



YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

August 2022

What's Happening...

We will continue to provide Meals on Wheels to the homebound and pick-up meals for registered congregate members.

Our *Exercise Room* is now available for use at this time. Please remember to wipe down with Clorox wipes before and after each use. Please sign in as well.

Facebook Live Virtual Events and In-Person Activities

2nd Tuesday of every month at 11:00 AM: Yadkin County Public Library

Every Wednesday at 12:00 PM: Exercise with Natalie Williams

The second Thursday of every month: Crime prevention with Dept. O'Leary, Facebook Live & In person.

Bee Keepers Association the 2nd Monday of each month 6pm.

Shag Lessons starting in October. More information to come.

August 26th at 5:00 PM: Senior Supper

Limited seating. Bring your quarters for BINGO!

(registered participants only 35) Eat in or take it to go. Must come in to pick up

Menu: TBA

Made possible by the Shallow Ford Foundation



Line Dancing: *Canceled until further interest.* Instructor: Margaret Anderson

\$3 for seniors 55+ and \$5 for under age 55. Call (336) 679-3596

September 6th: Masters of Aging Celebration

\$5.00 pp Tickets on sale through August 26th.

4 PM: Bingo 5PM: Dinner 6PM: Music with Stan Bobbitt

FUNDRAISER:

Collecting Coins For Our Floors So We Can Get Ready To Open Our Doors

All donations appreciated.

A receipt will be provided for tax purposes.

Thank you in advance for your continued support! *I will be in the office at the center if you have any questions, concerns or needs. Please feel free to call.*

(336) 679-3596

Information for Services, Referrals & Assistance

Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

How You Can Give...

The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!

We encourage you to SUPPORT THE Yadkin County United Fund

By Mail:

Yadkin County United Fund

205 S. Jackson Street

Yadkinville, NC 27055

Or visit

www.yadkincountyunitedfund.org



AUGUST 2022

Mon	Tue	Wed	Thu	Fri	
	1 Homebound Meal Deliveries 9 Journal Now 9 Walking to Music 10 Color-time	2 9 Journal Now 9 Walking to Music 10 Color-time 10:30 Line Dancing \$\$ 12 Flexercise w/ Natalie	3 9:30-11:00 Drive Thru pick-up of Congregate meals. 9 Journal Now 9 Walking to Music 10 Color-time 1 Pegs & Jokers 6 Rook	4 9 Journal Now 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo	
	8 9 Journal Now 9 Walking to Music 10 Color-time 10 Quarter BINGO 1 Rook for Beginners	9 Homebound Meal Deliveries 9 Journal Now 9 Walking to Music 10 Color-time 11 Andrea Nichols– Yadkin County Public Library 5 Gentry Supper	10 9 Journal Now 9 Walking to Music 10 Color-time 10:30 Line Dancing \$\$ 12 Flexercise w/ Natalie	11 9:30-11:00 Drive Thru pick-up of Congregate meals. 9 Journal Now 9 Walking to Music 10 Crime Prevention 1 Pegs & Jokers 6 Rook	12 9 Journal Now 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo
	15 9 Journal Now 9 Walking to Music 10 Color-time 10 Quarter BINGO 1 Rook for Beginners 6 Bee Keepers	16 Homebound Meal Deliveries 9 Journal Now 9 Walking to Music 10 Color-time 2 PTRC Ombudsman Meeting 5 Gentry Supper	17 9 Journal Now 9 Walking to Music 10 Color-time 10:30 Line Dancing \$\$ 12 Flexercise w/ Natalie	18 9:30-11:00 Drive thru pick-up of Congregate meals 9 Journal Now 9 Walking to Music 10 Crime Prevention with Dept. O’Leary 1 Pegs & Jokers 6 Rook	19 9 Journal Now 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo
	22 9 Journal Now 9 Walking to Music 10 Color-time 10 Quarter BINGO 1 Rook for Beginners	23 Homebound Meal Deliveries 9 Journal Now 9 Walking to Music 10 Color-time 6 Senior Supper with Lynn Winters 1st 35 to register	24 9 Journal Now 9 Walking to Music 10 Color-time 10:30 Line Dancing \$\$ 12 Flexercise w/ Natalie	25 9:30-11:00 Drive thru pick-up of Congregate meals 9 Journal Now 9 Walking to Music 10 Color-time 1 Pegs & Jokers 6 Rook	26 9 Journal Now 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo 5:00 PM: Senior Supper
	29 9 Journal Now 9 Walking to Music 10 Color-time 10 Quarter BINGO 1 Rook for Beginners	30 Homebound Meal Deliveries 9 Journal Now 9 Walking to Music 10 Color-time	31 9 Journal Now 9 Walking to Music 10 Color-time 10:30 Line Dancing \$\$ 12 Flexercise w/ Natalie		

Mission Statement: To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.