

MARCH
2021



YVEDDI Head Start Accepting Applications!



Do you or someone you know have a child that will be 3 or 4 years old on or before August 31, 2021?

If so, you can complete an application for your child NOW for the 2021-2022 school year. Scan the QR code below with your camera to contact us!



SCAN ME



SERVICES OFFERED

- NO COST Preschool Program
- Qualified Nurturing Teachers
- Fun Educational Activities
- Family Services and goal setting
- Healthy meals and snacks

NEEDED FROM PARENTS

- Child's Birth Certificate
- Shot Record
- Proof of income for each parent/caregiver
- Insurance/Medicaid Card

SCHOOL HOURS:

8:00 a.m. – 2:30 p.m.
Monday – Friday

Which Head Start should your child attend? CONTACT:

Phone: (336) 367-4993 Ext. 246

Save Time – Application available Online!

Visit our website: www.yveddi.com and click Head Start

Davie County
(336) 284-2374

Stokes County
Sandy Ridge (336) 871-5022
King (336) 983-2344

Surry County
(336) 786-6155
Ext. 506/507/508

Yadkin County
Boonville (336) 367-7175
Yadkinville (336) 367-4993 Ext. 239

*Head Start is following all required state health guidelines regarding COVID-19 to ensure the health of our staff and the families we serve. We may potentially offer remote services, depending on the status of the pandemic.

Program Mission

Educating children and
empowering families.

YVEDDI Head Start Open Enrollment Event Dates 2021-2022 School Year

Yadkin County

Yadkinville (Yadkinville Head Start - 725 W Main St. Yadkinville, NC 27055)

March 29th – 8:30-4:30pm

March 30th – 1:00-6:00pm

Boonville (Boonville Head Start - 533 N Carolina Ave. Boonville, NC 27011)

April 1st – 1:00-6:00pm

Jonesville (Generations – 220 Winston Rd. Jonesville, NC 28642)

March 29th – 9:00-1:00pm



Stokes County

King (Stokes Partnership – 151 Jefferson Church Rd. King, NC 27021)

March 24th – 9:00-1:00pm

Walnut Cove (Public Library – 106 5th St. Walnut Cove, NC 27052)

March 25th – 1:00-5:00pm

Sandy Ridge (Sandy Ridge Head Start – 1308 Amostown Rd. Sandy Ridge, NC 27046)

April 8th – 1:00-6:00pm

Surry County

Mount Airy (Public Library – 145 Rockford St. Mt. Airy, NC 27030)

March 18th- 10:00-1:00pm

April 15th – 10:00-1:00pm

Mount Airy (Family Resource Center – 215 Jones School Rd. Mt. Airy, NC 27030)

May 3-6 – 3:00-6:00pm

Dobson (Square Park – 110 S Crutchfield St. Dobson, NC 27017)

April 14th – 12:00-4:00pm

Elkin (Oak Grove Head Start – 453 Oak Grove Rd. Elkin, NC 28621)

April 5th – 1:00-6:00pm

Davie County

Mocksville (Public Library- 317 N Main St. Mocksville, NC 27028)

March 24th – 10:00-1:00pm

April (TBD)

Mocksville (Jack G. Koontz Head Start – 7131 NC-801 Mocksville, NC 27028)

March 31st – 3:00-6:00pm

* Parents can call in advance and schedule an appointment with the Family Advocate to do an application either inside the building or in their vehicles. Walk-ins/Drive-ups are also welcome, but will need to call number before entering building and an Advocate will be able to assist them. Masks are strongly encouraged.

** Those who complete their entire application including documentation will be entered into a drawing for a prize! The raffle winner will be announced by the end of April. Dates to be determined.

Holiday Schedule (Administrative Offices)

April 2nd
Good Friday

May
Memorial Day

YVEDDI Head Start Administrative Office

116 Baptist Church Road
Boonville, NC 27011

Ph. (336) 367-4993
Fax (336) 367-4997



Newsletter Editor:
Donna Rutledge, Communications
Specialist

Do you have a child with disabilities?



IDEA - the Individuals with Disabilities Education Act (p. L. 102 -119) was passed by Congress and requires that all states and territories provide a public school education to children with disabilities from ages 3 to 21, no matter how severe their disabilities are.

This law promises to children with disabilities a "free appropriate public education" at public expense, that their educational placement is based on an evaluation of each child's own special needs and that an Individualized Education Program (IEP) is planned for your child and states the services they will receive.

If you have a child with disabilities be sure they are receiving the special education they deserve. If you need further information, please call the Head Start Office at (336) 367-4993 and we will be glad to help.

Fun Ideas for Using Play Things Indoors and Outdoors

HULA HOOPS

Inside:

- Use for target practice (wall, floor, held).
 - Play musical hoops.
 - Practice motor skills.
 - Practice movement concepts.
- Use as personal space or "home-base".
 - Use as a steering wheel.
 - Play partner games.

Outside:

- Roll and chase them.
 - Spin them.
 - Twirl them around body parts.
- Use as target practice (tree, fence, held).

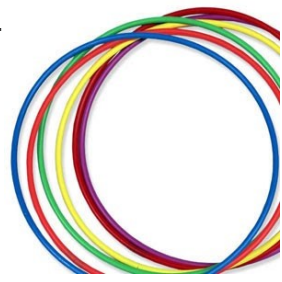
JUMP ROPES

Inside:

- Use to hang targets.
- Create shapes (letters, circles, square, body image, etc.).
 - Place one or more on floor and practice motor skills.
- Suspend off the ground and practice motor skills.
 - Practice movement concepts.
 - Use it to play limbo.
- Use to hang sheets over to create fort/tent/tunnel.

Outside:

- Practice individual or partner jumping.
 - Pull other objects.
 - Use to hang targets.
- Place one or more on floor to practice motor skills.
- Suspend off the ground and practice motor skills.
 - Use it to play limbo.
- Use to hang sheets over to create fort/tent/tunnel.



FAMILY ENGAGEMENT

It is important for YVEDDI Head Start to create and promote an environment where parents and families feel respected, valued, and encouraged to become involved in their child's school experience. Our hope is that parents are truly partners and are involved in all aspects of the program. We encourage you to participate in activities held in their child's classroom.

Each Head Start Center has a Parent Committee that meets monthly for about an hour. This is an opportunity for parents of the center to get together and share ideas and concerns pertaining to their center and their community.

During Parent Committee meetings, we also provide trainings on topics that parents have suggested. These meetings are held the first two weeks of every month. Please check with your child's teacher for the specific times and dates. Your opinion and voice is very important and we hope to see you there.

We also provide opportunities for parents to develop leadership skills, as well as opportunities to advocate within the community. The Policy Council, which meets on a monthly basis, provides opportunities for parents to identify community needs and develop strategies to address those needs.

Parents from each centers' Parent Committees are elected to Policy Council and receive training to help them better understand their roles and responsibilities as members.

Policy Council is comprised of parents, staff, and community partners. Parents are elected into the officer positions of Chair, Vice-Chair and Secretary. It is this group's responsibility to oversee all components of the Head Start program including hiring of staff, program budgets, and program policies.

Parents are encouraged to volunteer in the program. Volunteer opportunities include reading to children, helping teachers with activities, and helping during mealtime. To honor volunteers in our program, we elect a Parent of the Year for our program each year. Our Parent of the Year receives the opportunity to attend the annual North Carolina Head Start Association conference.

Fetal Alcohol Syndrome/Drug Exposed Infants

What is Fetal Alcohol Syndrome? Women who drink during pregnancy may deliver babies with this disorder.

These effects may include:

Slow rate of growth, small head, small wide set eyes, smooth ridge between the upper lip and nose, a very thin upper lip, or other abnormal facial features, below average height and weight, central nervous system symptoms, hyperactivity, lack of focus, poor coordination, delayed development and problems thinking, speech, social skills, poor judgement, vision and hearing issues, learning disabilities, heart problems, kidney defects, deformed limbs or fingers, mood swings, poor coordination.

There is no cure for FAS, but there are treatments for some of the symptoms. The earlier the diagnosis the more progress can be made. They need many doctor or specialist visits. Special education and social services can help. Speech therapists and trained teachers can help toddlers learn to talk. These children need a stable, loving home, with regular routines.

There are no medications that specifically treat FAS. However, several medications may address symptoms like:

Anti-depressants for problems with sadness and negativity. Stimulants for lack of focus, hyperactivity, and behavior issues. Neuroleptics and anti-anxiety drugs to treat anxiety and aggression. Counseling and friendship training teaches kids social skills for interacting with their peers. Parents and siblings might also need help dealing with the challenges of this condition can cause. You can avoid fetal alcohol syndrome by not drinking alcohol during pregnancy. Don't drink if you think you might become pregnant soon and remember, the effects of alcohol can make a mark even during the first weeks of a pregnancy.

If you know someone that is pregnant, please let them know about the dangers of drinking and pregnancy.





NCWorks Online is a one-stop online resource for job seekers and employers in North Carolina. Job seekers can search for jobs, create resumes, and find education and training. Visit the website today www.ncworks.gov or stop by one of the office locations listed below.

<p>Surry County NCWorks Career Center 541 West Pine Street Suite 300 Mount Airy, NC 27030</p>	<p>Phone: (336) 786-4169 Email: ncworks.6200@nccommerce.com</p> <p>Days/Hours of operation: Monday-Friday 8:00 AM-5:00 PM</p>
<p>Yadkin County Workforce Center 1001 College Dr. Yadkinville, NC 27055</p>	<p>Phone: (336) 386-3580 Email: ncworks.9000@nccommerce.com</p> <p>Days/Hours of operation: Monday 8:30 AM-5:00 PM</p>
<p>Davie County Workforce Center 1205 South Salisbury Street Room #115 Mocksville, NC 27028</p>	<p>Phone: (336) 934-3286 Email: ncworks.5800@nccommerce.com</p> <p>Days/Hours of operation: Tuesday 8:00 AM-12:00 PM Thursday 8:00 AM-5:00 PM Friday 8:00 AM-5:00 PM</p>
<p>Forsyth County-NCWorks Career Center 2701 University Parkway Winston Salem, NC 27105</p>	<p>Phone: (336) 464-0520 Email: ncworks.9800@nccommerce.com</p> <p>Days/Hours of operation: Monday-Friday 8:00 AM-5:00 PM</p>

FAMILY ENGAGEMENT AND SCHOOL READINESS

Research shows that when parents are doing well, their children are happier and more successful in school. To help families achieve success, we team each with a Family Advocate. Because each family has different strengths and needs, the support your advocate provides will vary to suit your needs. There are countless ways in which Family Advocates can be a resource.

Some of them include:

- Helping you understand and complete paperwork
- Connecting you to services and resources you need, such as food, housing, medical assistance, or counseling services
- Providing information and support to help you meet your goals for education, job skills, housing, etc.
- Your Family Advocate is working with you to complete a Family Partnership Agreement.

This is a plan you develop together that describes the goals set for your child and family, as well as the steps to meet your goals.



Center Arrival Time

Head Start arrival time is from 8:00 AM – 8:30 A.M. and no child will be accepted after 8:30 A.M. for any reason other than a doctor's appointment.

Please bring a doctor's note to ensure proper documentation of absence. If after the doctor's appointment your child cannot arrive by 10:30, you will need to make other arrangements for the day.

If your child has an appointment, you will need to inform the teacher the day before or by 8:30 the morning of so that lunch can be ordered for your child.



www.NC211.org

Need Help, But Don't Know Where To Turn?
DIAL 2-1-1

Free ▪ Confidential ▪ 24 Hours a Day ▪ Any Language

Your connection to:

- Basic Needs (food, clothing, shelter)
- Child Care Services
- Consumer Help
- Counseling
- Crisis Intervention
- Health Care
- Housing
- Senior Services
- Support Groups
- Volunteer Opportunities

Davie County Schools 2021 Kindergarten Registration Days			
Pinebrook	Complete online forms	Must call for appointment	(336) 998-3868
Shady Grove	Complete online forms	Must call for appointment	(336) 998-4719
Cornatzer	Complete online forms	Must call for appointment	(336) 940-5097
Mocksville	Complete online forms	Must call for appointment	(336) 751-2740
Cooleemee	Complete online forms	Must call for appointment	(336) 284-6618
William R. Davie	Complete online forms	Must call for appointment	(336) 492-5421

Elkin City Schools 2021 Kindergarten Registration Days			
Elkin Elementary	March 1 st	complete online form	336-835-2756

Stokes County 2021 Kindergarten Registration Days			
Germanton Elementary	Complete online forms	Call for assistance	(336) 591-4021
King Elementary	Complete online forms	Call for assistance	(336) 983-5824
Lawsonville Elementary	Complete online forms	Call for assistance	(336) 593-8284
London Elementary	Complete online forms	Call for assistance	(336) 591-7204
Mount Olive Elementary	Complete online forms	Call for assistance	(336) 591-7204
Nancy Reynolds Elementary	Complete online forms	Call for assistance	(336) 351-2480
Pine Hall Elementary	Complete online forms	Call for assistance	(336) 427-3689
Pinnacle Elementary	Complete online forms	Call for assistance	(336) 368-2990
Poplar Springs	Complete online forms	Call for assistance	(336) 985-0234
Sandy Ridge Elementary	Complete online forms	Call for assistance	(336) 871-2400
Walnut Cove Elementary	Complete online forms	Call for assistance	(336) 591-4408

Surry County Schools 2021 Kindergarten Registration Days			
All Elementary Schools Beginners Day	March 5 th , 12 th , 26 th	Must call for appointment	336-386-8211
Cedar Ridge Elementary	March 5 th , 12 th , 26 th	Must call for appointment	336-352-4320
Copeland Elementary	March 5 th , 12 th , 26 th	Must call for appointment	336-374-2572
Dobson Elementary	March 5 th , 12 th , 26 th	Must call for appointment	336-376-8913
Flat Rock elementary	March 5 th , 12 th , 26 th	Must call for appointment	336-786-2910
Franklin Elementary	March 5 th , 12 th , 26 th	Must call for appointment	336-786-2459
Mount Park Elementary	March 5 th , 12 th , 26 th	Must call for appointment	336-874-3933
Pilot Mountain Elementary	March 5 th , 12 th , 26 th	Must call for appointment	336-444-8200
Rockford Elementary	March 5 th , 12 th , 26 th	Must call for appointment	336-374-6300
Shoals Elementary	March 5 th , 12 th , 26 th	Must call for appointment	336-325-2240
Westfield Elementary	March 5 th , 12 th , 26 th	Must call for appointment	336-351-2745
White Plains	March 5 th , 12 th , 26 th	Must call for appointment	336-320-3434

BH Tharrington 2021 Kindergarten Registration Days			
Tharrington Elementary School	March 29 th	8:30 – 3:00	(336) 789-9046

Mental Health in Children: Information for Parents and Caregivers

As a parent or caregiver, you want the best for your children or other dependents. You may be concerned or have questions about certain behaviors they exhibit and how to ensure they get help.

What to Look For

It is important to be aware of warning signs that your child may be struggling. You can play a critical role in knowing when your child may need help. Consult with a school counselor, school nurse, mental health provider, or another health care professional if your child shows one or more of the following behaviors:

- Feeling very sad or withdrawn for more than two weeks
- Seriously trying to harm or kill himself or herself, or making plans to do so
- Experiencing sudden overwhelming fear for no reason, sometimes with a racing heart or fast breathing
- Getting in many fights or wanting to hurt others
- Showing severe out-of-control behavior that can hurt oneself or others
- Not eating, throwing up, or using laxatives to make himself or herself lose weight
- Having intense worries or fears that get in the way of daily activities
- Experiencing extreme difficulty controlling behavior, putting himself or herself in physical danger or causing problems in school
- Using drugs or alcohol repeatedly
- Having severe mood swings that cause problems in relationships
- Showing drastic changes in behavior or personality

Because children often can't understand difficult situations on their own, you should pay particular attention if they experience:

- Loss of a loved one
- Divorce or separation of their parents
- Any major transition—new home, new school, etc.
- Traumatic life experiences, like living through a natural disaster
- Teasing or bullying
- Difficulties in school or with classmates

What to Do

If you are concerned your child's behaviors, it is important to get appropriate care. You should:

- Talk to your child's doctor, school nurse, or another health care provider and seek further information about the behav-

iors or symptoms that worry you

- Ask your child's primary care physician if your child needs further evaluation by a specialist with experience in child behavioral problems
- Ask if your child's specialist is experienced in treating the problems you are observing
- Talk to your medical provider about any medication and treatment plans

How to Talk About Mental Health

Do you need help starting a conversation with your child about mental health? Try leading with these questions. Make sure you actively listen to your child's response.

- Can you tell me more about what is happening?
- How you are feeling?
- Have you had feelings like this in the past?
- Sometimes you need to talk to an adult about your feelings.
- I'm here to listen. How can I help you feel better?
- Do you feel like you want to talk to someone else about your problem?
- I'm worried about your safety. Can you tell me if you have thoughts about harming yourself or others?

When talking about mental health problems with your child you should:

- Communicate in a straightforward manner
- Speak at a level that is appropriate to a child or adolescent's age and development level (preschool children need fewer details than teenagers)
- Discuss the topic when your child feels safe and comfortable
- Watch for reactions during the discussion and slow down or back up if your child becomes confused or looks upset
- Listen openly and let your child tell you about his or her feelings and worries

Get Help for Your Child

Seek immediate assistance if you think your child is in danger of harming themselves or others. You can call a crisis line or the National Suicide Prevention Line at 1-800-273-TALK (8255).

If your child is in need of community mental health services you can find help in your area.

YVEDDI Head Start Lockdown Procedures



A lockdown is implemented when a situation occurs that may be hazardous to health or is life threatening.

A lockdown is intended to limit access and hazards by controlling and managing staff and students in order to increase safety and reduce possible victimization. A lockdown may be called by school officials, law enforcement agencies, Head Start Administrative Staff, or other emergency responders. A lockdown may be called for a variety of reasons including: weapons, intruders, police activity in or around the school, contamination or hazardous materials, terrorist events, or even weather.

A lockdown means **no one** is allowed to enter the center and **no one** is allowed to exit the center. Children are not permitted to leave the school/classroom during a lockdown. Doors are locked and parents must follow the directions of school/Head Start personnel.

A Lockdown Includes:

Teacher/Center Director calls the Police immediately and provides as much information as possible

Fire evacuation alarms must not be sounded

All doors, windows, and classrooms will be locked

Blinds will be closed

No one will be permitted to enter or leave the building

Lockdown will continue until the school/HS classroom receives an "all clear" signal from emergency or administrative personnel

Students and teachers will remain in their classrooms

Parents will not be allowed to pick up children from school/HS classroom

Parents must not call the school/classroom as the phone must only be available to emergency personnel

Emergency Safety Evacuation routes are posted with two exit routes from every location in the building

Classrooms will post a sign with a picture of a lock to notify parents that a lockdown is in process.

Serving Davie, Stokes, Surry, and Yadkin Counties



WEATHERIZATION

The Department of Environmental Quality has designated funds to assist low-income families and individuals to have adequate heat in their homes and to reduce their utility costs by means of weatherization. The Heating Appliance Repair/Replacement Program (HARRP) can repair or replace a heating system that is functioning below the manufacturer's standards. Weatherization includes installing insulation, sealing air leaks, and performing measures that will reduce energy usage. To meet the financial requirements for assistance, the gross household income for the last 12 months cannot exceed 200% of the Federal Poverty Index. To find out more information, call (336) 367-3535.



Class Activities

Danbury



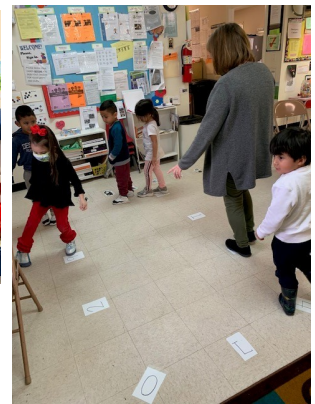
Jack Koontz 1-2



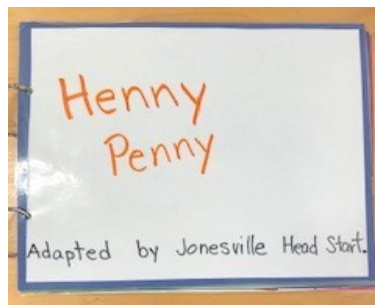
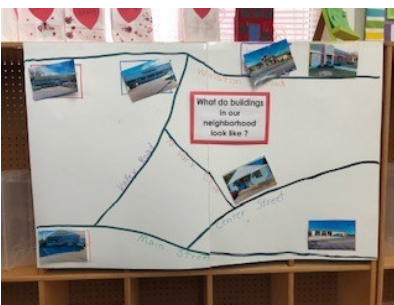
Jones



Paynetown



Jonesville



Jack Koontz 1-2



Perfect Attendance



November 2020

Boonville:

Damien Montellano-Miller

Jones 1:

Athanasia Iliopoulos
Josephine Lauchner-Reneau
Andres Vernon

Jones 2:

Benjamin Linares
Amari Russell
Brynn Taylor

Jones 3:

Ellie Taylor
Jax Taylor

Jones 4:

Lionel Valdez

Jonesville:

Stacy Parker

London:

Colby Armstrong
Darcy Duggins
Paul Giesecking
Makenzie Sizemore

Mocksville:

Hazel Brown
Guillermo Ocampo Mendez
Hunter Ray

Mount Olive:

Vander Jurkiewicz

Red Hill Creek:

Jaxon Pack
Kannon Peele
Carlisanis Salvania

Sandy Ridge:

Edvard Boggs
Wyatt Bullins
Jacob Henry
Lacey Henry

Dalinda Hernandez
Zenaida Miller
Natalie Steele

Surry:

Andrea Cristobal-Loa
Dawson Nelson

Yadkinville I:

Matteo Carbajal-Benitez

Yadkinville III:

Paisley Collins
Eduardo Gonzalez-
Almanza
Emmette Kent

December 2020

Boonville:

Karsyn Anderson
Logan Dotson
Damien Montellano-Miller
Maylon Vestal

Danbury:

Presley Davis

JK I:

Jacob Beltran-Ramirez

JK II:

Kimberly Beltran-Ramirez
Connor Vander Sluis

Jones 1:

Athanasia Iliopoulos

Jones 2:

Raegan Slate
Brynn Taylor

Jones 3:

Ellie Taylor
Jax Taylor
Kylin Williams

Jones 4:

Billy Roberts, Jr.

London:

Colby Armstrong
Darcy Duggins
Luis Martinez
Makenzie Sizemore

Mocksville:

Hunter Ray

Mount Olive:

Vander Jurkiewicz

Dalton Lester

Jeffery Moser III
Jacob St. Clair

Oak Grove:

Daryn Smith

Paynetown:

Aura Lipot

Red Hill Creek:

Zander Liams

Sandy Ridge:

Lila Carter
Dalinda Hernandez
Zenaida Miller
Richard Rose

Surry:

Dalry Rodriguez-Maciell

Yadkinville I:

Cesar Alonzo-Camargo
Alejandro Angel Pelagio
Malinalli Antunez Angel
Matteo Carbajal-Benitez
Damian Reyes
Benjamin Wiles

Yadkinville III:

Emmette Kent





Perfect Attendance

January 2021

Boonville:

Karsyn Anderson
Damien Montellano-Miller
Maylon Vestal

Danbury:

Baltzer, Anthony

Jones 1:

Jaxson Gettings
Athanasia Iliopoulos

Jones 2:

Oakleigh Hernandez
A'Miracle Soto-Hughes
Brynn Taylor
Aiden Timirau

Jones 4:

Paxx Mason

Jones 5:

Josephine Lauchner-
Reneau
Benjamin Linares
Damian Mojica Rosado
Amari Russell

London:

Colby Armstrong
Darcy Duggins
Paul Gieseeking
Luis Martinez

Mocksville:

Jhonel Etchison
Guille Ocampo Mendez

Mount Olive:

Vander Jurkiewicz

Oak Grove:

Ivy Daughenbaug

Red Hill Creek:

Jaxon Pack
Kannon Peele

Sandy Ridge:

Edvard Boggs
Jacob Henry
Dalinda Hernandez
Zenaida Miller
Leona Sharpe

Surry:

Julian Cruz-Moreno
Evelyn Hethcoat
June Justice
Dalary Rodriguez
Maciel

Yadkinville I:

Matteo Carbajal-
Benitez
Lindsey Gonzalez
Jordan Lail
Damian Reyes
Benjamin Wiles

Yadkinville III:

Paisley Collins
Aleksandar Gonzalez
Emmette Kent
Abigail Nava
Joseph Perrusquia
Xavier Presa-Speas

Food Shopping on a Budget

Food shopping on a budget takes planning. Follow these steps to get the most for your money.

Step 1: Make a food budget.

Determine how much money you have for food. Include the value of food stamps. You and a helper can work together to make a monthly food budget. If you shop once a week, divide your monthly food budget by four to find out how much you have for food each week.

If you plan to buy nonfood items, such as dish soap, at the grocery store, be sure to budget some money for these items.

Step 2: Plan meals and snacks for your family for a week.

Check what foods you have on hand. Plan to use these foods.

Check newspaper ads or store flyers for weekly specials. Plan to use leftovers for other meals during the week.

Be sure to include foods from all five food groups on the Food Guide Pyramid.

Include meatless meals to extend your protein dollars.

Step 3: Make a shopping list of the foods you need to make the meals and snacks on your menu.

You and a friend can work together to determine how much you need of these foods. Check to see if you have coupons for foods on your list.

Step 4: Review your shopping list and **budget**. Does this look like a shopping list that would fit your food budget? A WIC consultant might have more ideas on ways to cut food costs.

