



SURRY COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

April 2021

Important Announcements

This center will remain closed due to Covid-19 at least until April 30th. We will continue to provide Meals on Wheels and frozen meals for registered congregate members.

Happy Easter!

Virtual Events and Activities—Please call 336-415-4225 or email Carolyn Gentry for Zoom link information—cgentry@yveddi.com

Virtual Activities — Facebook Group Chat:

Monday Morning Check-In: Mondays at 11:30 AM
Call Carolyn to be added to the group chat.

Virtual Activities — Facebook Live Event:

Wednesday at 9:30 AM: Exercise with Natalie Williams (Presented by the YVEDDI Yadkin County Senior Center)

Virtual Activities — Facebook Live Event:

The 1st Wednesday of the month at 10:30 AM: Safety and Scam Programs with Deputy Diaz from the Yadkin County Sheriff's Department (Presented by the YVEDDI Yadkin County Senior Center)

Virtual Activities — Facebook Live Event:

Thursdays at 1:00 PM: Virtual Tai Chi for Beginners. (Presented by the YVEDDI Yadkin Valley Senior Center)

Parking Lot Bingo: (weather permitting! If it's raining, Bingo will be virtual.)

Tuesday, April 6th at 3:00 PM
The following week and until further notice, Bingo will be on Wednesdays at 3:00 PM

The Tax Filing deadline has been extended to May 17th.

Here are some free tax filing websites:

- <https://www.myfreetaxes.com/>
- <https://www.freetaxusa.com/>
- <https://turbotax.intuit.com/personal-taxes/online/file-your-own-taxes/>
- <https://www.hrblock.com/filing-options-and-products/>

Senior Games: Registration Dates: March 1st-April 16th
Registration forms are available at the Senior Center. Please call in advance and we will have the forms ready for you!

Technology Classes: Be on the watch for our upcoming technology classes for beginners! Dates to be determined.

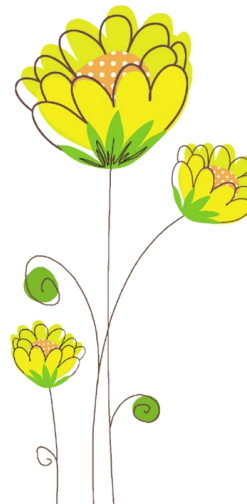
Information for Services, Referrals & Assistance

Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care



How You Can Give...

The YVEDDI Senior Centers of Surry County are proud United Fund Agencies!
We encourage you to SUPPORT THE United Fund of Surry County.

By Mail: United Fund of Surry County
PO Box 409 ▪ Mount Airy, NC 27030
or visit www.unitedfundofsurry.org



APRIL 2021

Mon	Tue	Wed	Thu	Fri
<p>Please contact Carolyn Gentry at (336) 415-4225 if you would like the zoom links for our virtual activities and events.</p>			<p>1</p> <p>APRIL FOOL'S DAY</p>	<p>2</p> <p>CLOSED</p> <p>Good Friday</p>
<p>5 11:30—Monday Morning Check-in—Facebook Group Chat</p>	<p>6 3:00 PM Parking Lot Bingo (weather permitting)</p>	<p>7 9:30 Facebook Live: Exercise with Natalie</p> <p>10:30 Facebook Live: Safety & Scam Programs with Deputy Diaz from the Yadkin County Sherriff's Department</p>	<p>8 1:00 Facebook Live: Tai Chi for beginners.</p>	<p>9</p>
<p>12 11:30—Monday Morning Check-in—Facebook Group Chat</p>	<p>13</p>	<p>14 9:30 Virtual Live—Exercise with Natalie</p> <p>3:00 PM Parking Lot Bingo (weather permitting)</p>	<p>15 1:00 Facebook Live: Tai Chi for beginners.</p>	<p>16</p>
<p>19 11:30—Monday Morning Check-in—Facebook Group Chat</p>	<p>20</p>	<p>21 9:30 Virtual Live—Exercise with Natalie</p> <p>3:00 PM Parking Lot Bingo (weather permitting)</p>	<p>22 1:00 Facebook Live: Tai Chi for beginners.</p>	<p>23</p>
<p>26 11:30—Monday Morning Check-in—Facebook Group Chat</p>	<p>27</p>	<p>28 9:30 Virtual Live—Exercise with Natalie</p> <p>3:00 PM Parking Lot Bingo (weather permitting)</p>	<p>29 1:00 Facebook Live: Tai Chi for beginners.</p>	<p>30</p>

Mission Statement: To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.