



# SURRY COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

May 2021

## Important Announcements

**This center will remain closed due to Covid-19 at least until May 31st. We will continue to provide Meals on Wheels and frozen meals for registered congregate members.**



### Virtual Activities — Facebook Group Chat:

Monday Morning Check-In: Mondays at 11:30 AM

Call Carolyn at the senior center to be added to the group chat.

### Virtual Activities — Facebook Live Events:

Wednesday at 9:30 AM: Exercise with Natalie Williams (Presented by the YVEDDI Yadkin County Senior Center)

The 1st Wednesday of the month at 10:30 AM: Safety and Scam Programs with Deputy Diaz from the Yadkin County Sheriff's Department (Presented by the YVEDDI Yadkin County Senior Center)

Thursdays at 1:00 PM: Virtual Tai Chi for Beginners. (Presented by the YVEDDI Yadkin Valley Senior Center)

### Parking Lot Bingo: (weather permitting! If it's raining, Bingo will be virtual.)

Every Wednesday at 3:00 PM

### Virtual Class — Advocacy Training with Marsha Lowery, Delegate, NC Senior Tarheel Legislature:

Tuesday, May 11th, at 1:00 PM. Learn how you can advocate for seniors so they can age with dignity and respect. Call the senior center to get Zoom information.

### Outdoor Gardening Class with Joanna Radford, Horticulture Agent with the Agriculture Extension Office:

Tuesdays in May at 11:00 AM beginning May 11th. This class will take place at the Jones Family Resource Center in the senior gardens area.

### Technology Classes:

Call the Senior Center to register for upcoming technology classes. Learn how to use the tools available on your smart phone or tablet! Loaner devices are available! Dates and times of classes to be determined.

### The Tax Filing deadline has been extended to May 17th.

#### Here are some free tax filing websites:

<https://www.myfreetaxes.com/>

<https://www.freetaxusa.com/>

<https://turbotax.intuit.com/personal-taxes/online/file-your-own-taxes/>

<https://www.hrblock.com/filing-options-and-products/>

### Information for Services, Referrals & Assistance

#### Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

#### Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

## How You Can Give...

*The YVEDDI Senior Centers of Surry County are proud United Fund Agencies!*

We encourage you to SUPPORT THE United Fund of Surry County.

By Mail: United Fund of Surry County  
PO Box 409 • Mount Airy, NC 27030  
or visit [www.unitedfundofsurry.org](http://www.unitedfundofsurry.org)



United Fund of Surry

*Remembering the men and women who died while serving our country.  
Happy Memorial Day!*

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31 <b>CLOSED</b> Remembering the men and women who died while serving our country. Happy Memorial Day!				Please contact Carolyn Gentry at (336) 415-4225 if you would like the zoom links for our virtual activities and events.

**Mission Statement:** To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.