



YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

December 2021

What's Happening...

We will continue to provide Meals on Wheels and frozen meals for registered congregate members.

Facebook Live Virtual Events!

- Every Wednesday at 11:00am: Exercise with Natalie Williams
- The 1st Wednesday of every month at 10:30 AM: Virtual Safety Programs. Multiple Speakers.

Line Dancing: Every other Wednesday at 12:00 at the park below the center, under the shelter. 606 N. State Street. Instructor (Margaret Anderson) \$3 for seniors and \$5 for under age 55. Call if you need to know what days. Call (336) 679-3596

Go to our YVEDDI Yadkin County Senior Center Facebook page to join in.

Holiday Schedule - December 23-January 3rd

We will return Jan. 4th

Unfortunately, due to the floors needing repairs at the senior center we can not offer in-person activities at this time because of safety concerns. If you know anyone that would like to donate materials, labor or an in-kind donation or if you would like to contribute, please see the Senior Center Manager. A receipt will be provided for tax purposes.

Thank you in advance for your continued support!

I will be in the office at the center if you have any questions, concerns or needs. Please feel free to call. (336) 679-3596

Merry Christmas & Happy New Year!

Lori Moore ::)



Information for Services, Referrals & Assistance Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

How You Can Give...

The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!

We encourage you to SUPPORT THE Yadkin County United Fund

By Mail:
Yadkin County United Fund
205 S. Jackson Street
Yadkinville, NC 27055

Or visit
www.yadkincountyunitedfund.org



DECEMBER 2021

Mon

Tue

Wed

Thu

Fri

<p><i>Merry Christmas & Happy New Year to each and everyone.</i></p> <p><i>Lori Moore</i></p>		<p>1 11:00 Virtual Exercise with Natalie.</p> <p>10:30 Virtual Safety Programs.</p>	<p>2 9:30-11:00 Drive Thru pick-up of Congregate meals.</p>	<p>3</p>
<p>6</p>	<p>7 Homebound Meal Deliveries.</p>	<p>8 11:00 Virtual Exercise with Natalie.</p> <p>12 Line Dancing</p>	<p>9 9:30-11:00 Drive Thru pick-up of Congregate meals.</p>	<p>10</p>
<p>13</p>	<p>14 Homebound Meal Deliveries.</p>	<p>15 11:00 Virtual Exercise with Natalie.</p>	<p>16 9:30-11:00 Drive thru pick-up of Congregate meals</p>	<p>17</p>
<p>20</p>	<p>21 Homebound Meal Deliveries.</p>	<p>22 11:00 Virtual Exercise with Natalie.</p> <p>12 Line Dancing</p>	<p>23 Closed</p>	<p>24 Closed</p>
<p>27 Closed</p>	<p>28 Closed</p> 	<p>29 Closed</p>	<p>30 Closed</p>	<p>31 Closed</p>

Mission Statement: To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.