



PILOT MOUNTAIN SATELLITE SENIOR CENTER NEWS



Feb. 2022

Important Announcements

Due to the increase in COVID-19 cases, we will not have any in person activities until further notice.

We will continue to provide Meals on Wheels to the homebound and pick-up meals for registered congregate members.



Virtual Classes and Activities:

Monday Morning Check-In: Facebook Group Chat-Mondays at 11:30 AM

Contact Heather Handy to be added to the group chat.

NEW:

Tap Dancing with Cathy: Wednesdays at 1pm on Facebook (No class on Feb. 23rd.)

Virtual Valentine's Sing a long with Judy and Willie- Friday, Feb. 11th at 1pm on Facebook.

Virtual Valentine's Day Party- Monday, Feb. 14th at 2pm
Contact Heather for ZOOM link

All about Black History Month with Cathy at 2pm.

Feb. 2nd- Phyllis Wheatley

Feb. 9th- George Washington Carver

Feb. 16th- Sojourner Truth

Feb. 24th- Booker T Washington

Contact Heather Handy for more information

Find us on Facebook and like our page:

YVEDDI Pilot Mountain Senior Center

Information for Services, Referrals & Assistance

Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

How You Can Give...




The YVEDDI Senior Centers of Surry County are proud United Fund Agencies!

We encourage you to SUPPORT THE United Fund of Surry County.

By Mail: United Fund of Surry County
PO Box 409 ▪ Mount Airy, NC 27030
or visit www.unitedfundofsurry.org



FEBRUARY 2022

Mon	Tue	Wed	Thu	Fri
	1 Homebound Meal Deliveries	2 1:00 Virtual Tap Dancing with Cathy 2:00 All about Black History Month with Cathy- Phyllis Wheatley	3 10-11:30 Congregate Members Meal & Packet Pick up	4
7 11:30 Virtual Facebook Group Chat	8 Homebound Meal Deliveries	9 1:00 Virtual Tap Dancing with Cathy 2:00 All about Black History Month with Cathy- George Washington Carver	10 10-11:30 Congregate Members Meal & Packet Pick up	11 1:00 Virtual Valentine's Sing a long with Judy and Willie
14 11:30 Virtual Facebook Group Chat 2:00 Virtual Valentine's Day Party 	15 Homebound Meal Deliveries	16 1:00 Virtual Tap Dancing with Cathy 2:00 All about Black History Month with Cathy- Sojourner Truth	17 10-11:30 Congregate Members Meal & Packet Pick up	18
21 11:30 Virtual Facebook Group Chat	22 Homebound Meal Deliveries	23	24 10-11:30 Congregate Members Meal & Packet Pick up 1:00 Virtual Tap Dancing with Cathy 2:00 All about Black History Month with Cathy- Booker T Washington	25
28 11:30 Virtual Facebook Group Chat				Please contact Heather Handy at (336) 368-2012 ext. 203 to register for events or if you would like the zoom links for our virtual activities.

Mission Statement: To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.

Heather Handy, Pilot Mountain Senior Center Manager - (336) 368-2012 Ext.203