

# YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

May 2022

What's Happening...

We will continue to provide Meals on Wheels to the homebound and pick-up meals for registered congregate members.



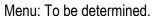
Our *Exercise Room* is not available for use at this time. It is currently being used as a storage room. Sorry for any inconvenience.

#### Facebook Live Virtual Events and In-Person Activities

- Every Wednesday at 12:00 PM: Exercise with Natalie Williams
- The **2nd Tuesday** of every month at 11:00 AM: Health, Wellness & Educational Program

Andrea Nichols from the Yadkin County Public Library will be with us. Visit the YVEDDI Yadkin County Senior Center Facebook page to join in.

May 24th from 5:00 -6:00 PM: Drive-thru-Meal (registered participants only!)



Made possible by the Shallow Ford Foundation



Bee Keepers Association meets the 2nd Monday of each month at 6:00 pm.

Lion's Club meets the 1st Tuesday of each month at 6:00 pm

**Line Dancing:** Every Wednesday at 10:30 am Instructor: Margaret Anderson \$3 for seniors 55+ and \$5 for under age 55. Call (336) 679-3596

#### **FUNDRAISER:**

Collecting Coins For Our Floors So We Can Get Ready To Open Our Doors All donations appreciated.

If you know anyone that would like to donate materials, labor or an in-kind donation or if you would like to contribute, please see the Senior Center Manager.

A receipt will be provided for tax purposes.

Thank you in advance for your continued support!

I will be in the office at the center if you have any questions, concerns or needs. Please feel free to call. (336) 679-3596

## Information for Services, Referrals & Assistance Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

### Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care



How You Can Give...

The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!

We encourage you to SUPPORT THE Yadkin County United Fund

By Mail:

Yadkin County United Fund 205 S. Jackson Street Yadkinville, NC 27055



www.yadkincountyunitedfund.org



## MAY 2022

Mon	Tue	Wed	Thu	Fri
2 12 WELCOME BACK PARTY 9 Journal Now 9 Walking to Music 10 Color-time 10 Quarter Bingo 1pm Rook for Begin-	3 SENIOR GAMES OPENING CEREMONIES AT SURRY COMMUNITY COLLEGE IN SURRY CO> Homebound Meal Deliveries. 9 Journal Now 9 Walking to Music 10 Color-time	9 Journal Now 9 Walking to Music 10 Color-time 10:30 Line Dancing \$\$ 12 Flexercise with Na- talie	9:30-11:00 Drive Thru pick-up of Congregate meals. 9 Journal Now 9 Walking to Music 10 Color-time 10 Senior Chorus 1 Pegs & Jokers 6 Rook	6 9 Journal Now 9 Walking to Music 10 Color-time 10:30 Nutrition Bingo
9 9 Journal Now 9 Walking to Music 10 Color-time 1 Rook for Beginners 6 Bee Association	10 Homebound Meals 9 Journal Now 9 Walking to Music 10 Color-time 11 Health, Wellness & Educational Programs with YC PL Andrea Nichols 5 Gentry Supper	11 9 Journal Now 9 Walking to Music 10 Color-time 10:30 Line Dancing \$\$ 12 Flexercise with Natalie	12 9:30-11:00 Drive Thru pick-up of Congregate meals. 9 Journal Now 9 Walking to Music 10 Color-time 1 Pegs & Jokers 6 Rook	13 9 Journal Now 9 Walking to Music 10 Color-time 10:30 Nutrition Bingo
NO ACTIVITIES THIS WEEK	17 Homebound Meal Deliveries.  NO ACTIVITIES THIS WEEK	NO ACTIVITIES THIS WEEK	19 9:30-11:00 Drive thru pick-up of Congregate meals NO ACTIVITIES THIS WEEK	NO ACTIVITIES THIS WEEK
9 Journal Now 9 Walking to Music 10 Color-time 1 Rook for Begin- ners	24 Homebound Meal Deliveries. 9 Journal Now 9 Walking to Music 10 Color-time	9 Journal Now 9 Walking to Music 10 Color-time 10:30 Line Dancing \$\$ 12 Flexercise with Na- talie	26 9:30-11:00 Drive thru pick-up of Congregate meals 9 Journal Now 9 Walking to Music 10 Color-time 1 Pegs & Jokers	27 9 Journal Now 9 Walking to Music 10 Color-time 10:30 Nutrition Bingo
30 CLOSED Memorial Day	31 Homebound Meal Deliveries. 9 Journal Now 9 Walking to Music 10 Color-time	Remembering and women while serving Happy Mem	who died g our country.	YVEDDI  YADKIN VALLEY ECONOMIC DEVELOPMENT DISTRICT, INC.

**Mission Statement:** To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.