



# YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

September 2022

## What's Happening...

We have N95 masks available at the center while supplies last!!!!

Our *Exercise Room* is now available for use at this time. Please remember to wipe down with Clorox wipes before and after each use. Please sign in as well.

### Facebook Live Virtual Events and In-Person Activities

**2nd Tuesday of every month at 11:00 AM:** Yadkin County Public Library

**Every Wednesday at 12:00 PM:** Exercise with Natalie Williams

**The second Thursday of every month:** Crime prevention with Dept. O'Leary, Facebook Live & In person.

**Bee Keepers Association the 2nd Monday of each month 6 PM**

**Shag Lessons starting in October (1st 3rd and 4th Mondays of each month).**

More information to come.

### **September 6th: Masters of Aging Celebration**

\$5.00 pp Tickets on sale through August 26th.

4 PM: Bingo 5 PM: Dinner 6 PM: Music with Stan Bobbitt

### **September 10th, 2022: Back to Back Vender Sale Event 9AM-3PM**

**Starting on September 15th:** SENIOR CHORUS will start meeting again for practice on the 1st and 3rd Thursday of each month 11 AM-12 PM

### **September 27th at 5:00 PM: Senior Supper**

Limited seating. Bring your quarters for BINGO!

(registered participants only 35) Eat in or take it to go. Must come in to pick up

Menu: TBA

Made possible by the Shallow Ford Foundation



### **Line Dancing: Canceled until further interest.** Instructor: Margaret Anderson

\$3 for seniors 55+ and \$5 for under age 55. Call (336) 679-3596

### **FUNDRAISER:**

**We are still collecting coins to help pay off the remaining balance and off set the expense of replacing the floors at the center.** All donations appreciated. A receipt will be provided for tax purposes. Thank you in advance for your continued support! *I will be in the office at the center if you have any questions, concerns or needs.*

*Please feel free to call (336) 679-3596*

### Information for Services, Referrals & Assistance

#### Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

#### Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

#### How You Can Give...

**The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!**

**We encourage you to SUPPORT THE Yadkin County United Fund**


**By Mail:**  
Yadkin County United Fund  
205 S. Jackson Street  
Yadkinville, NC 27055

Or visit

[www.yadkincountyunitedfund.org](http://www.yadkincountyunitedfund.org)



# SEPTEMBER 2022

| Mon  | Tue   | Wed   | Thu   | Fri   |
|--|---|---|---|---|
|                        |   |   | 1<br><b>9:30-11:00 Drive Thru pick-up of Congregate meals.</b><br>9 Journal Now<br>9 Walking to Music<br>10 Color-time<br>1 Pegs & Jokers<br>6 Rook                                 | 2<br>9 Journal Now<br>9 Walking to Music<br>10 Color-time<br>10:00 Nutrition Bingo          |
| 5<br>CLOSED<br><b>Happy Labor Day!</b>   | 6<br><b>Homebound Meal Deliveries</b><br>9 Journal Now<br>9 Walking to Music<br>10 Color-time<br>11 Andrea Nichols– Yadkin County Public Library<br><b>4 Masters of Aging Celebration</b> | 7<br>9 Journal Now<br>9 Walking to Music<br>10 Color-time<br>10:30 Line Dancing \$\$<br>12 Flexercise w/ Natalie  | 8<br><b>9:30-11:00 Drive Thru pick-up of Congregate meals.</b><br>9 Journal Now<br>9 Walking to Music<br><b>10 Crime Prevention with Dept. O’Leary</b><br>1 Pegs & Jokers<br>6 Rook | 16<br><b>Sorry for any inconvenience but, there will not be any activities on this day.</b> |
| 12<br><b>Sorry for any inconvenience but, there will not be any activities on this day.</b>            | 13<br><b>Homebound Meal Deliveries</b><br>9 Journal Now<br>9 Walking to Music<br>10 Color-time<br>2 PTRC Ombudsman Meeting<br><b>5 Gentry Supper</b>                                      | 14<br>9 Journal Now<br>9 Walking to Music<br>10 Color-time<br>10:30 Line Dancing \$\$<br>12 Flexercise w/ Natalie | 15<br><b>9:30-11:00 Drive thru pick-up of Congregate meals</b><br><b>11-12 SENIOR CHORUS</b><br><br>1 Pegs & Jokers<br>6 Rook   | 16<br><b>Sorry for any inconvenience but, there will not be any activities on this day.</b> |
| 19<br><b>Sorry for any inconvenience but, there will not be any activities on this day.</b>            | 20<br><b>Homebound Meal Deliveries</b><br>9 Journal Now<br>9 Walking to Music<br>10 Color-time  | 21<br>9 Journal Now<br>9 Walking to Music<br>10 Color-time<br>10:30 Line Dancing \$\$<br>12 Flexercise w/ Natalie | 22<br><b>9:30-11:00 Drive thru pick-up of Congregate meals</b><br>9 Journal Now<br>9 Walking to Music<br>10 Color-time<br>1 Pegs & Jokers<br>6 Rook                                 | 23<br>9 Journal Now<br>9 Walking to Music<br>10 Color-time<br>10:00 Nutrition Bingo         |
| 26<br>9 Journal Now<br>9 Walking to Music<br>10 Color-time<br>10 Quarter BINGO<br>1 Rook for Beginners | 27<br><b>Homebound Meal Deliveries</b><br>9 Journal Now<br>9 Walking to Music<br>10 Color-time<br>5 Senior Supper Shallow Ford Meal first 35 registered seniors.                          | 28<br>9 Journal Now<br>9 Walking to Music<br>10 Color-time<br>10:30 Line Dancing \$\$<br>12 Flexercise w/ Natalie | 29<br><b>9:30-11:00 Drive thru pick-up of Congregate meals</b><br>9 Journal Now<br>9 Walking to Music<br>10 Color-time<br>1 Pegs & Jokers<br>6 Rook                                 | 30<br>9 Journal Now<br>9 Walking to Music<br>10 Color-time<br>10:00 Nutrition Bingo         |

**Mission Statement:** To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.