



YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

July 2021

What's Happening...

This center will remain closed due to Covid-19 at least until July 31st. We will continue to provide Meals on Wheels and frozen meals for registered congregated members.



Facebook Live Virtual Events!

- **Every Wednesday at 12 pm: Exercise with Natalie Williams**
- **The 1st Wednesday of the month at 10:30 am: Safety & Scam Programs** with Dept. Diaz from the Yadkin County Sheriff's Department.

Go to our YVEDDI Yadkin County Senior Center Facebook page to join in.

If you have access to the internet or a smart phone but do not have Facebook, call Lori if you need assistance on set up.

I will be in the office at the center if you have any questions, concerns or needs. Please feel free to call. (336) 679-3596



Volunteer Opportunities Available

Call YVEDDI R.S.V.P at (336) 415-4247

Information for Services, Referrals & Assistance

Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

How You Can Give...

The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!

We encourage you to SUPPORT THE Yadkin County United Fund

By Mail:
Yadkin County United Fund

205 S. Jackson Street
Yadkinville, NC 27055

Or visit

www.yadkincountyunitedfund.org



JULY 2021





Mon

Tue

Wed

Thu

Fri

			<p>1 What do Dentist call x-rays?? Toothpicks! LOL 9:30-11:00 Drive Thru pick-up of Congregate meals.</p>	<p>2 The country will never be a good place to live in unless we make it a good place for all of us to live in. <i>Theodore Roosevelt</i></p>
<p>5 CLOSED</p> 	<p>6 Homebound Meal Deliveries.</p>	<p>7 10:30 am: Virtual Safety & Scam Programs with Dept. Diaz from the Yadkin County Sherriff's Department. 12:00 Virtual Exercise with Natalie.</p>	<p>8 Did you hear about the restaurant that opened on the moon?? It had great food but, no atmosphere. 9:30-11:00 Drive Thru pick-up of Congregate meals.</p>	<p>9 The life of the nation is secure only while the nation is honest, truthful and virtuous. <i>Fredrick Douglass</i></p>
<p>12 I like to see a man proud of the place in which he lives, I like to see a man live so that his place will be proud of him. <i>Abraham Lincoln</i></p>	<p>13 Homebound Meal Deliveries.</p>	<p>14 12:00 Virtual Exercise with Natalie.</p>	<p>15 What did one ocean say to the other ocean?/ Nothing, it just waved. LOL 9:30-11:00 Drive thru pick-up of Congregate meals</p>	<p>16 America will never be destroyed from the outside. If we falter or lose our freedoms, it will be because we destroyed ourselves. <i>Abraham Lincoln</i></p>
<p>19 The soldier, above all other people, prays for peace, for he must suffer and bear the deepest wounds and scars of war.</p>	<p>20 Homebound Meal Deliveries.</p>	<p>21 12:00 Virtual Exercise with Natalie.</p>	<p>22 There is a fine line between numerator & denominator.....Only a fraction of people will get this joke!! 9:30-11:00 Drive Thru pick-up of Congregate meals.</p>	
<p>26 The rights of man come not from generosity of the state but from the hand of GOD. <i>J.F.K.</i></p>	<p>27 Homebound Meal Deliveries.</p>	<p>28 12:00 Virtual Exercise with Natalie.</p>	<p>29 Did you hear about the fire at the circus? It was tents!! LOL 9:30-11:00 Drive Thru pick-up of Congregate meals.</p>	<p>30</p>

Mission Statement: To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.