



SURRY COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

FEB. 2022

Important Announcements

We will continue to provide Meals on Wheels to the homebound and pick-up meals for registered congregate members.

Due to the rise in the number of Covid cases, the senior center is closed for in-person activities and events.

Virtual Classes and Activities:

Monday Morning Check-In: Facebook Group Chat - Mondays at 11:30 AM

Contact Carolyn Gentry to be added to the group chat.

Zoom Check-In: Every Wednesday at 2:30. Get the zoom link information and join us for some Zoom fun.

Virtual Bingo: Wednesdays at 3:00. Please call the senior center to get the Zoom link.

Take Control Class: We are excited to be partnering with the extension office to offer the Take Control Class, an 8-session chronic disease prevention program that provides strategies to help adults manage their health. Contact the senior center to get details about how to attend this virtual class.

Valentine Craft Class: Tuesday, February 8th at 2:00. Craft kit cost is \$1. Contact the senior center in advance to arrange to pick up your kit and to get the zoom link.

Valentine's Day Virtual Party: February 14th at 2:00. Join us for games, fun, and prizes! Contact the senior center to get the zoom link.

Technology Class: February 22nd at 3:00. Using smartphone or tablet apps to become better organized. Please call the senior center to get the Zoom link.

VITA (Volunteer Income Tax Assistance) appointments are now being scheduled and are filling up fast! Please call the senior center to schedule an appointment if your income is \$58,000 or less, and you need help getting your taxes done.

If you have any questions, or if you would like to be added to our Newsletter email list, please call Carolyn Gentry at (336) 415-4225.

Information for Services, Referrals & Assistance

Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care



How You Can Give...

The YVEDDI Senior Centers of Surry County are proud United Fund Agencies!
We encourage you to SUPPORT THE United Fund of Surry County.

By Mail: United Fund of Surry County
PO Box 409 • Mount Airy, NC 27030
or visit www.unitedfundofsurry.org



United Fund of Surry

FEB. 2022



Mon	Tue	Wed	Thu	Fri
	1	3 10:00 Tai Chi @ MA Library 2:30 Zoom Check-In 3:00 Zoom Bingo—call the senior center to get the Zoom link	4 11:00 New Way with ECA Bread in a Bag Call the senior center to get the registration information	5 10:00 Tai Chi @ MA Library 3:00 Bowling @ Mount Airy Bowling Lanes-\$1.50/game
7 11:30 Facebook Group Chat	8 10:30 Take Control Class - contact the senior center to get the Zoom link 2:00 Valentine Craft cost is \$1—Call the senior center in advance to register	9 10:00 Tai Chi @ MA Library 2:30 Zoom Check-In 3:00 Zoom Bingo—call the senior center to get the Zoom link	10 10:30 Take Control Class - contact the senior center to get the Zoom link	11 10:00 Tai Chi @ MA Library 3:00 Bowling @ Mount Airy Bowling Lanes-\$1.50/game
14 11:30 Facebook Group Chat 2:00 Valentine's Party - call the senior center to get the Zoom link 	15 10:30 Take Control Class - contact the senior center to get the Zoom link	16 10:00 Tai Chi @ MA Library 2:30 Zoom Check-In 3:00 Zoom Bingo—call the senior center to get the Zoom link	17 10:30 Take Control Class - contact the senior center to get the Zoom link 11:30 Chapters Book Club at the Mt. Airy Library	18 10:00 Tai Chi @ MA Library 3:00 Bowling @ Mount Airy Bowling Lanes-\$1.50/game
21 11:30 Facebook Group Chat	22 10:30 Take Control Class - contact the senior center to get the Zoom link 3:00 Technology class - using smartphone or tablet apps—call the senior center to get the Zoom link	23 10:00 Tai Chi @ MA Library 2:30 Zoom Check-In 3:00 Zoom Bingo—call the senior center to get the Zoom link	24 10:30 Take Control Class - contact the senior center to get the Zoom link	25 10:00 Tai Chi @ MA Library 3:00 Bowling @ Mount Airy Bowling Lanes-\$1.50/game
28 11:30 Facebook Group Chat				Please contact Carolyn Gentry at (336) 415-4225 to register for events or if you would like the zoom links for our virtual activities.

Mission Statement: To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.

Carolyn Gentry, Surry County Senior Center Manager - (336) 415-4225