



SURRY COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

July 2021

Important Announcements



We will continue to provide Meals on Wheels to the homebound and pick-up meals for registered congregate members.

As we cautiously begin our reopening, we would like to remind everyone that the posted safety guidelines must be followed for in-person activities. The guidelines are posted in each room at both senior centers.

Virtual Classes and Activities:

Monday Morning Check-In: Facebook Group Chat—Mondays at 11:30 AM
Contact Carolyn Gentry or Heather Handy to be added to the group chat.

Beginning Genealogy Class July 22nd at 10:00: Carolyn will teach us some of the basic steps to tracing your family's roots using Family Search. Contact Carolyn Gentry or Heather Handy to get the Zoom information.

In Person Classes and Activities:

Technology Classes: Call the Senior Center to register for the Technology Classes. We will be learning how to use the tools available on our smart phones and tablets! We have loaner tablets available for those who don't have a smartphone!

Quarter Bingo/Prize Bingo (Mount Airy): We are moving into the auditorium to hold quarter Bingo! The last Wednesday of the month will be "Prize Bingo", so leave your quarters at home on the 28th!

Pillow Class July 26th at 3:00 (Mount Airy): Carmen Long of the Surry County Extension Office will be showing us different ways you can easily make pillows and cover existing pillows to dress up your home!

Mobile Mammogram Clinic August 10th: We are sponsoring a mobile mammogram clinic at the Pilot Mountain Senior Center. This is for women ages 40+. Please contact Heather Handy at the Pilot Mountain Senior Center (336-368-2012 ext. 203) to be added to the schedule. Space is limited, so call as soon as possible!

Reopening Celebrations: We are planning Ice Cream Socials in Pilot Mountain (July 30th) and Mt. Airy (July 23rd) to celebrate our reopening! Ice Cream, Games, and Prizes! You must call the senior center to register for this event! Space is limited.

Carolyn Gentry, Mt. Airy ▪ (336) 415-4225
Heather Handy, Pilot Mountain ▪ (336) 368-2012 ext.203

Calendar (Next Page): All activities for Pilot Mountain and Mount Airy are listed in the calendar with the exception of the Mayberry Squares, which meets on the first and third Sunday evenings at 6:00.

Information for Services, Referrals & Assistance

Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

Services Offered Through Information, Referral and Assistance:


- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services

How You Can Give...

The YVEDDI Senior Centers of Surry County are proud United Fund Agencies!
We encourage you to SUPPORT THE United Fund of Surry County.

By Mail: United Fund of Surry County
PO Box 409 ▪ Mount Airy, NC 27030
or visit www.unitedfundofsurry.org



Mon	Tue	Wed	Thu	Fri
Please contact Carolyn Gentry or Heather Handy if you would like the zoom links for our virtual activities and events.			1	2
5 HOLIDAY	6 8:30 Coffee Club, Pilot 2:00 Tech Class, Pilot 9:00 All day scrapbooking MA 9:00 Paint with Phyllis MA \$2 1:00 Busy Fingers MA 7:00 Ballroom Dance, MA	7 8:30 Coffee Club, Pilot 10:30 Bingo, Pilot 10:00 Tai Chi, Mt. Airy 1:00 Tech Class, Mt. Airy 3:00 Quarter Bingo - MA 3:30 Shag w/Linda, MA 5:30 Line Dance w/Jene, MA	8 8:30 Coffee Club, Pilot 2:00—Tech Class, Pilot Mtn.	9 8:30 Coffee Club, Pilot 10:00 Tai Chi, MA Library 11:00 Line Dance w/Blanche, MA 3:00 Bowling, MA, \$1.50/Game at the Bowling Lanes
12 8:30 Coffee Club, Pilot 2:30 Knitting Group, Pilot 11:30 Virtual Check-in— Facebook Group Chat 9:00 Yoga w/Heather, MA 1:00—Tech Class, MA 7:00 Shag w/Linda, MA	13 8:30 Coffee Club, Pilot 2:00 Tech Class, Pilot 9:00 Paint with Phyllis MA \$2 1:00 Busy Fingers MA 7:00 Ballroom Dance, MA	14 8:30 Coffee Club, Pilot 10:30 Bingo, Pilot 10:00 Tai Chi, Mt. Airy 11:00 Ukulele Class, MA 1:00 Tech Class, Mt. Airy 3:00 Quarter Bingo - MA 3:30 Shag w/Linda, MA 5:30 Line Dance w/Jene, MA	15 8:30 Coffee Club, Pilot 2:00—Tech Class, Pilot Mtn. 11:30 Chapters book club, MA	16 8:30 Coffee Club, Pilot 10:00 Tai Chi, MA Library 11:00 Line Dance w/Blanche, MA (at the farmers market) 3:00 Bowling, MA, \$1.50/ Game at the Bowling Lanes
19 8:30 Coffee Club, Pilot 2:30 Knitting Group, Pilot 11:30 Virtual Check-in— Facebook Group Chat 1:00—Tech Class, MA 1:30 Scrapbooking group, MA 7:00 Shag w/Linda, MA	20 8:30 Coffee Club, Pilot 2:00 Tech Class, Pilot 9:00 Paint with Phyllis MA \$2 1:00 Busy Fingers MA 7:00 Ballroom Dance, MA	21 8:30 Coffee Club, Pilot 10:30 Bingo, Pilot 1:00 Acrylic Painting, Pilot \$5 10:00 Tai Chi, Mt. Airy 1:00 Tech Class, Mt. Airy 3:00 Quarter Bingo - MA 3:30 Shag w/Linda, MA 5:30 Line Dance w/Jene, MA	22 8:30 Coffee Club, Pilot 2:00—Tech Class, Pilot Mtn. 10:00 Genealogy Class (Virtual) Call the senior center to get the Zoom Link Information.	23 8:30 Coffee Club, Pilot 10:00 Tai Chi, MA Library 11:00 Line Dance w/Blanche, MA 3:00 Bowling, MA, \$1.50/Game at the Bowling Lanes 1:00 Special Event Reopening Celebration Ice Cream Social, MA Must call to register
26 8:30 Coffee Club, Pilot 2:30 Knitting Group, Pilot 11:30 Virtual Check-in— Facebook Group Chat 10:00 Yoga Lite, MA 1:00 Tech Class, MA 1:30 Scrapbooking group, MA 3:00 Pillow Class w/Carmen 7:00 Shag w/Linda, MA	27 8:30 Coffee Club, Pilot 9:00 Paint with Phyllis MA \$2 1:00 Busy Fingers MA 7:00 Ballroom Dance, MA	28 8:30 Coffee Club, Pilot 10:30 Bingo, Pilot 1:00 Acrylic Painting, Pilot \$5 10:00 Tai Chi, Mt. Airy 11:00 Ukulele Class, MA 1:00 Tech Class, Mt. Airy 3:00 Prize Bingo - MA 3:30 Shag w/Linda, MA 5:30 Line Dance w/Jene, MA	29 8:30 Coffee Club, Pilot 2:00—Tech Class, Pilot Mtn. 3:00—Tech Class, Pilot Mtn.	30 8:30 Coffee Club, Pilot 10:00 Tai Chi, MA Library 11:00 Line Dance w/Blanche, MA 3:00 Bowling, MA, \$1.50/Game at the Bowling Lanes 1:00 Special Event Reopening Celebration Ice Cream Social, Pilot Must call to register

Mission Statement: To improve and maintain independent - wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.