



# YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

August 2022

## What's Happening...

We will continue to provide Meals on Wheels to the homebound and pick-up meals for registered congregate members.

Our *Exercise Room* is now available for use at this time. Please remember to wipe down with Clorox wipes before and after each use. Please sign in as well.

## Facebook Live Virtual Events and In-Person Activities

**2nd Tuesday of every month at 11:00 AM:** Yadkin County Public Library

**Every Wednesday at 12:00 PM:** Exercise with Natalie Williams

**The second Thursday of every month:** Crime prevention with Dept. O'Leary, Facebook Live & In person.

**Bee Keepers Association the 2nd Monday of each month 6pm.**

**Shag Lessons starting in October. More information to come.**

## August 26th at 5:00 PM: Senior Supper

Limited seating. Bring your quarters for BINGO!

(registered participants only 35) Eat in or take it to go. Must come in to pick up

Menu: TBA

*Made possible by the Shallow Ford Foundation*



**Line Dancing: *Canceled until further interest.*** Instructor: Margaret Anderson

\$3 for seniors 55+ and \$5 for under age 55. Call (336) 679-3596

## September 6th: Masters of Aging Celebration

\$5.00 pp Tickets on sale through August 26th.

4 PM: Bingo 5PM: Dinner 6PM: Music with Stan Bobbitt

## FUNDRAISER:

***Collecting Coins For Our Floors So We Can Get Ready To Open Our Doors***

All donations appreciated.

A receipt will be provided for tax purposes.

Thank you in advance for your continued support! *I will be in the office at the center if you have any questions, concerns or needs. Please feel free to call.*

(336) 679-3596

## Information for Services, Referrals & Assistance

### Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

### Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

## How You Can Give...

***The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!***

**We encourage you to SUPPORT THE Yadkin County United Fund**

### By Mail:

Yadkin County United Fund

205 S. Jackson Street

Yadkinville, NC 27055

Or visit

[www.yadkincountyunitedfund.org](http://www.yadkincountyunitedfund.org)



# AUGUST 2022

Mon	Tue	Wed	Thu	Fri
<p>1</p> <p>9 Journal Now 9 Walking to Music 10 Color-time 10 Quarter BINGO 1 Rook for Beginners</p>	<p>2</p> <p><b>Homebound Meal Deliveries</b> 9 Journal Now 9 Walking to Music 10 Color-time</p>	<p>3</p> <p>9 Journal Now 9 Walking to Music 10 Color-time 10:30 Line Dancing \$\$ 12 Flexercise w/ Natalie</p>	<p>4</p> <p><b>9:30-11:00 Drive Thru pick-up of Congregate meals.</b> 9 Journal Now 9 Walking to Music 10 Color-time 1 Pegs &amp; Jokers 6 Rook</p>	<p>5</p> <p>9 Journal Now 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo</p>
<p>8</p> <p>9 Journal Now 9 Walking to Music 10 Color-time 10 Quarter BINGO 1 Rook for Beginners</p>	<p>9</p> <p><b>Homebound Meal Deliveries</b> 9 Journal Now 9 Walking to Music 10 Color-time 11 Andrea Nichols– Yadkin County Public Library 5 Gentry Supper</p>	<p>10</p> <p>9 Journal Now 9 Walking to Music 10 Color-time 10:30 Line Dancing \$\$ 12 Flexercise w/ Natalie</p>	<p>11</p> <p><b>9:30-11:00 Drive Thru pick-up of Congregate meals.</b> 9 Journal Now 9 Walking to Music <b>10 Crime Prevention</b> 1 Pegs &amp; Jokers 6 Rook</p>	<p>12</p> <p>9 Journal Now 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo</p>
<p>15</p> <p>9 Journal Now 9 Walking to Music 10 Color-time 10 Quarter BINGO 1 Rook for Beginners <b>6 Bee Keepers</b></p>	<p>16</p> <p><b>Homebound Meal Deliveries</b> 9 Journal Now 9 Walking to Music 10 Color-time 2 PTRC Ombudsman Meeting <b>5 Gentry Supper</b></p>	<p>17</p> <p>9 Journal Now 9 Walking to Music 10 Color-time 10:30 Line Dancing \$\$ 12 Flexercise w/ Natalie</p>	<p>18</p> <p><b>9:30-11:00 Drive thru pick-up of Congregate meals</b> 9 Journal Now 9 Walking to Music 10 Crime Prevention with Dept. O’Leary 1 Pegs &amp; Jokers 6 Rook</p>	<p>19</p> <p>9 Journal Now 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo</p>
<p>22</p> <p>9 Journal Now 9 Walking to Music 10 Color-time 10 Quarter BINGO 1 Rook for Beginners</p>	<p>23</p> <p><b>Homebound Meal Deliveries</b> 9 Journal Now 9 Walking to Music 10 Color-time 6 Senior Supper with Lynn Winters 1st 35 to register</p>	<p>24</p> <p>9 Journal Now 9 Walking to Music 10 Color-time 10:30 Line Dancing \$\$ 12 Flexercise w/ Natalie</p>	<p>25</p> <p><b>9:30-11:00 Drive thru pick-up of Congregate meals</b> 9 Journal Now 9 Walking to Music 10 Color-time 1 Pegs &amp; Jokers 6 Rook</p>	<p>26</p> <p>9 Journal Now 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo <b>5:00 PM: Senior Supper</b></p>
<p>29</p> <p>9 Journal Now 9 Walking to Music 10 Color-time 10 Quarter BINGO 1 Rook for Beginners</p>	<p>30</p> <p><b>Homebound Meal Deliveries</b> 9 Journal Now 9 Walking to Music 10 Color-time</p>	<p>31</p> <p>9 Journal Now 9 Walking to Music 10 Color-time 10:30 Line Dancing \$\$ 12 Flexercise w/ Natalie</p>		

**Mission Statement:** To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.