



YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

September 2021

What's Happening...

We will continue to provide Meals on Wheels and frozen meals for registered congregate members.

Facebook Live Virtual Events!

- **Every Wednesday at 12 pm: Exercise with Natalie Williams**
- **The 1st Wednesday of the month at 10:30 am: Safety & Scam Programs** with Dept. Diaz from the Yadkin County Sherriff's Department.

Technology Classes

Android— Sept. 1st, 8th, 15th, 22nd from 10am-12pm

Apple—Sept. 1st, 8th, 15th, 22nd from 1pm-3pm

Go to our YVEDDI Yadkin County Senior Center Facebook page to join in.

If you have access to the internet or a smart phone but do not have Facebook, call Lori if you need assistance on set up.

Mark Your Calendar

Cigna Medicare & Yadkin County Senior Center will be hosting an open enrollment seminar on October 19, 2021 at 1:00 pm. You must RSVP to Nancy Crane (Cigna Benefits Advisor) at (704) 449-7801.

Unfortunately, due to the floors needing repairs at the senior center we can not offer in-person activities at this time because of safety concerns. If you know anyone that would like to donate materials, labor or an in-kind donation or if you would like to contribute, please see the Senior Center Manager. A receipt will be provided for tax purposes.

Thank you in advance for your continued support!

Information for Services, Referrals & Assistance

Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

How You Can Give...

The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!

We encourage you to SUPPORT THE Yadkin County United Fund


By Mail:
Yadkin County United Fund
205 S. Jackson Street
Yadkinville, NC 27055

Or visit

www.yadkincountyunitedfund.org



SEPTEMBER 2021

Mon	Tue	Wed	Thu	Fri
		<p>1 10:30 am: Virtual Safety & Scam Programs with Dept. Diaz from the Yadkin County Sherriff's Department.</p> <p>Android 10-12 Apple 1-3</p>	<p>2 9:30-11:00 Drive Thru pick-up of Congregate meals.</p>	3
<p>6 CLOSED Happy Labor Day</p>	<p>7 Homebound Meal Deliveries.</p>	<p>8 12:00 Virtual Exercise with Natalie.</p> <p>Android 10-12 Apple 1-3</p>	<p>9 9:30-11:00 Drive Thru pick-up of Congregate meals.</p>	10
13	<p>14 Homebound Meal Deliveries.</p>	<p>15 12:00 Virtual Exercise with Natalie.</p> <p>Android 10-12 Apple 1-3</p>	<p>16 9:30-11:00 Drive thru pick-up of Congregate meals</p>	17
20	<p>21 Homebound Meal Deliveries.</p>	<p>22 12:00 Virtual Exercise with Natalie.</p> <p>Android 10-12 Apple 1-3</p>	<p>23 9:30-11:00 Drive Thru pick-up of Congregate meals.</p>	24
27	<p>28 Homebound Meal Deliveries.</p>	<p>29 12:00 Virtual Exercise with Natalie.</p> <p>Android 10-12 Apple 1-3</p>	<p>30 9:30-11:00 Drive Thru pick-up of Congregate meals.</p>	

Mission Statement: To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.