



EAST BEND SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

May 2022

Important Announcements

This center will remain closed for congregate meals due to Covid-19 until the emergency declaration is lifted. We will continue to provide Meals on Wheels and meals for registered congregate members. Congregate meals will still be available for pick up on Thursdays from 11AM to noon.

We are offering some in-person activities for registered participants. (limited-seating) Safety for our participants and staff is our top priority. Mask ARE NOW OPTIONAL while inside the senior center. Hand sanitizer is available at the doors for your use.

NEW

May 19th at 5: PM: Hot Dog Supper with homemade ice cream.
Quarter bingo afterwards! Registration Required. Sign up by May 16th

May 20th at 10 AM: Craft day with refreshments
Sign up by May 16th

Every Friday at 10 AM: Spades Its fun and will exercise your brain.

May 25th at 12 PM: Movie and popcorn (movie: Rescued by Ruby)

Facebook Live Virtual Activities:

- Every Thursday at 10AM: Exercise with Natalie Williams
(This event will be shared from the Yadkin County Senior Center Facebook page)
- The 1st Wednesday of the month at 10:30AM: Safety Presentations

Facebook search: YVEDDI EAST BEND SENIOR CENTER and "LIKE" our page.
If you have access to the internet or a smart phone but do not have Facebook, call Rhonda for assistance on set up

Donated walkers and canes available for use. See Rhonda

We have N95 masks available for free.
If you need one, call or stop by the senior center.

Our Exercise Room is open. See Rhonda if you are new using the equipment.

**Remembering the men and women who died while serving our country.
Happy Memorial Day!**



Information for Services, Referrals & Assistance

Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

How You Can Give...

The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!
We encourage you to SUPPORT THE Yadkin County United Fund

By Mail: Yadkin County United Fund
205 S. Jackson Street • Yadkinville, NC 27055
Or visit www.yadkincountyunitedfund.org



MAY 2022

Mon	Tue	Wed	Thu	Fri
2 11 \$1 Bingo	3 10 Train Domino's	4 11 Quarter Bingo	5 10 Exercise with Natalie (watch Live on Facebook) 11-12 Meal & Packet pick- up	6 10 Spades 7 PM ROOK
9 11 \$1 Bingo	10 10 Train Domino's 6 Quilters Guild	11 11 Quarter Bingo	12 10 Exercise with Natalie (watch Live on Facebook) 11-12 Meal & Packet pick- up	13 10 Spades 7 PM ROOK Saturday 9AM Quilting Day
16 11 \$1 Bingo	17 10 Train Domino's 5	18 11 Quarter Bingo	19 10 Exercise with Natalie (watch Live on Facebook) 11-12 Meal & Packet pick-up 5 Hot Dog Supper w/ ice cream	20 10 Spades 7 PM ROOK 10 craft day with snacks
23 11 \$1 Bingo	24 10 Train Domino's	25 11 Quarter Bingo 12 Movie and popcorn	26 10 Exercise with Natalie (watch Live on Facebook) 11-12 Meal & Packet pick-up	27 10 Spades 7 PM ROOK
30 CLOSED Memorial Day 	30 10 Train Domino's		YVEDDI EAST BEND SENIOR CENTER FACEBOOK PAGE is where you will find the LIVE with Natalie and the Monthly LIVE with Deputy Diaz.	

Mission Statement: To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.