



YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

June 2022

What's Happening...

We will continue to provide Meals on Wheels to the homebound and pick-up meals for registered congregate members.

Our Exercise Room is not available for use at this time. Sorry for any inconvenience.



Facebook Live Virtual Events and In-Person Activities

- **Every Wednesday at 12:00 PM:** Exercise with Natalie Williams
- **The 2nd Tuesday** of every month at 11:00 AM:

Health, Wellness & Educational Program

Andrea Nichols from the Yadkin County Public Library will be with us.

Visit the YVEDDI Yadkin County Senior Center Facebook page to join in.

June 28 at 5:00 pm: Senior Supper

Limited seating. Bring your quarters for BINGO! (registered participants only!)

Menu: To be determined.

Made possible by the Shallow Ford Foundation



Bee Keepers Association meets the 2nd Monday of each month at 6:00 pm.

Lion's Club meets the 1st Tuesday of each month at 6:00 pm

Line Dancing: Every Wednesday at 10:30 am Instructor: Margaret Anderson
\$3 for seniors 55+ and \$5 for under age 55. Call (336) 679-3596

Starting in July:

The second Thursday of every month, Crime Prevention with Dept. O'Leary. Come out and support this safety program.

FUNDRAISER:

Collecting Coins For Our Floors So We Can Get Ready To Open Our Doors

All donations appreciated.

If you know anyone that would like to donate materials, labor or an in-kind donation or if you would like to contribute, please see the Senior Center Manager.

A receipt will be provided for tax purposes.

Thank you in advance for your continued support! *I will be in the office at the center if you have any questions, concerns or needs. Please feel free to call. (336) 679-3596*

Information for Services, Referrals & Assistance

Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

How You Can Give...

The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!

We encourage you to SUPPORT THE Yadkin County United Fund

By Mail:

Yadkin County United Fund
205 S. Jackson Street
Yadkinville, NC 27055

Or visit

www.yadkincountyunitedfund.org



JUNE 2022

Mon	Tue	Wed	Thu	Fri
		1 9 Journal Now 9 Walking to Music 10 Color-time 10:30 Line Dancing \$\$ 12 Flexercise w/ Natalie	2 9:30-11:00 Drive Thru pick-up of Congregate meals. 9 Journal Now 9 Walking to Music 10 Color-time 10 Senior Chorus 1 Pegs & Jokers 6 Rook	3 9 Journal Now 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo
6 9 Journal Now 9 Walking to Music 10 Color-time 10 Quarter BINGO 1 Rook for Beginners	7 Homebound Meal Deliveries 9 Journal Now 9 Walking to Music 10 Color-time	8 9 Journal Now 9 Walking to Music 10 Color-time 10:30 Line Dancing \$\$ 12 Flexercise w/ Natalie	9 9:30-11:00 Drive Thru pick-up of Congregate meals. 9 Journal Now 9 Walking to Music 10 Color-time 1 Pegs & Jokers 6 Rook	10 9 Journal Now 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo
13 9 Journal Now 9 Walking to Music 10 Color-time 10 Quarter BINGO 1 Rook for Beginners 6 Bee Association	14 Homebound Meal Deliveries 9 Journal Now 9 Walking to Music 10 Color-time 11 Health, Wellness & Educational Programs with YC PL Andrea Nichols 5 Gentry Supper	15 9 Journal Now 9 Walking to Music 10 Color-time 10:30 Line Dancing \$\$ 12 Flexercise w/ Natalie	16 9:30-11:00 Drive thru pick-up of Congregate meals 9 Journal Now 9 Walking to Music 10 Color-time 1 Pegs & Jokers 6 Rook	17 9 Journal Now 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo
20 9 Journal Now 9 Walking to Music 10 Color-time 10 Quarter BINGO 1 Rook for Beginners	21 Homebound Meal Deliveries 9 Journal Now 9 Walking to Music 10 Color-time	22 9 Journal Now 9 Walking to Music 10 Color-time 10:30 Line Dancing \$\$ 12 Flexercise w/ Natalie	23 9:30-11:00 Drive thru pick-up of Congregate meals 9 Journal Now 9 Walking to Music 10 Color-time 1 Pegs & Jokers 6 Rook	24 9 Journal Now 9 Walking to Music 10 Color-time 10:00 Nutrition Bingo
27 9 Journal Now 9 Walking to Music 10 Color-time 10 Quarter BINGO 1 Rook for Beginners	28 Homebound Meal Deliveries 9 Journal Now 9 Walking to Music 10 Color-time 5 Supper Meal First 45 to be registered.	29 9 Journal Now 9 Walking to Music 10 Color-time 10:30 Line Dancing \$\$ 12 Flexercise w/ Natalie	30 9:30-11:00 Drive thru pick-up of Congregate meals 9 Journal Now 9 Walking to Music 10 Color-time 1 Pegs & Jokers 6 Rook	

Mission Statement: To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.