



YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

July 2022

What's Happening...

We will continue to provide Meals on Wheels to the homebound and pick-up meals for registered congregate members.

Our Exercise Room is now available for use at this time. Please remember to wipe down with Clorox wipes before and after each use. Please sign in as well.

Facebook Live Virtual Events and In-Person Activities

*Bee Keepers Associations meets the second Monday of each month 6pm

* The second Thursday of every month Crime prevention with Dept. O'Leary, Facebook Live & In person.

Every Wednesday at 12:00 PM: Exercise with Natalie Williams

▪ The 2nd Tuesday of every month at 11:00 AM: YCPL

7-12-22 North Carolina History (Going to the Moon)

With Andrea Nichols from The Yadkin County Public Library will be with us.

Visit the YVEDDI Yadkin County Senior Center Facebook page to join in, or in person.

July 26 at 5:00 PM: Senior Supper

Limited seating. Bring your quarters for BINGO!

(registered participants only!) Eat in or take it to go. Must come in to pick up

Menu: Chicken salad, broccoli/-cauliflower salad, potato salad & dessert.

Made possible by the Shallow Ford Foundation



Line Dancing: Canceled until further interest. Instructor: Margaret Anderson

\$3 for seniors 55+ and \$5 for under age 55. Call (336) 679-3596

FUNDRAISER:

Collecting Coins For Our Floors So We Can Get Ready To Open Our Doors

All donations appreciated.

A receipt will be provided for tax purposes.

Thank you in advance for your continued support! I will be in the office at the center if you have any questions, concerns or needs. Please feel free to call. (336) 679-3596

Happy 4th of July!

Information for Services, Referrals & Assistance

Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care



How You Can Give...

The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!

We encourage you to SUPPORT THE Yadkin County United Fund

By Mail:

Yadkin County United Fund

205 S. Jackson Street

Yadkinville, NC 27055

Or visit

www.yadkincountyunitedfund.org



JULY 2022

Mon	Tue	Wed	Thu	Fri
				1 9 Journal Now 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo
4 CLOSED 	5 Homebound Meal Deliveries 9 Journal Now 9 Walking to Music 10 Color-time	6 9 Journal Now 9 Walking to Music 10 Color-time 10:30 Line Dancing \$\$ 12 Flexercise w/ Natalie	7 9:30-11:00 Drive Thru pick-up of Congregate meals. 9 Journal Now 9 Walking to Music 10 Color-time 1 Pegs & Jokers 6 Rook	8 9 Journal Now 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo
11 9 Journal Now 9 Walking to Music 10 Color-time 10 Quarter BINGO 1 Rook for Beginners 6 Bee Keepers	12 Homebound Meal Deliveries 9 Journal Now 9 Walking to Music 10 Color-time 11 NC History YC PL Andrea Nichols 5 Gentry Supper	13 9 Journal Now 9 Walking to Music 10 Color-time 10:30 Line Dancing \$\$ 12 NO FLEXERCISE THIS WEEK!! MISS NATALIE WILL BE ON VACATION.	14 9:30-11:00 Drive thru pick-up of Congregate meals 9 Journal Now 9 Walking to Music 10 Crime Prevention with Dept. O'Leary 1 Pegs & Jokers 6 Rook	15 9 Journal Now 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo
18 9 Journal Now 9 Walking to Music 10 Color-time 10 Quarter BINGO 1 Rook for Beginners	19 Homebound Meal Deliveries 9 Journal Now 9 Walking to Music 10 Color-time	20 9 Journal Now 9 Walking to Music 10 Color-time 10:30 Line Dancing \$\$ 12 Flexercise w/ Natalie	21 9:30-11:00 Drive thru pick-up of Congregate meals 9 Journal Now 9 Walking to Music 10 Color-time 1 Pegs & Jokers 6 Rook	22 9 Journal Now 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo
25 9 Journal Now 9 Walking to Music 10 Color-time 10 Quarter BINGO 1 Rook for Beginners	26 Homebound Meal Deliveries 9 Journal Now 9 Walking to Music 10 Color-time 5 Supper Meal First 45 to be registered.	27 9 Journal Now 9 Walking to Music 10 Color-time 10:30 Line Dancing \$\$ 12 Flexercise w/ Natalie	28 9:30-11:00 Drive thru pick-up of Congregate meals 9 Journal Now 9 Walking to Music 10 Color-time 1 Pegs & Jokers 6 Rook	29 9 Journal Now 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo

Mission Statement: To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.