



# SURRY COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

March 2021

## Important Announcements

### Happy St. Patrick's Day



**This center will remain closed due to Covid-19 at least until April 30th. We will continue to provide Meals on Wheels and frozen meals for registered congregate members.**

**REMINDER: Daylight Savings Time: Sunday, March 14, 2021**

**Virtual Events and Activities**—Please call 336-415-4225 or email Carolyn Gentry for Zoom link information—[cgentry@yveddi.com](mailto:cgentry@yveddi.com)

### RidgeCrest Retirement Community Presentation

Guest Speaker : Connie Hamlin, Lifestyle Advisor at RidgeCrest

Wednesday, March 3rd, at 2:00 PM

***Those who attend this Zoom meeting will be entered in a drawing for a dinner for two at Ridgecrest's Clubhouse Restaurant***

### Facebook Group Chat - Virtual Activities:

Monday Morning Check-In: Mondays at 11:00 AM

**Zoom Bingo Activity:** Wednesdays at 3:00 PM

### VITA Tax Program:

Currently, our schedule for free tax preparation is completely booked up. Occasionally, there may be a cancellation. Please call Carolyn at (336) 415-4225 to be added to the waiting list. Preparation location: Mt. Airy Public Library

### Free tax filing websites:

<https://www.myfreetaxes.com/>

<https://www.freetaxusa.com/>

<https://turbotax.intuit.com/personal-taxes/online/file-your-own-taxes/>

<https://www.hrblock.com/filing-options-and-products/>

**Senior Games:** Registration Dates: March 1st-April 12th

Registration forms are available at the Senior Center. Please call in advance so we will have the forms ready for you!

**YVEDDI Meals on the Run-5k/10k** Online registration at [www.itsyourrace.com](http://www.itsyourrace.com). All

proceeds go to support the Surry County Meals on Wheels program.

Please call 336-367-3531 for more details.

### Information for Services, Referrals & Assistance

#### Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

#### Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

## How You Can Give...

*The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!*

We encourage you to SUPPORT THE Yadkin County United Fund

By Mail: Yadkin County United Fund  
205 S. Jackson Street • Yadkinville, NC 27055  
Or visit [www.yadkincountyunitedfund.org](http://www.yadkincountyunitedfund.org)



# MARCH 2021

Mon	Tue	Wed	Thu	Fri
1 Monday Morning Check-in Facebook Group Chat at 11:00	2	3 RidgeCrest Presentation (Zoom) 2:00  Zoom Bingo at 3:00	4	5
8 Monday Morning Check-in Facebook Group Chat at 11:00	9	10 Zoom Bingo at 3:00	11	12
15 Monday Morning Check-in Facebook Group Chat at 11:00	16	17 <b>St. Patrick's Day</b> Zoom Bingo at 3:00  	18	19
22 Monday Morning Check-in Facebook Group Chat at 11:00	23	24 Zoom Bingo at 3:00	25	26  Meals on the Run, 5k/10k 8:00AM, Dobson Saturday, March 27th 
29 Monday Morning Check-in Facebook Group 11:00	30	31 Zoom Bingo at 3:00	Please contact Carolyn Gentry at (336) 415-4225 if you would like the zoom links for our virtual activities and events.	

**Mission Statement:** To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.