



EAST BEND SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

April 2021

Important Announcements

Happy Easter!

This center will remain closed due to Covid-19 at least until April 30th. We will continue to provide Meals on Wheels and frozen meals for registered congregate members.

Facebook Live Virtual Activities:

- Every Wednesday at 9:30 am: Exercise with Natalie Williams
- The 1st Wednesday of the month at 10:30 am: Safety & Scam Programs with Dept. Diaz from the Yadkin County Sheriff's Department.
- The RAD lady's, Rhonda, Aileen, and Dee will be Facebook Live on Thursdays mornings at 9am. Watch us as we fix quick recipes or share other information *Join us for laughs and giggles and interact with friends.*

Facebook search: YVEDDI EAST BEND SENIOR CENTER and "LIKE" our page.

If you have access to the internet or a smart phone but do not have Facebook, call Rhonda for assistance on set up.

Senior Games: March 1st—April 12th is registration dates. If you need a copy you can come by the senior center and pick one up. If you have participated in the past you should have received an email.

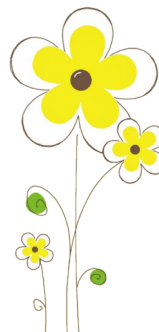
March madness games. We will continue "Guess the Candy" count. You could be the next winner! PAT WESTON was last months winner she guessed the exact amount. Look for it on Facebook. This month is jelly beans.

Coloring Contest: Come by the center for your coloring sheet. It must be returned by the morning of April 22nd for judging. All winners will be announced on the April 23rd on Facebook.

Please call Rhonda if you need assistance. We are looking forward to hearing from you.

Quarter BINGO will start back in April (on warm days) outside. We will call you with date/time. If you want to be on our call list for updates on Bingo, call (336) 699-5100.

Check out our calendar on the back!



Information for Services, Referrals & Assistance

Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

Services Offered Through Information, Referral and Assistance:






- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

How You Can Give...

The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!
We encourage you to SUPPORT THE
Yadkin County United Fund

By Mail: Yadkin County United Fund
205 S. Jackson Street • Yadkinville, NC 27055
Or visit www.yadkincountyunitedfund.org



Mon	Tue	Wed	Thu	Fri
			<p>1</p> <p>LIVE with RAD 9:30 AM</p> <p>Meal & Packet pick up day</p>	<p>2</p> <p>CLOSED</p> <p>Good Friday</p>
<p>5</p> <p>What happened to the Easter Bunny when he misbehaved at school? He was eggspelled!</p>	<p>6 on this day</p> <p>April 6, 1930 James A. Dewar invents the Hostess Twinkie. He himself ate three a day and lived to the age of 92.</p>	<p>7</p> <p>LIVE with Natalie</p> <p>LIVE with Deputy Diaz</p>	<p>8</p> <p>LIVE with RAD 9:30 AM</p> <p>Meal & Packet pick up day</p>	<p>9 On this Day</p> <p>The End of the Beatles April 9, 1970 The end of the Fab Four is announced by Paul McCartney.</p>
<p>12</p> 	<p>13</p> <p>Why shouldn't you tell an Easter egg a joke? It might crack up!</p>	<p>14</p> <p>LIVE with Natalie</p>	<p>15</p> <p>LIVE with RAD 9:30 AM</p> <p>Meal & Packet pick up day</p>	<p>16</p> 
<p>19 Oldest Person to Give Birth</p> <p>April 19, 2016 72-year-old Daljinder Kaur of India gives birth to a healthy son - her first child. She had been trying to have a child for 46 years without success. She was finally able to afford fertility treatments after an inheritance.</p>	<p>20</p> <p>Dolly Parton's First Single April 20, 1959 The 13-year-old singer Dolly Parton releases her first single: Puppy Love. She wrote it when she was 11 years old.</p>	<p>21</p> <p>LIVE with Natalie</p>	<p>22</p> <p>LIVE with RAD 9:30 AM</p> <p>Meal & Packet pick up day</p> <p>Drop off Color pages & Last day to guess the candy</p>	<p>23</p> <p>LIVE ANNOUNCEMENT of the WINNERS</p>
<p>26</p> <p>Why isn't there a professional hide and seek league?</p> <p>Good players are hard to find</p>	<p>27 Did you know</p> <p>It's Impossible to Hum While You Hold Your Nose. Go ahead try it.</p>	<p>28</p> <p>LIVE with Natalie</p>	<p>29</p> 	<p>30</p> <p>What word is easy to spell, but hard to say?</p> <p>SORRY</p>

Mission Statement: To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.