



SURRY COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

June 2021

Important Announcements

This center will remain closed due to Covid-19 at least until June 30th We will continue to provide Meals on Wheels and frozen meals for registered congregate members.

The Surry County Senior Centers in Mt. Airy and Pilot Mountain will hold in person technology classes beginning this month, but you must call to register.

Virtual Activities — Facebook Group Chat:

Monday Morning Check-In: Mondays at 11:30 AM

Call Carolyn at the senior center to be added to the group chat.

June 4th at 11:00 AM: (Virtual Activity) Welcome to Medicare — Free Medicare Seminar— Senior's Health Insurance Information Program (SHIIP) will be conducting the webinar. This is open to anyone new to Medicare or interested in learning more about Medicare. The seminar will include a question and answer session.

Outdoor Gardening Class with Joanna Radford, Horticulture Agent with the Agriculture Extension Office: Tuesdays at 11:00 AM. (Weather permitting.) These classes take place at the Jones Family Resource Center in the senior gardens area.

Parking Lot Bingo in Mt. Airy: Every Wednesday at 3:00 PM (weather permitting! If it's raining, Bingo will be virtual.)

Technology Classes (in Person): Call the Senior Center to register for upcoming technology classes. Learn how to use the tools available on your smart phone or tablet! Loaner devices are available! Dates and times of classes to be determined.

Information for Services, Referrals & Assistance

Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care



Heather Handy was recently hired to serve as the Pilot Mountain Senior Nutrition and Senior Center Manager. She will be responsible for running the Meals on Wheels and Congregate Nutrition programs and senior center activities. Heather lives with her husband and daughter in East Bend, NC.

Heather has a history of working with seniors and has a 2 year degree with human services and a concentration in gerontology.

Heather is very excited about the opportunity to meet everyone and making the Pilot Senior Center a happy, vibrant, and exciting place to be!

How You Can Give...

The YVEDDI Senior Centers of Surry County are proud United Fund Agencies!
We encourage you to SUPPORT THE United Fund of Surry County.

By Mail: United Fund of Surry County
PO Box 409 • Mount Airy, NC 27030
or visit www.unitedfundofsurry.org



Mon	Tue	Wed	Thu	Fri
	<p>1</p> <p>11:00 Outdoor Gardening Class in Mt. Airy</p> <p>2:00—Technology Class in Pilot Mtn., call to register</p>	<p>2</p> <p>3:00 PM Parking Lot Bingo (weather permitting)</p>	<p>3</p> <p>2:00—Technology Class in Pilot Mtn., call to register</p>	<p>4</p> <p>11:00 AM—Virtual Class—Welcome to Medicare—Contact the senior center to get the Zoom information</p>
<p>7</p> <p>11:30—Monday Morning Check-in—Facebook Group Chat</p> <p>1:00—Technology Class in Mt. Airy, call to register</p>	<p>8</p> <p>11:00 Outdoor Gardening Class in Mt. Airy</p> <p>2:00—Technology Class in Pilot Mtn., call to register</p>	<p>9</p> <p>1:00—Technology Class in Mt. Airy, call to register</p> <p>3:00 PM Parking Lot Bingo (weather permitting)</p>	<p>10</p> <p>2:00—Technology Class in Pilot Mtn., call to register</p>	<p>11</p>
<p>14</p> <p>11:30—Monday Morning Check-in—Facebook Group Chat</p> <p>1:00—Technology Class in Mt. Airy, call to register</p>	<p>15</p> <p>11:00 Outdoor Gardening Class in Mt. Airy</p> <p>2:00—Technology Class in Pilot Mtn., call to register</p>	<p>16</p> <p>1:00—Technology Class in Mt. Airy, call to register</p> <p>3:00 PM Parking Lot Bingo (weather permitting)</p>	<p>17</p> <p>2:00—Technology Class in Pilot Mtn., call to register</p>	<p>18</p>
<p>21</p> <p>11:30—Monday Morning Check-in—Facebook Group Chat</p> <p>1:00—Technology Class in Mt. Airy, call to register</p>	<p>22</p> <p>11:00 Outdoor Gardening Class in Mt. Airy</p> <p>2:00—Technology Class in Pilot Mtn., call to register</p>	<p>23</p> <p>1:00—Technology Class in Mt. Airy, call to register</p> <p>3:00 PM Parking Lot Bingo (weather permitting)</p>	<p>24</p> <p>2:00—Technology Class in Pilot Mtn., call to register</p>	<p>25</p>
<p>28</p> <p>11:30—Monday Morning Check-in—Facebook Group Chat</p> <p>1:00—Technology Class in Mt. Airy, call to register</p>	<p>29</p> <p>11:00 Outdoor Gardening Class in Mt. Airy</p> <p>2:00—Technology Class in Pilot Mtn., call to register</p>	<p>30</p> <p>1:00—Technology Class in Mt. Airy, call to register</p> <p>3:00 PM Parking Lot Bingo (weather permitting)</p>		<p>Please contact Carolyn Gentry at (336) 415-4225 if you would like the zoom links for our virtual activities and events.</p>

Mission Statement: To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.