



PILOT MOUNTAIN SATELLITE SENIOR CENTER NEWS



December 2021

Important Announcements

All safety guidelines must be followed for in-person activities. This includes masks covering the nose and mouth for everyone, vaccinated or not.

If you are sick, please stay home until you are well!

We will continue to provide Meals on Wheels to the homebound and pick-up meals for registered congregate members.

See other side for full calendar of events.

Virtual Classes and Activities:

Monday Morning Check-In: Facebook Group Chat-Mondays at 11:30 AM

Contact Heather Handy to be added to the group chat.

In-Person Classes and Activities:

Must pre-register for all in-person classes/Activities.

NEW: Holiday Painting Class with Katherine Rose Plum - Dec. 1st and 8th
\$8 per class. Includes painting supplies and a pre-sketched holiday scene to paint.

Christmas Caroling with Judy and Willie- December 10th

Refreshments will be served. Call Heather to register.

NEW: Crafting with Ann and Linda - Dec. 14th

Wine Glass Snowman. The class is free however contributions toward craft supplies are accepted and appreciated. Call Heather to register in advance.

Chrismon Class at Pilot Mountain - \$5 per class plus the cost of each kit.

Participants will need to bring small Wire cutters, small needle nose pliers, a ruler and a colored hand towel to class.

Diane's Book Club - A selection of books are available for check out from Charles H. Stone Library. Stop by Pilot Mountain Senior Center or call Heather for available book list .



HOLIDAY CLOSINGS

December 23, 2021 - January 3, 2022.

We will return January 4, 2022

Information for Services, Referrals & Assistance

Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

How You Can Give...



The YVEDDI Senior Centers of Surry County are proud United Fund Agencies!

We encourage you to SUPPORT THE United Fund of Surry County.

By Mail: United Fund of Surry County
PO Box 409 ▪ Mount Airy, NC 27030
or visit www.unitedfundofsurry.org



DECEMBER 2021

Mon	Tue	Wed	Thu	Fri
 	<p>Please contact Heather Handy at (336) 368-0175 ext. 203 to register for events or if you would like the zoom links for our virtual activities.</p>	<p>1 11:15 Bingo 12:00 Tap Dancing w/ Cathy (Aerobics Room) 1:00 Holiday Snowman Painting \$8</p>	<p>2 10-11:30 Congregate Members Meal & Packet Pick up 1:30 Apple Tech Class</p>	<p>3 3:00 Bowling @ Mount Airy Bowling Lanes- \$1.50/game</p>
<p>6 11:30 Virtual Facebook Group Chat 12:30 Knitting Group 12:30 Quilting Group 2:00 Line Dancing with Jene (Aerobics Room) 3:00 Chrismon Craft \$</p>	<p>7 2:00 Cardio Drumming</p>	<p>8 11:15 Bingo 12:00 Tap Dancing w/ Cathy (Aerobics Room) 1:00 Holiday Painting \$8</p>	<p>9 10-11:30 Congregate Members Meal & Packet Pick up</p>	<p>10 1:00 Christmas Caroling with Judy and Willie 3:00 Bowling @ Mount Airy Bowling Lanes- \$1.50/game</p>
<p>13 11:30 Virtual Facebook Group Chat 12:30 Knitting Group 12:30 Quilting Group 2:00 Line Dancing with Jene (Aerobics Room) 3:00 Chrismon Craft \$</p>	<p>14 1:00 Crafting w/ Ann & Linda- Wine Glass Snowman</p>	<p>15 11:15 Bingo 12:00 Tap Dancing w/ Cathy (Aerobics Room) 1:00 Free style Acrylic Painting \$5</p>	<p>16 10-11:30 Congregate Members Meal & Packet Pick up 1:30 Apple Tech Class</p>	<p>17 3:00 Bowling @ Mount Airy Bowling Lanes- \$1.50/game</p>
<p>20 11:30 Virtual Facebook Group Chat 12:30 Knitting Group 12:30 Quilting Group</p>	<p>21 2:00 Cardio Drumming</p>	<p>22 11:15 Christmas Bingo</p>	<p>23 CLOSED</p>	<p>24 CLOSED</p>
<p>27 CLOSED</p>	<p>28 CLOSED</p>	<p>29 CLOSED</p>	<p>30 CLOSED</p>	<p>31 CLOSED</p>



Mission Statement: To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.

Heather Handy, Pilot Mountain Senior Center Manager - (336) 368-2012 Ext.203