



# YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

May 2022

## What's Happening...

We will continue to provide Meals on Wheels to the home-bound and pick-up meals for registered congregate members.



**Our Exercise Room is not available for use at this time. It is currently being used as a storage room. Sorry for any inconvenience.**

## Facebook Live Virtual Events and In-Person Activities

- **Every Wednesday at 12:00 PM:** Exercise with Natalie Williams
- **The 2nd Tuesday** of every month at 11:00 AM: Health, Wellness & Educational Program

Andrea Nichols from the Yadkin County Public Library will be with us.

Visit the YVEDDI Yadkin County Senior Center Facebook page to join in.

**May 24th from 5:00 -6:00 PM:** Drive-thru-Meal (registered participants only!)

Menu: To be determined.

Made possible by the Shallow Ford Foundation



*Bee Keepers Association meets the 2nd Monday of each month at 6:00 pm.*

*Lion's Club meets the 1st Tuesday of each month at 6:00 pm*

**Line Dancing:** Every Wednesday at 10:30 am Instructor: Margaret Anderson  
\$3 for seniors 55+ and \$5 for under age 55. Call (336) 679-3596

## FUNDRAISER:

**Collecting Coins For Our Floors So We Can Get Ready To Open Our Doors**

All donations appreciated.

If you know anyone that would like to donate materials, labor or an in-kind donation or if you would like to contribute, please see the Senior Center Manager.

A receipt will be provided for tax purposes.

Thank you in advance for your continued support!

*I will be in the office at the center if you have any questions, concerns or needs. Please feel free to call. (336) 679-3596*

## Information for Services, Referrals & Assistance

### Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

### Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care



How You Can Give...

**The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!**

**We encourage you to SUPPORT THE Yadkin County United Fund**

By Mail:  
Yadkin County United Fund

205 S. Jackson Street  
Yadkinville, NC 27055

Or visit

[www.yadkincountyunitedfund.org](http://www.yadkincountyunitedfund.org)



# MAY 2022

| Mon  | Tue  | Wed   | Thu  | Fri  |
|--|--|---|--|--|
| 2<br>12 WELCOME<br>BACK PARTY<br>9 Journal Now<br>9 Walking to Music<br>10 Color-time<br>10 Quarter Bingo<br>1pm Rook for Begin- | 3<br>SENIOR GAMES OPENING<br>CEREMONIES AT SURRY<br>COMMUNITY COLLEGE IN<br>SURRY CO><br>Homebound Meal<br>Deliveries.<br>9 Journal Now<br>9 Walking to Music<br>10 Color-time   | 4<br>9 Journal Now<br>9 Walking to Music<br>10 Color-time<br>10:30 Line Dancing \$\$<br>12 Flexercise with Na-<br>talie   | 5<br>9:30-11:00 Drive Thru<br>pick-up of Congregate<br>meals.<br>9 Journal Now<br>9 Walking to Music<br>10 Color-time<br>10 Senior Chorus<br>1 Pegs & Jokers<br>6 Rook | 6<br>9 Journal Now<br>9 Walking to Music<br>10 Color-time<br>10:30 Nutrition Bingo   |
| 9<br>9 Journal Now<br>9 Walking to Music<br>10 Color-time<br>1 Rook for Begin-<br>ners<br>6 Bee Association                      | 10<br>Homebound Meals<br>9 Journal Now<br>9 Walking to Music<br>10 Color-time<br>11 Health, Wellness & Edu-<br>cational Programs with YC<br>PL Andrea Nichols<br>5 Gentry Supper | 11<br>9 Journal Now<br>9 Walking to Music 10<br>Color-time<br>10:30 Line Dancing \$\$<br>12 Flexercise with Na-<br>talie  | 12<br>9:30-11:00 Drive Thru<br>pick-up of Congregate<br>meals.<br>9 Journal Now<br>9 Walking to Music<br>10 Color-time<br>1 Pegs & Jokers<br>6 Rook                    | 13<br>9 Journal Now<br>9 Walking to Music<br>10 Color-time<br>10:30 Nutrition Bingo  |
| 16<br><br><b>NO ACTIVITIES<br/>                     THIS WEEK</b>  | 17<br>Homebound Meal<br>Deliveries.<br><br><b>NO ACTIVITIES<br/>                     THIS WEEK</b>   | 18<br><br><b>NO ACTIVITIES<br/>                     THIS WEEK</b>   | 19<br>9:30-11:00 Drive thru<br>pick-up of Congregate<br>meals<br><b>NO ACTIVITIES<br/>                     THIS WEEK</b>   | 20<br><br><b>NO ACTIVITIES<br/>                     THIS WEEK</b>  |
| 23<br>9 Journal Now<br>9 Walking to Music<br>10 Color-time<br>1 Rook for Begin-<br>ners  | 24<br>Homebound Meal<br>Deliveries.<br>9 Journal Now<br>9 Walking to Music<br>10 Color-time  | 25<br>9 Journal Now<br>9 Walking to Music<br>10 Color-time<br>10:30 Line Dancing \$\$<br>12 Flexercise with Na-<br>talie  | 26<br>9:30-11:00 Drive thru<br>pick-up of Congregate<br>meals<br>9 Journal Now<br>9 Walking to Music<br>10 Color-time<br>1 Pegs & Jokers                               | 27<br>9 Journal Now<br>9 Walking to Music<br>10 Color-time<br>10:30 Nutrition Bingo  |
| 30<br>CLOSED<br>Memorial Day<br><br>          | 31<br>Homebound Meal<br>Deliveries.<br>9 Journal Now<br>9 Walking to Music<br>10 Color-time  | <i>Remembering the men<br/>                     and women who died<br/>                     while serving our country.<br/>                     Happy Memorial Day!</i> |  |  <b>YVEDDI</b><br><small>YADKIN VALLEY ECONOMIC<br/>                     DEVELOPMENT DISTRICT, INC.</small> |

**Mission Statement:** To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.