



# PILOT MOUNTAIN SATELLITE SENIOR CENTER NEWS



January 2022

## Important Announcements

**Due to the increase in COVID-19 cases, we will not have any in person activities until further notice.**

**We will continue to provide Meals on Wheels to the homebound and pick-up meals for registered congregated members.**

### Virtual Classes and Activities:

**Monday Morning Check-In:** Facebook Group Chat-Mondays at 11:30 AM

Contact Heather Handy to be added to the group chat.

### **Jan. 6th- At home with ECA: Disaster Preparedness**

Call Heather for zoom link.

### **Jan. 18th- Virtual snowman craft \$1.50 for kit**

Call to make arrangements to pick up kit and for zoom link.

**Register before Friday, January 14th.**

**Diane's Book Club** - A selection of books are available for check out from Charles H. Stone Library. Call Heather for available book list and pick up arrangements.

### **HOLIDAY CLOSINGS**

January 3, 2022. New Years

January 17, 2022 MLK, Jr. Day



### Information for Services, Referrals & Assistance

#### Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

#### Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

## How You Can Give...



*The YVEDDI Senior Centers of Surry County are proud United Fund Agencies!*

We encourage you to SUPPORT THE United Fund of Surry County.

By Mail: United Fund of Surry County  
PO Box 409 ▪ Mount Airy, NC 27030  
or visit [www.unitedfundofsurry.org](http://www.unitedfundofsurry.org)



# JANUARY 2022

Mon	Tue	Wed	Thu	Fri
<b>3</b>  <b>CLOSED</b>	<b>4</b> Homebound Meal Deliveries	<b>5</b>	<b>6</b> 10-11:30 Congregate Members Meal & Packet Pick up 11-12 At home with ECA: Disaster Preparedness	<b>7</b>
<b>10</b> <b>11:30</b> Virtual Facebook Group Chat	<b>11</b> Homebound Meal Deliveries	<b>12</b>	<b>13</b> <b>10-11:30</b> Congregate Members Meal & Packet Pick up	<b>14</b>
<b>17</b>  <b>CLOSED</b>	<b>18</b> Homebound Meal Deliveries  3:00 Virtual snowman craft \$1.50	<b>19</b>	<b>20</b> <b>10-11:30</b> Congregate Members Meal & Packet Pick up	<b>21</b>
<b>24</b> <b>11:30</b> Virtual Facebook Group Chat	<b>25</b> Homebound Meal Deliveries	<b>26</b>	<b>27</b> <b>10-11:30</b> Congregate Members Meal & Packet Pick up	<b>28</b>
<b>31</b> <b>11:30</b> Virtual Facebook Group Chat				Please contact <b>Heather Handy at (336) 368-2012 ext. 203</b> to register for events or if you would like the zoom links for our virtual activities.

**Mission Statement:** To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.

**Heather Handy, Pilot Mountain Senior Center Manager - (336) 368-2012 Ext.203**