



# YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

January 2021

## What's Happening...

## Happy New Year!

**This center will remain closed due to Covid-19 at least until February 28th. We will continue to provide Meals on Wheels and frozen meals for registered congregate members.**



### Holiday Closings for January

Jan. 1, 2021 New Year's Day

Jan. 18, 2021 Martin Luther King Jr. Day

## Virtual Live Events!

Every Wednesday morning at 9:30 am: Exercise with Natalie Williams

The 1st Wednesday of the month at 10:30 am: (starting in February) we will have Safety & Scam Programs with Dept. Diaz from the Yadkin County Sheriff's Department.

Just go to our YVEDDI Yadkin County Senior Center Facebook page to join in.

I will be in the office at the center if you have any questions, concerns or needs. Please feel free to call. (336) 679-2396

Thanks

Love and miss you all.

Senior Center Manager , Lori Moore

### Information for Services, Referrals & Assistance

#### Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

#### Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

#### How You Can Give...

**The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!**

**We encourage you to SUPPORT THE Yadkin County United Fund**

**By Mail:**  
Yadkin County United Fund  
205 S. Jackson Street  
Yadkinville, NC 27055

Or visit

[www.yadkincountyunitedfund.org](http://www.yadkincountyunitedfund.org)



# JANUARY 2021

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

				1 (CLOSED) 
4	5	6	7	8
11	12	13 Virtual Facebook Live Exercise with Natalie Williams.	14	15
18 (CLOSED) MLK Jr Day	19	20 Virtual Facebook Live Exercise with Natalie Williams	21	22
25	26	27 Virtual Facebook Live Exercise with Natalie Williams	28	29

**Mission Statement:** To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.