



# YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

June 2021

## What's Happening...

**This center will remain closed due to Covid-19 at least until June 30th We will continue to provide Meals on Wheels and frozen meals for registered congregante members.**

### Facebook Live Virtual Events!

- **Every Wednesday morning at 9:30 am: Exercise with Natalie Williams**

*You may come in the center to exercise as long as the class permits enough space to social distance, follow mask & safety instructions. Please note: This will be on a LIVE video on Facebook during this time.*

- **The 1st Wednesday of the month at 10:30 am: Safety & Scam Programs** with Dept. Diaz from the Yadkin County Sherriff's Department. *Join us virtual on June 2nd to learn more about **Home Security** for seniors*

Go to our YVEDDI Yadkin County Senior Center Facebook page to join in.

### Fitness & Safety is a top priority for us all :)

Android Classes will be held at the Yadkin County Senior Center every Tuesday in June From 12:30pm-4:30pm. Class is filling up, so contact the center if you are interested in registering.

### **Guidelines must be followed when attending in-person events.**

*If you have access to the internet or a smart phone but do not have Facebook, call Lori if you need assistance on set up.*

I will be in the office at the center if you have any questions, concerns or needs. Please feel free to call. (336) 679-3596

Love and miss you all.

Lori Moore, Senior Center Manager

### Information for Services, Referrals & Assistance

#### Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregante Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

#### Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care



#### How You Can Give...

**The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!**


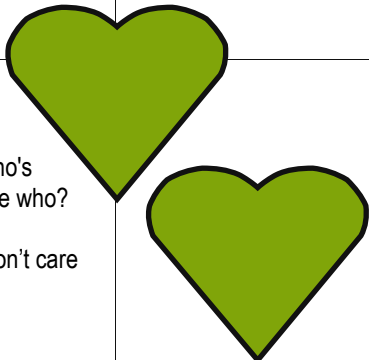

**We encourage you to SUPPORT THE Yadkin County United Fund**

**By Mail:**  
Yadkin County United Fund  
205 S. Jackson Street  
Yadkinville, NC 27055

Or visit  
[www.yadkincountyunitedfund.org](http://www.yadkincountyunitedfund.org)



# JUNE 2021

Mon	Tue	Wed	Thu	Fri
	1	2 9:30 am Virtual Facebook Live Exercise with Natalie Williams.  1st Wednesday of the month at 10:30 am: Safety & Scam Programs with Dept. Diaz from the Yadkin County Sherriff's Department.	3  What do you call a thieving alligator?  A Crookodile !!  :)	4  What do you call a bee that cant make up his mind?  A Maybe!  LOL
7 My parents didn't want to move to Florida but, when they turn 60, that's the law..... Jerry Seinfeld	8  Android Classes  12:30pm-4:30pm	9 9:30 am Virtual Facebook Live Exercise with Natalie Williams.	10  You are like dan-druff,,,, because I just cant get you out of my head no matter how hard I try.	11  You are like asthma... You take my breath away.
14 At the restaurant the sign read, " Karaoke Tonight" Grandma studied it before asking,, What kind of fish is that???	15  Android Classes  12:30pm-4:30pm	16 9:30am Virtual Facebook Live Exercise with Natalie Williams.	17  Knock, knock. Who's there? Olive. Olive who?  Olive you and I don't care who knows.	
21  Please remember to limit your outdoor activities in extremely hot temperatures!!	22  Android Classes  12:30pm-4:30pm	23 9:30am Virtual Facebook Live Exercise with Natalie Williams	24  I handed a photo of my parents to my grandson and ask " do you think I look like them? He said,, not yet!!  LOL	25  How are stars like false teeth?  They both come out at night!  Tee, Hee, Hee!!
28 What kind of shoes does a lazy person wear??  Loafers!!	29  Android Classes  12:30pm-4:30pm	4: What do you get when you cross a snowman with a vampire?  Frostbite!! LOL		

**Mission Statement:** To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.