



SURRY COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

September 2021

Important Announcements

We will continue to provide Meals on Wheels to the homebound and pick-up meals for registered congregate members.

We would like to remind everyone that the posted safety guidelines must be followed for in-person activities at our facilities. This includes masks covering the nose and mouth for everyone, vaccinated or not.

If you are sick, please stay home until you are well!

Virtual Classes and Activities:

Monday Morning Check-In: Facebook Group Chat—Mondays at 11:30 AM

Contact Carolyn Gentry or Heather Handy to be added to the group chat.

Virtual Event: Zoom Meetings Made Easy Part 1- Facebook Group Chat. Join us on Tuesday, September 14th at 2:00 to learn the basics of Zoom Meetings, including how to download the app, how to join the meeting, sharing your screen, etc.

Virtual Event: Zoom Meetings Made Easy Part 2- Join us on Tuesday, September 21st at 2:00. Contact the senior center for the Zoom Link.

In Person Classes and Activities:

Drug Take Back Event at the Pilot Mtn. Senior Center: On Friday, Sept. 17th at 1:00, officer Horn of the Pilot Mtn. Police Department will be at the PMSC to accept prescription and over the counter medications for disposal. No liquid or ointments will be accepted.

VAYA Health Presentation at the Pilot Mountain Senior Center: On Thursday, September 9th at 1:30 a representative from VAYA Health will be at the senior center in Pilot Mountain to discuss Substance Use, Misuse, and the Opioid Crisis.

Technology Classes: Call the Senior Center to register for the Technology Classes. We will be learning how to use the tools available on our smart phones and tablets! We have loaner tablets available for those who don't have a smartphone!

Calendar: All activities for Pilot Mountain and Mount Airy are listed on the calendars with the exception of the Mayberry Squares, which meets on the first and third Sunday evenings at 6:00 at the Mount Airy Senior Center.

If you have any questions about our senior center activities or events, please call:
Carolyn Gentry, Mt. Airy ▪ (336) 415-4225
Heather Handy, Pilot Mountain ▪ (336) 368-2012 ext. 203

Information for Services, Referrals & Assistance

Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

How You Can Give...

The YVEDDI Senior Centers of Surry County are proud United Fund Agencies!
We encourage you to SUPPORT THE United Fund of Surry County.

By Mail: United Fund of Surry County
PO Box 409 ▪ Mount Airy, NC 27030
or visit www.unitedfundofsurry.org



MOUNT AIRY: SEPT. 2021



Mon	Tue	Wed	Thu	Fri
		1 10:00 Tai Chi 3:00 Quarter Bingo 3:30 Shag w/Linda	2 2:00 Android Tech Class 3:00 Android Tech Class	3 10:00 Tai Chi @ MA Library 11:00 Line Dance w/ Blanche 3:00 Bowling @ Mount Airy Bowling Lanes-\$1.50/game
6 CLOSED	7 9:00 All Day Scrapbooking 9:00 Paint with Phyllis \$2 1:00 Busy Fingers Crochet 2:30 Android Tech Class 3:30 Android Tech Class	8 10:00 Tai Chi 3:00 Quarter Bingo 3:30 Shag w/Linda	9 10:00 Apple Tech Class 11:00 Apple Tech Class 2:00 Android Tech Class 3:00 Android Tech Class	10 10:00 Tai Chi @ MA Library 11:00 Line Dance w/ Blanche 2:00 Android Tech Class 3:00 Android Tech Class 3:00 Bowling @ Mount Airy Bowling Lanes-\$1.50/game
13 10:00 Yoga with Heather 9:30 Multi-Media Art Class with Andrea Morrison \$ 10:00 Yoga Lite 11:00 Line Dance w/Jene 11:30 Virtual Facebook Group Chat 1:30 Scrapbooking 7:00 Shag w/Linda	14 9:00 Paint with Phyllis \$2 1:00 Busy Fingers Crochet 2:00 Virtual Event—Zoom Meetings Made Easy Part 1 Facebook Group Chat 3:00 African American Historical and Genealogical Society Meeting	15 10:00 Tai Chi 3:00 Quarter Bingo 3:30 Shag w/Linda	16 10:00 Apple Tech Class 11:00 Apple Tech Class 11:30 Chapters book club 2:00 Android Tech Class 3:00 Android Tech Class	17 10:00 Tai Chi @ MA Library 11:00 Line Dance w/ Blanche 1:00 Writers' Club 2:00 Android Tech Class 3:00 Android Tech Class 3:00 Bowling @ Mount Airy Bowling Lanes-\$1.50/game
20 9:30 Multi-Media Art Class with Andrea Morrison \$ 10:00 Yoga Lite 11:00 Line Dance w/Jene 11:30 Virtual Facebook Group Chat 1:30 Scrapbooking 7:00 Shag w/Linda	21 9:00 Paint with Phyllis \$2 1:00 Busy Fingers Crochet 2:00 Virtual Event—Zoom meetings made easy Part 2 - contact the senior center for the Zoom link	22 10:00 Tai Chi 3:00 Quarter Bingo 3:30 Shag w/Linda	23 10:00 Apple Tech Class 11:00 Apple Tech Class 2:00 Android Tech Class 3:00 Android Tech Class	24 10:00 Tai Chi @ MA Library 11:00 Line Dance w/ Blanche 2:00 Android Tech Class 3:00 Android Tech Class 3:00 Bowling @ Mount Airy Bowling Lanes-\$1.50/game
27 9:30 Multi-Media Art Class with Andrea Morrison \$ 10:00 Yoga Lite 11:00 Line Dance w/Jene 11:30 Virtual Facebook Group Chat 1:30 Scrapbooking 7:00 Shag w/Linda	28 9:00 Paint with Phyllis \$2 1:00 Busy Fingers Crochet	29 10:00 Tai Chi 3:00 Prize Bingo 3:30 Shag w/Linda	30 10:00 Apple Tech Class 11:00 Apple Tech Class	Please contact Carolyn Gentry at (336) 415-4225 to register for events or if you would like the zoom links for our virtual activities.

Mission Statement: To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.

PILOT MOUNTAIN: SEPT. 2021



Mon	Tue	Wed	Thu	Fri
		1 11:15 Bingo 1:00 Acrylic Painting \$5	2 1:00 Android Tech Class 2:00 Android Tech Class	3
6 CLOSED	7 2:00 Apple Tech Class 3:00 Apple Tech Class	8 11:15 Bingo 1:00 Acrylic Painting \$5	9 10:30 Vaya Health– Substance Use, Misuse and the Opioid Crisis 1:00 Android Tech Class 2:00 Android Tech Class	10
13 11:30 Virtual Facebook Group Chat 12:30 Knitting Group 2:00 Line Dancing with Jene (Aerobics Room) 2:00 Apple Tech Class 3:00 Apple Tech Class	14 2:00 Apple Tech Class 3:00 Apple Tech Class	15 11:15 Bingo 1:00 Acrylic Painting \$5	16 11:00 Diane’s Book Club 1:00 Android Tech Class 2:00 Android Tech Class	17 1:00 Drug Take Back with Officer Horn
20	21	22 1:00 Acrylic Painting \$5	23	24
27 11:30 Virtual Facebook Group Chat 12:30 Knitting Group 2:00 Line Dancing with Jene (Aerobics Room)	28 2:00 Apple Tech Class 3:00 Apple Tech Class	28 11:15 Bingo 1:00 Acrylic Painting \$5	30 1:00 Android Tech Class 2:00 Android Tech Class	Please contact Heather Handy at (336) 368-0175 ext. 203 to register for events or if you would like the zoom links for our virtual activities.

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