



YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

March 2022

What's Happening...

We will continue to provide Meals on Wheels to the homebound and pick-up meals for registered congregate members.

Facebook Live Virtual Events!

- Every Wednesday at 11:00 AM: Exercise with Natalie Williams
 - The 1st Wednesday of every month at 10:30 AM: Virtual Safety Programs.
- Multiple Speakers.

Go to our YVEDDI Yadkin County Senior Center Facebook page to join in.

*March 15th 5:00 -6:00 PM: Drive-thru-Meal (registered recipients only!)
Made possible by the Shallow Ford Foundation*



Bee Keepers Association meets the 2nd Monday of each month at YCSC at 6:00 pm.

Line Dancing: Every other Wednesday at 12:00 PM at the park below the senior center (under the shelter) 606 N. State Street. Instructor: Margaret Anderson \$3 for seniors and \$5 for under age 55. Call (336) 679-3596 for schedule.

Tax Preparation:

Yadkin County Public Library
Starting January 28th - March 25th on Fridays only
9:00 AM - 1:00 PM
By appointment only! Call (336) 679-8792

FUNDRAISER:

Collecting Coins For Our Floors So We Can Get Ready To Open Our Doors

All donations appreciated.

If you know anyone that would like to donate materials, labor or an in-kind donation or if you would like to contribute, please see the Senior Center Manager.

A receipt will be provided for tax purposes.

Thank you in advance for your continued support!

*I will be in the office at the center if you have any questions, concerns or needs.
Please feel free to call. (336) 679-3596*

Information for Services, Referrals & Assistance Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care



How You Can Give...

The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!

**We encourage you to SUPPORT THE
Yadkin County United Fund**

By Mail:
Yadkin County United Fund
205 S. Jackson Street
Yadkinville, NC 27055

Or visit
www.yadkincountyunitedfund.org



MARCH 2022

Mon	Tue	Wed	Thu	Fri
<p>Tax Preparation Yadkin County Public Library Jan. 28th-March 25th call (336) 679-8792</p>	<p>1 Homebound Meal Deliveries.</p>	<p>2 11:00 Virtual Exercise with Natalie.</p> <p>10:00 Virtual Yadkin County Public Library with Andrea. March is women's month. A popular wom- en of Yadkin County.</p>	<p>3 9:30-11:00 Drive Thru pick-up of Congregate meals.</p>	<p>4</p>
<p>7</p>	<p>8 Homebound Meal Deliveries.</p>	<p>9 11:00 Virtual Exercise with Natalie.</p> <p>12 Line Dancing \$\$</p>	<p>10 9:30-11:00 Drive Thru pick-up of Congregate meals.</p>	<p>11</p>
<p>14 Bee Keepers Meeting at 6:00pm</p>	<p>15 Homebound Meal Deliveries.</p> <p>Drive-thru Meal 5:00-6:00pm</p> 	<p>16 11:00 Virtual Exercise with Natalie.</p>	<p>17 9:30-11:00 Drive thru pick-up of Congregate meals</p> <p>Happy  St. Patricks Day</p>	<p>18</p>
<p>21</p>	<p>22 Homebound Meal Deliveries.</p>	<p>23 11:00 Virtual Exercise with Natalie.</p> <p>12 Line Dancing \$\$</p>	<p>24 9:30-11:00 Drive thru pick-up of Congregate meals</p>	<p>25</p>
<p>28</p>	<p>29 Homebound Meal Deliveries.</p>	<p>30 11:00 Virtual Exercise with Natalie</p>	<p>31 9:30-11:00 Drive thru pick-up of Congregate meals</p>	

Mission Statement: To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.