



# YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

October 2021

## What's Happening...

**We will continue to provide Meals on Wheels and frozen meals for registered congregate members.**

### Facebook Live Virtual Events!

- Every Wednesday at 12 PM: Exercise with Natalie Williams
- October 6th at 10:30 AM: Scams & Safety with Dept. Diaz with the Yadkin County Sherriff's Office

### October 14th from 1-3pm: Drive Thru Flu Shots

**Bring your drivers license and insurance card. Please wear a mask.**

**October 21st from 5:00 –7:00 PM: Senior Mingle** at the Yadkin Valley Senior Center. (121 Delos Martin Drive ▪ Jonesville, NC) Must register with your senior center manager by **10/11/21**. Menu will be chicken pie, green beans, creamed potatoes, roll & dessert.

*Go to our YVEDDI Yadkin County Senior Center Facebook page to join in.*

Unfortunately, due to the floors needing repairs at the senior center we can not offer in-person activities at this time because of safety concerns. If you know anyone that would like to donate materials, labor or an in-kind donation or if you would like to contribute, please see the Senior Center Manager. A receipt will be provided for tax purposes.

Thank you in advance for your continued support!

*I will be in the office at the center if you have any questions, concerns or needs. Please feel free to call. (336) 679-3596*

**Happy Halloween!**



### Information for Services, Referrals & Assistance Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

### Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

### How You Can Give...

**The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!**

**We encourage you to SUPPORT THE Yadkin County United Fund**

By Mail:  
Yadkin County United Fund  
205 S. Jackson Street  
Yadkinville, NC 27055

Or visit  
[www.yadkincountyunitedfund.org](http://www.yadkincountyunitedfund.org)



# OCTOBER 2021



**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

			<p>1 9:30-11:00 Drive Thru pick-up of Congregate meals.</p>	<p>2</p>
<p>4</p>	<p>5 Homebound Meal Deliveries.</p>	<p>6 10:30 Scams and Crime Prevention with Dept. Diaz  12:00 Virtual Exercise with Natalie.</p>	<p>7 9:30-11:00 Drive Thru pick-up of Congregate meals.</p>	<p>8</p>
<p>11</p>	<p>12 Homebound Meal Deliveries.</p>	<p>13 12:00 Virtual Exercise with Natalie.</p>	<p>14 9:30-11:00 Drive thru pick-up of Congregate meals Drive through Flu Shots 1—3pm</p>	<p>15</p>
<p>18</p>	<p>19 Homebound Meal Deliveries.</p>	<p>20 12:00 Virtual Exercise with Natalie.</p>	<p>21 9:30-11:00 Drive Thru pick-up of Congregate meals.  Senior Mingle at Jonesville Senior Center 5—7 Must register by 10/11/21</p>	<p>22</p>
<p>25</p>	<p>26 Homebound Meal Deliveries.</p>	<p>27 12:00 Virtual Exercise with Natalie.</p>	<p>28 9:30-11:00 Drive Thru pick-up of Congregate meals.</p>	<p>29</p>

**Mission Statement:** To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.