Mondays of each month). Beginner 1 class at 7pm beginner 2 class at 8pm

More information to come. Contact Brian at 336.970.0034 or Lori Moore 336.679.3596

Mondays: 10am Quarter Bingo (bring you quarters)

Fridays Nutrition Bingo 10am (also quarter fee)

SENIOR CHORUS will practice on the 1st and 3rd Thursday of each month 11 AM-12 PM

October 25th at 5:00 PM: Senior Supper

Limited seating. Bring your quarters for BINGO!

(registered participants only! Eat in or take it to go. Must come in to pick up

Menu: TBA

Made possible by the Shallow Ford Foundation



Line Dancing: Canceled until further interest. Instructor: Margaret Anderson

\$3 for seniors 55+ and \$5 for under age 55. Call (336) 679-3596

FUNDRAISER:

We are still collecting coins to help pay off the remaining balance and off set the expense of replacing the floors at the center. All donations appreciated. A receipt will be provided for tax purposes. Thank you in advance for your continued support! *I will be in the office at the center if you have any questions, concerns or needs.*

Please feel free to call (336) 679-3596

Happy Halloween !



Information for Services, Referrals & Assistance

Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

How You Can Give...

The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!

We encourage you to SUPPORT THE Yadkin County United Fund

By Mail:
Yadkin County United Fund
205 S. Jackson Street
Yadkinville, NC 27055

Or visit

www.yadkincountyunitedfund.org



OCTOBER 2022

Mon	Tue	Wed	Thu	Fri
<p>3 9 Journal Now 9 Walking to Music 10 Color-time 10 Quarter BINGO 1 Rook for Beginners 7 Shag Classes \$\$</p>	<p>4 Homebound Meal Deliveries 9 Journal Now 9 Walking to Music 10 Color-time</p>	<p>5 9 Journal Now 9 Walking to Music 10 Color-time 10:30 Line Dancing \$\$ 12 Flexercise w/ Natalie</p>	<p>6 9:30-11:00 Drive Thru pick-up of Congregate meals. 9 Journal Now 9 Walking to Music 10 Color-time 11-12 SENIOR CHORUS 1 Pegs & Jokers 6 Rook</p>	<p>7 9 Journal Now 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo</p>
<p>10 Columbus Day 9 Journal Now 9 Walking to Music 10 Color-time 10 Quarter BINGO 1 Rook for Beginners 6 Bee Keepers</p>	<p>11 Homebound Meal Deliveries 9 Journal Now 9 Walking to Music 10 Color-time 11 Andrea Nichols– Yadkin County Public Library 5 Gentry Supper</p>	<p>12 9 Journal Now 9 Walking to Music 10 Color-time 10:30 Line Dancing \$\$ 12 Flexercise w/ Natalie</p>	<p>13 9:30-11:00 Drive Thru pick-up of Congregate meals. 9 Journal Now 9 Walking to Music 10 Crime Prevention with Dept. O'Leary 1 Pegs & Jokers 6 Rook</p>	<p>14 9 Journal Now 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo</p>
<p>17 9 Journal Now 9 Walking to Music 10 Color-time 10 Quarter BINGO 1 Rook for Beginners Shag Classes \$\$</p>	<p>18 Homebound Meal Deliveries 9 Journal Now 9 Walking to Music 10 Color-time 2 PTRC Ombudsman Meeting</p>	<p>19 9 Journal Now 9 Walking to Music 10 Color-time 10:30 Line Dancing \$\$ 12 Flexercise w/ Natalie</p>	<p>20 9:30-11:00 Drive thru pick-up of Congregate meals 9:30—12 FLU SHOTS!! 11-12 SENIOR CHORUS 1 Pegs & Jokers 6 Rook</p>	<p>21 9 Journal Now 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo</p>
<p>24 9 Journal Now 9 Walking to Music 10 Color-time 10 Quarter BINGO 1 Rook for Beginners 7 Shag Classes \$\$</p>	<p>25 Homebound Meal Deliveries 9 Journal Now 9 Walking to Music 10 Color-time 5 Senior Supper (limited to the first 35 registered participants that sign up)</p>	<p>26 9 Journal Now 9 Walking to Music 10 Color-time 10:30 Line Dancing \$\$ 12 Flexercise w/ Natalie</p>	<p>27 9:30-11:00 Drive thru pick-up of Congregate meals 9 Journal Now 9 Walking to Music 10 Color-time 1 Pegs & Jokers 6 Rook</p>	<p>28 9 Journal Now 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo</p>
<p>31 HALLOWEEN 9 Journal Now 9 Walking to Music 10 Color-time 10 Quarter BINGO 1 Rook for Beginners 7 Shag Classes \$\$</p>				

Mission Statement: To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.