



YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

August 2021

What's Happening...

This center will remain closed due to Covid-19 at least until Aug. 31st. We will continue to provide Meals on Wheels and frozen meals for registered congregated members.

Facebook Live Virtual Events!

- **Every Wednesday at 12 pm: Exercise with Natalie Williams**
- **The 1st Wednesday of the month at 10:30 am: Safety & Scam Programs** with Dept. Diaz from the Yadkin County Sheriff's Department.

Technology Classes

Android— August 9th,16th,23rd,30th from 1-3pm

Apple—August 10th,17th, 24th, 31st from 1-3pm

Go to our YVEDDI Yadkin County Senior Center Facebook page to join in.

If you have access to the internet or a smart phone but do not have Facebook, call Lori if you need assistance on set up.



Unfortunately, due to the floors needing repairs at the senior center we can not offer in-person activities at this time because of safety concerns.

If you know anyone that would like to donate materials, labor or an in-kind donation or if you would like to contribute, please see the Senior Center Manager. I receipt will be provided for tax purposes.

Thank you in advance for your continued support!

I will be in the office at the center if you have any questions, concerns or needs. Please feel free to call. (336) 679-3596

Information for Services, Referrals & Assistance

Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

How You Can Give...

The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!

We encourage you to SUPPORT THE Yadkin County United Fund



By Mail:
Yadkin County United Fund
205 S. Jackson Street
Yadkinville, NC 27055

Or visit

www.yadkincountyunitedfund.org



AUGUST 2021

Mon	Tue	Wed	Thu	Fri
<p>2</p> <p>What do you call bears with no ears?</p> <p>A, B!! LOL</p>	<p>3</p> <p>Homebound Meal Deliveries.</p>	<p>4</p> <p>10:30 am: Virtual Safety & Scam Programs with Dept. Diaz from the Yadkin County Sherriff's Department.</p>	<p>5</p> <p>9:30-11:00 Drive Thru pick-up of Congregate meals.</p>	<p>6</p> <p>I told my physical therapist I broke my arm in two places.</p> <p>He told me to stop going to those places.</p> <p>Ha Ha</p>
<p>9</p> <p>Android Class 1-3pm</p>	<p>10</p> <p>Homebound Meal Deliveries. Apple Class 1-3pm</p>	<p>11</p> <p>12:00 Virtual Exercise with Natalie.</p>	<p>12</p> <p>9:30-11:00 Drive Thru pick-up of Congregate meals.</p>	<p>13</p> <p>Did you hear the watermelon joke?</p> <p>It's pitiful.</p> <p>LOL Corny!</p>
<p>16</p> <p>Android Class 1-3pm</p>	<p>17</p> <p>Homebound Meal Deliveries. Apple Class 1-3pm</p>	<p>18</p> <p>12:00 Virtual Exercise with Natalie.</p>	<p>19</p> <p>9:30-11:00 Drive thru pick-up of Congregate meals</p>	<p>20</p> <p><i>How does the moon cut his hair?</i></p> <p><i>He Eclipse it!! LOL</i></p>
<p>23</p> <p>Android Class 1-3pm</p>	<p>24</p> <p>Homebound Meal Deliveries. Apple Class 1-3pm</p>	<p>25</p> <p>12:00 Virtual Exercise with Natalie.</p>	<p>26</p> <p>9:30-11:00 Drive Thru pick-up of Congregate meals.</p>	<p>27</p> <p>There are four stages of age You forgot names. You forgot faces. You forgot to zip down. Then finally you forgot to zip up!!! :))</p>
<p>30</p> <p>Android Class 1-3pm</p>	<p>31</p> <p>Homebound Meal Deliveries. Apple Class 1-3pm</p>			

Mission Statement: To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.