

# YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

February 2021

What's Happening...

#### **Happy Valentine's Day!**

This center will remain closed due to Covid-19 at least until February 28th. We will continue to provide Meals on Wheels and frozen meals for registered congregate members.

#### **Facebook Live Virtual Events!**

Every Wednesday morning at 9:30 am: Exercise with Natalie Williams

The 1st Wednesday of the month at 10:30 am: Safety & Scam Programs with Dept. Diaz from the Yadkin County Sherriff's Department.

Go to our YVEDDI Yadkin County Senior Center Facebook page to join in.

If you have access to the internet or a smart phone but do not have Facebook, call Lori if you need assistance on set up.

I will be in the office at the center if you have any questions, concerns or needs. Please feel free to call. (336) 679-2396

Love and miss you all.

Lori Moore, Senior Center Manager



#### Information for Services, Referrals & Assistance Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

### Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

How You Can Give...

The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!

We encourage you to SUPPORT THE Yadkin County United Fund

By Mail:

Yadkin County United Fund 205 S. Jackson Street Yadkinville, NC 27055



www.yadkincountyunitedfund.org

## FEBRUARY 2021

Mon	Tue	Wed	Thu	Fri
1	2	9:30 am Virtual Facebook Live Exercise with Natalie Williams 10:30am Safety and Scams with Dept. Diaz live on Face- book	4	5
8	9	10 9:30 am Virtual Facebook Live Exercise with Natalie Williams.	11	12
15	16	17 9:30am Virtual Facebook Live Exercise with Natalie Williams.	18	19
22	23	24 9:30am Virtual Facebook Live Exercise with Natalie Williams	25	26
				YVEDDI YADKIN VALLEY ECONOMIC DEVELOPMENT DISTRICT, INC.

**Mission Statement:** To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.