

the bizBUZZ

A YVEDDI Quarterly Newsletter Publication for Staff & Volunteers

OCTOBER
NOVEMBER
DECEMBER
2020

 October is Domestic Violence Awareness Month



Emily Mauck and Ladene Haymore

June 2020

Dr. Gravitte from Mt. Airy provided care packages for our homebound seniors in Mt. Airy and Pilot Mountain.

Dr. Gravitte sponsored a "contact-free" give back day to supply those in need with bag(s) with hygiene and safety items, including dental care kits (and dental/overall health education/resources), a reusable mask, toilet paper, etc. along with non-perishable canned and boxed foods.

Thank You Dr. Gravitte!

Surry County Senior Center September 4, 2020

Congratulations to Candy Finley, winner of the \$25 gift card drawing for participating in the "What's Your Story?" challenge!



Candy Finley and Carolyn Gentry

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YVEDDI...your local Community Action Agency serving Davie, Stokes, Surry and Yadkin counties

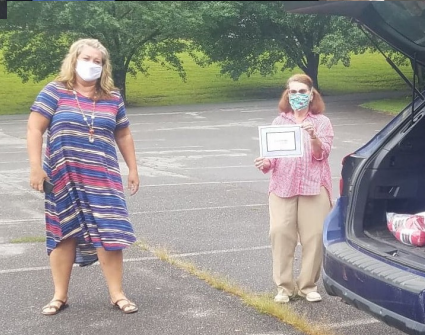
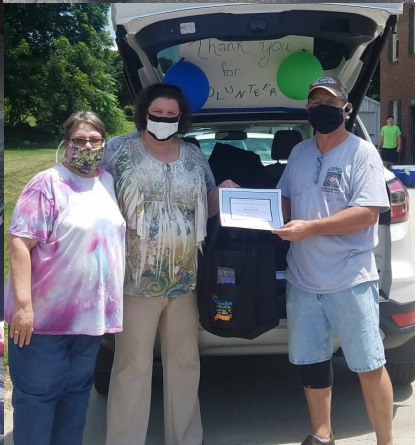
RSVP Volunteer Recognition



On July 22, 23, & 24 RSVP held 9 drive through volunteer recognition events. Over 120 volunteers were recognized for their service over the past year. They were each given a certificate of recognition for the number of hours they served, as well as an insulated tote, pen & note pad, and a treat bag filled with fresh fruit, a pie, and some peppermints.

These recognitions took place in lieu of the Volunteer Banquet that would have taken place in April, but was cancelled due to Covid-19. Volunteers were able to go to the sites where they serve (or one most convenient for them) to pick up their gifts and certificates.

Two awards were presented to the volunteers that served the most hours in their county...one for Surry and one for Yadkin. Barbara George was presented with a plaque for having the most total hours volunteering with 1,743 hours for the year. Henry Hutchens received the award for Yadkin County with a total of 1,185 hours of volunteering for the year. Our RSVP volunteers gave over 20,500 hours of service... WOW! We love and depend on our volunteers!



East Bend Senior Center

July 1, 2020

Homemade peach ice cream for our bingo player's at East Bend Senior Center.....

An Independence Day treat.



Yadkin Valley Senior Center

July 24, 2020

Socially distanced conversations in the parking lot.



Migrant Head Start

August 2020

Our families are using the cloth face masks donated by Justice for Migrant Women and other #Masks4Farmworkers supporters. Thanks a million!



Mission Statement

Dedicated to improving the lives of individuals and families in Davie, Stokes, Surry, and Yadkin counties through a variety of programs and partnerships to build stronger communities.”

Resource Reminder:

For your convenience, employees may access YVEDDI's Facebook page for news and events or policies and procedures at www.yveddi.com.

Please consult with your supervisor if you need a password for the website staff page.

Please submit your news-worthy articles and pictures to drutledge@yveddi.com

- Outstanding Achievements of an Employee
- Employee/Volunteer of the Month or Year
- Engagements/Weddings/ Births
- Special Events
- Favorite Recipes
- Quotes/Jokes



The SCOOP on Managing Stress

- S** **Stay connected to family and friends.** Social connections build resiliency.

- C** **Compassion for yourself and others.** Self-compassion decreases trauma symptoms and stress.

- O** **Observe your use of substances.** Early intervention can prevent problems.

- O** **Ok to ask for help.** Struggling is normal. Asking for help is empowering.

- P** **Physical activity to improve your mood.** Exercise boosts mood and lowers anxiety.

HOPE  4 NC HELPLINE 1-855-587-3463

THERE'S A REASON BEHIND EVERY MASK.



WHATEVER YOUR REASON, GET BEHIND THE MASK.



**Please VOTE
November 3rd**



July 10, 2020

Grace's Closet held a free clothing event from 9:00 am – 11:00 am
 We served 42 families and gave out over 700 clothing/shoe items



July 31, 2020

Grace's Closet had another successful event even with the rain delay. We were able to distribute 551 items and serve 32 families for a total of 90 children. We are so lucky to have several volunteers who go above and beyond.



November is National Family Caregivers Month

Good Health Habits Can Help Stop Germs

- Avoid close contact.
- Stay home when you are sick.
- Cover your mouth and nose.
- Clean your hands.
- Avoid touching your eyes, nose or mouth.
- Clean and disinfect frequently touched surfaces at home, work or school, especially when someone is ill.
- Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.

Source: Centers for Disease Control and Prevention



Newsletter Editor:
 Donna Rutledge,
 Communications Specialist

Remembering in Prayer

BOARD:

Dr. Ed Steven's wife, Shirley passed away 9/18
Jo Ann Layell's son, Jimmy passed away 9/27 – due to COVID-19
Rebecca VanHoy still recovering from health issues
Mickey Cartner's wife, Cathy – having health issues 9/30
Marion Welborn's wife, Jewel having health issues

STAFF:

Domestic Violence Director, Linda Trivette still recovering from a serious illness
HR Director, Janet Phillip's father passed 9/24
IT Support Tech, Doug Akers recovering from health issues



Domestic Violence

On October 1, 2020, we will begin hosting our virtual Domestic Violence vigil on Facebook Live for all three counties.

The vigil will be held throughout the entire month of October.

We will have several guest speakers from each county, including Lee Zachary, Sarah Stevens, Kyle Hall, and our Executive Director, Kathy Payne.

Guests can connect with us by downloading the Facebook app and searching "YVEDDI DV/SA".

We are looking forward to reaching many members of our community and hope our YVEDDI family will join us in spreading awareness of Domestic Violence throughout October.

Help eliminate food insecurity for our Seniors in Surry County



5K/10K

YVEDDI Meals On The Run

— Call (336) 367-3531 —

Saturday, MARCH 27, 2021

10K - 8:00 AM ▪ 5K - 8:15 AM

All proceeds will go to the Surry County Meals on Wheels Program

Start Location: Folger Street beside City Park ▪ Dobson, NC

Online registration at www.itsyourrace.com






NCDHHS Officials Urge North Carolinians to Get Vaccinated as Flu Season Begins, Stress Added Importance During COVID-19

Raleigh, NC - Sept. 14, 2020

Health officials with the North Carolina Department of Health and Human Services are urging North Carolina residents to protect themselves, their families and those around them by getting vaccinated against Influenza as the state enters flu season amid the COVID-19 pandemic.

“This year, with COVID-19 still spreading in our communities, it’s critically important to get your flu vaccine,” said NCDHHS Secretary Mandy K. Cohen, M.D. “Flu can be a serious, sometimes deadly, disease. It is important to get vaccinated against the flu to keep you and your family healthy.”

The Centers for Disease Control and Prevention recommends vaccination against the flu for everyone 6 months and older with any licensed, age-appropriate flu vaccine. Vaccination against the flu can make illness milder and reduce the risk of more serious outcomes, making it especially important for those at higher risk of complications, such as people over 65, children younger than 5, pregnant women and those with certain medical conditions such as asthma, diabetes, heart disease or obesity. Some of those same groups are also at high risk of complications from COVID-19.

“This flu season, it is more important than ever to get vaccinated against the flu. We will have both the flu and COVID-19 widely circulating this fall and winter, and we are learning that people can get both infections at the same time,” said State Health Director Dr. Elizabeth Cervo-Tilson. “We want people to protect themselves from the flu and also avoid overwhelming our hospitals so people can get care if they need it.”

Flu vaccinations are available at hospitals, pharmacies, private medical offices, some federally qualified health care

centers and local health departments. Visit vaccinefinder.org/find-vaccine to find locations.

In North Carolina, flu infections are most common from late fall to early spring with activity usually peaking in January or February. The following precautions should be taken to protect against the spread of flu and other viruses like COVID-19:

Stay home when sick until fever-free for at least 24 hours, except for COVID-19. Follow CDC guidance for end of isolation for COVID-19.

- Wash hands frequently with soap and water.
- Cover coughs and sneezes with a tissue and then discard the tissue promptly.

Continue to practice the 3Ws — wearing a face covering over your nose and mouth, waiting 6 feet apart, and washing your hands often can help slow the spread of COVID-19 and flu.

COVID-19 and flu symptoms are similar, so individuals who feel ill should call ahead before going to a doctor’s office, local health department or urgent care. They should consult with a doctor about getting tested for flu and/or COVID-19.

Flu symptoms include:

- Fever
- Cough and/or sore throat
- Runny or stuffy nose
- Headaches and/or body aches
- Chills
- Fatigue
- Nausea, vomiting and/or diarrhea (most common in children)

Anyone who thinks they have the flu should contact their doctor right away to see if they need treatment with a prescription antiviral drug, such as Tamiflu. Early treatment with an antiviral drug can help prevent flu infections from becoming more serious. Treatment with a prescription antiviral drug is especially important for hospitalized patients, people with severe flu illness and those

CONTINUED...

who are at high risk of serious flu complications based on their age or health.

More information about flu is available online through the Division of Public Health and from the CDC at www.cdc.gov/flu. For information about COVID-19 in North Carolina, visit covid19.ncdhhs.gov.

Weekly updates on flu surveillance data are posted online at flu.ncdhhs.gov. The flu report will be posted every Thursday beginning Oct. 8 throughout the flu season with updated data from around the state on flu activity and other viral respiratory illnesses.



YVEDDI Head Start held four Free Book Events

Stokes County: September 22, 2020

Davie County: September 23, 2020

Surry County: September 25, 2020 (postponed til October 2nd due to rain)

Yadkin County: October 1, 2020



Surry County Senior Center

July 2020

Christmas in July...Parking Lot Bingo!



7 Daily Habits That Help Fight Off Viruses

Taking these steps every day can bolster your health and immune system

by Clint Carter, [AARP](#), September 17, 2020

Breakfast: Unsweetened bran cereal with berries

Fiber is a nondigestible carbohydrate that feeds the good bacteria in your gut. And when the little buggers are happy, they help keep the immune system ready when needed. A half-cup of wheat bran has 12.5 grams of fiber, and by adding berries, you'll earn a few more. Plus, blueberries and other dark-colored berries are rich in flavonoids, antioxidants that improve the health of macrophages and other virus-eating cells.

A brisk walk

"Immune cells circulate the body during exercise and for two or three hours afterward," says David Nieman, director of Appalachian State University's Human Performance Lab. Aim for 30 to 60 minutes of cycling, swimming, jogging or walking that's brisk enough to make you breathe hard.

Post-workout smoothie or salad

At the start of the pandemic, Helen Messier, a California-based family practitioner and immunologist, added a daily all-plant smoothie to her diet that included a number of different fruits and vegetables. You should, too. "Nutritionally, variety is the most important thing," she says. "So I try to get in at least 10 servings of fruits and vegetables every day."

Start your relaxation routine

Stress is a high-powered immune suppressant that floods your body with corticosteroids, the same class of compounds doctors prescribe to treat autoimmune diseases. "We use corticosteroids for lots of allergic diseases," says Mark Ansel, professor of immunology and microbiology at the University of California, San Francisco. Think of steroid creams for itchy rashes or the corticosteroids in an asthma inhaler. They work by suppressing the immune system — not what you want if you're trying to quell an army of viral invaders.

Consider taking up a mind-body activity such as yoga, tai chi or meditation. In one study, adults cut stress with eight weeks of mindfulness training and, as a result, they were 20 percent less likely to experience respiratory infection. If the zen arts aren't for you, then gardening, painting and other hands-on hobbies can also work.

Visit friends — virtually or outdoors

Emerging research indicates that loneliness and social isolation can increase inflammation throughout your body. Experts aren't entirely sure how, but they do know that the effect appears to increase with age. If the weather's nice, consider scheduling a socially distanced walk in the park (with a mask on, of course). Otherwise, video chats on Zoom or Google

Hangouts can fill the gap until sunnier days return.

Dine with the fishes

Omega-3 fatty acids — the kind found in oily fish like mackerel, fresh tuna, sardines and salmon — can measurably reduce levels of inflammation in older adults, according to a review from researchers in Italy. And animal studies indicate that dietary fish oil can increase the health and circulation of antibody-producing B cells.

Begin a screen-free wind-down

Sleep is critical for immune health. So in order to avoid difficulty falling asleep, turn off your phone, tablet and computer three hours before bedtime. "Those digital devices emit blue light, which suppresses the sleep-inducing hormone melatonin," Messier says. Though you can use a blue-light blocker for your device, a book and a hot bath are excellent, and more natural, ways to prep for slumber.

Plus 6 Things You Should Never Do Again:

Pass a sink without washing your hands. After just two hours of touching door handles, shopping carts and other public surfaces, your hands have "basically the greatest number of organisms you can hold," says microbiologist Marc Verhougstraete. Aim to sanitize or wash your hands every hour when out in public.

Leave home without a pen in your pocket. Most flu viruses can live on nonporous surfaces for a day or two, meaning that the pen the waiter hands you with the check can pass cold and flu germs. Keep your own plastic ballpoint pen with you so you can avoid touching the communal pen at the bank or restaurant.

Wake up to an alarm clock. Researchers from the University of California, San Francisco, squirted rhinovirus up people's noses and monitored their sleep for six days. Those who slept fewer than five hours on average were 4.5 times as likely to become infected as those who slept more than seven hours.

Drive when you could walk. Researchers comparing inactive people with those who walked briskly nearly every day found that people who rarely walked took twice as many sick days over a three-month period.

Smoke a cigarette. Just in case you need another reason to quit: Studies show COVID-19 patients with a history of smoking are 91 percent more likely than never-smokers to die or reach critical condition.

Eat buffet style. Filling your plate from open chafing dishes and using serving utensils that everyone else is touching and breathing over may increase your risk of picking up a virus. Try hard to avoid shared food.



Happy Birthday




October

- 10/6 Tommy Eads
- 10/14 Shonia Atkins
- 10/15 Aaron Ball
- 10/15 Alvin Dunn
- 10/15 Tina Wishon
- 10/17 Sherry Howard
- 10/21 Patricia Peebles
- 10/23 Kimberly Layell
- 10/24 Michael Lineback
- 10/30 Jeffrey Phillips

December

- 12/2 Lisa Martin
- 12/3 Carolyn Gentry
- 12/3 Rochelle Mason
- 12/3 Linda Watkins
- 12/4 Fabiola Estudillo
- 12/4 Ben Pendleton
- 12/8 Zane Childress
- 12/8 Connie Mooney
- 12/8 Daniel Privette
- 12/9 Bristol Mitchem
- 12/10 Carol Richards
- 12/16 Channa Wright
- 12/19 Butch Casstevens
- 12/22 Dollie Hale
- 12/24 Penny Spainhour
- 12/25 Linda Light

November

- 11/3 Mitzi Hutchens
- 11/4 Antionette Rucker
- 11/7 Michael Anderson
- 11/8 Floyd George
- 11/10 Mary Ann Wagoner
- 11/10 Susan Yow
- 11/11 Terry Daniels
- 11/12 Johnny Pilon
- 11/18 Jill Johnson
- 11/20 Zandrea Stevens
- 11/21 Kathy Payne
- 11/25 Daphne Cothren
- 11/25 Bonnie Whitley
- 11/28 Timothy Baker
- 11/28 Donna Sims
- 11/29 Gregory Bruner

May your Birthday and everyday be filled with smiles, laughter, love and cheer.

Anniversaries

5 Years

Grayson Boles

10 Years

Linda Watkins

25 Years

Kitty Martin

35 Years

Kathy Payne

Welcome Aboard!

- Tara Brewer, HS FCP Supervisor
- Lizbeth Cristobal, HS Assistant Teacher
- Gregory Bille, Weatherization Tech
- Brittany Eubanks, HS Health Supervisor
- Marissa Harris, Head Start Family Advocate
- Mary Holt, Driver
- Kari Jessup, HS Teacher
- Temeka Marsh, CARES Act Coordinator
- Claritza Secundino, MHS Food Service Aide
- Nolan Simmons, Weatherization Tech.
- James Sprinkle, Jr., Driver

Transfers

- Linda Chambers, DV/SA Coordinator is now in Surry County
- Connie Mooney, DV/SA Coordinator is now in Yadkin County

Promotions

- Jessie Parsons, Interim Director/Community Outreach Advocate



**Yadkin Valley Senior Center
August 13, 2020**

Good to see our folks today! Several are not pictured but it was great to see them too! We gave out activity bags containing Word Search, Crossword and Sudoku books along with a few snacks. Gotta keep those brains active!!! I also had several tomatoes from the garden to hand out and they were much appreciated!



Volunteer Opportunities Available
Call YVEDDI R.S.V.P at (336) 415-4247

July 7, 2020
Yadkin Valley Senior Center Garden



Holiday Schedule

November 11th
Veteran's Day

Nov. 26th-27th
Thanksgiving

Dec. 24th-28th
Christmas

January 1st
New Years Day



**Inequality
Statement**

YVEDDI is deeply disturbed by the recent racial injustice and violence. We have always stood for equal treatment, inclusion, mutual respect, and strive to empower people to lead more successful lives.

We are committed to doing our part to reduce inequality in our communities.



www.NC211.org

Need Help, But Don't Know Where To Turn?

DIAL 2-1-1

Free ▪ Confidential ▪ 24 Hours a Day ▪ Any Language

Your connection to:

- Basic Needs (food, clothing, shelter)
- Child Care Services
- Consumer Help
- Counseling
- Crisis Intervention
- Health Care
- Housing
- Senior Services
- Support Groups
- Volunteer Opportunities

October is National Bullying Prevention Month

**East Bend Senior Center
July 16, 2020**



We held our first outside exercise class with Natalie from the Health Department. Our seniors loved it and were happy to see Natalie again.



As a reminder while you complete your shopping online, YVEDDI is now an Amazon Smiles member!

This means that YVEDDI receives .5% of the money on all purchases you make on Amazon. This feature is absolutely free to you, because the .5% comes out of the price you are already paying for a product!

If you are already an Amazon shopper, simply go to smile.amazon.com, select "Yadkin Valley Economic Development District Inc." for organization, and begin shopping to give back.

amazonsmile
You shop. Amazon gives.



Don't keep us a secret

Have you been
impacted due
to the
COVID-19
Pandemic?



We have received additional funding from the Federal Government CARES Act to help meet your needs.

We can assist
qualifying families for:

- ✓ Nutrition for families & pets
- ✓ Transportation
- ✓ Childcare
- ✓ Education and training
- ✓ Health care
- ✓ Employment
- ✓ Utilities

We Can Help!

Call today
for more information!

(336) 790-5206

**Anyone applying must meet 200% of the Federal Poverty Guidelines*



YVEDDI...your local Community Action Agency serving Davie, Stokes, Surry and Yadkin counties



2020 PREPAREDNESS CALENDAR



JAN

Resolve To Be Ready
Winter Safety



FEB

Central U.S. Earthquake
Awareness Month



MAR

"It's Not Luck" Campaign
Severe Weather
National Tsunami Awareness Week
Flood Safety



APR

National Financial Capability Month
Spring Safety



MAY

Wildfire Safety/National Community
Preparedness Day
National Building Safety Month
National Hurricane Preparedness Week
National Dam Safety Day



JUN

Pet Preparedness Month
Summer Safety/Extreme Heat
National Lightning Safety
Awareness Week



JUL

Fireworks Safety
Extreme Heat



AUG

Back to School -
Children & Youth Preparedness



SEP

National Preparedness Month
9/11 Day of Service & Remembrance
Fall Safety



OCT

Cyber Security Awareness Month
National Community Planning Month
Fire Prevention/National Fire
Prevention Week
Great ShakeOut Earthquake Drills



NOV

Holiday Safety



DEC

National Influenza Vaccination Week
Winter Safety
Holiday Safety
Resolve To Be Ready

United Fund Campaign YVEDDI Incentive Program

2020 - 2021

Would you like to...

- ✓ Have a paid day to go to the Spa, or
- ✓ Have a paid day to watch Netflix all day in your PJ's, or
- ✓ Have a paid day to go to the pool or go shopping, and
- ✓ Contribute to a worthy cause in your community, and
- ✓ Have a charitable tax deduction

Level of Contribution	Perks
\$220 per year club (\$8.47 per pay period payroll deduction)	Voucher for 24 hours Admin Leave
\$120 per year club (\$4.62 per pay period payroll deduction)	Voucher for 12 hours Admin Leave
\$100 one-time gift payable to YVEDDI (UF Campaign in memo)	Voucher for 8 hours Admin Leave
\$50 one-time gift payable to YVEDDI (UF Campaign in memo)	Voucher for 4 hours Admin Leave
\$25 one-time gift payable to YVEDDI (UF Campaign in memo)	Voucher for 2 hours Admin Leave

Please complete the attached United Fund form and turn in to your supervisor for submission to the district office by October 31st, 2020.

Administrative Leave must be scheduled and prior approved by the program director. Leave will be awarded after contribution is verified per copy of check or contribution form submitted to the Executive Director.





Leave must be used by **December 31, 2021.**





YVEDDI Pledge Campaign

Workplace Campaign 2020-2021

My Information			
Name			
Home Address			
Email Address		Phone	
My Pledge	Enter your donation amount \$		
Direct my contribution to the following: (Select Option Below)			
<input type="checkbox"/> *Yadkin County United Fund 	<input type="checkbox"/> Yadkin Valley United Fund 	<input type="checkbox"/> *United Fund of Surry 	<input type="checkbox"/> United Fund of Stokes 
Designate my gift to a specific agency: (optional) See list on back			
<i>*A \$50 minimum donation is required to designate a specific agency.</i>			
<input type="checkbox"/> I am giving a one-time tax deductible gift of \$ _____ <input type="checkbox"/> Cash <input type="checkbox"/> Check (Check Number: _____)			
<small>Make check payable to YVEDDI (specify United Fund name in the memo) and return with form</small>			
<input type="checkbox"/> Payroll Deduction: I am doing a payroll deduction through YVEDDI			
$\$ \underline{\hspace{1cm}} \times 26 \text{ (bi-weekly)} = \$ \underline{\hspace{1cm}}$ <small>\$ paycheck # of pay periods Total payroll deduction</small>			
<i>Deductions begin January 2021 and continue through December 2021</i>			
<input type="checkbox"/> I want my gift to remain anonymous			
Perks at Work	Level of Contribution		Perks
	\$220 per year club (\$8.47 per pay period payroll deduction)		Voucher for 24 hours Admin Leave
	\$120 per year club (\$4.62 per pay period payroll deduction)		Voucher for 12 hours Admin Leave
	\$100 one-time gift		Voucher for 8 hours Admin Leave
	\$50 one-time gift		Voucher for 4 hours Admin Leave
\$25 one-time gift		Voucher for 2 hours Admin Leave	
<small>Please complete the attached United Fund form and turn in to your supervisor for submission to the YVEDDI District Office by October 31st, 2020.</small>			
<small>Administrative Leave must be scheduled and prior approved by the program director. Leave will be awarded when contribution is verified per copy of check or contribution form submitted to the Executive Director.</small>			

Signature

Date

<i>Yadkin County United Fund Agencies</i>	<i>Yadkin Valley United Fund Agencies</i>
American Red Cross	American Red Cross / Surry County Chapter
Boonville Community Public Library	Boy Scouts of America-Old Hickory Council
Boy Scouts of America	Cancer Services of Elkin
Cancer Services	CareNet Counseling of Wilkes/Elkin
Children's Center of Yadkin	Children's Center of Surry
East Bend Public Library	D.A.R.E
Grace Clinic	ECHO Ministries-The ARK
Jonesville Public Library	Elkin Lions Club
Mountain Valley Hospice – Yadkin Co.	Elkin Rescue Squad
Share A Home	Feed The Elderly
Smart Start of Yadkin County Dolly Parton Imagination Library	Foothills Art Council
The Ark Homeless Shelter	Girl Scout Hut Fund
The Salvation Army	Grace Clinic Yadkin Valley
Tri-County Christian Crisis Ministry	Jonesville Public Library
Yadkin Christian Ministries – Medical Assistance	Mountain Park Rescue Squad
Yadkin County 4-H Clubs	Mountain Valley Hospice
Yadkin County Public Library	SAFE, Inc.
Yadkin County Rescue Squad	SHAHC (Surry Homeless and Affordable Housing Coalition)
Yadkin Family YMCA	Salvation Army Surry County
Yadkin Special Olympics	Surry Friends of Youth
YVEDDI Domestic Violence (Yadkin County)	Surry Homeless and Affordable Housing Coalition
YVEDDI Senior Services	Tri-County Christian Ministry, Inc.
	Triple C Scholarships
	Wilkes Developmental Day School
	Watershed NOW, Inc.
	YVEDDI Surry Domestic Violence & Sexual Assault
	YVEDDI Yadkin Valley Senior Services / Community Center

For FAQ or more information visit www.yadkincountyunitedfund.org

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<i>United Fund of Surry Agencies</i>	<i>United Fund of Stokes Agencies</i>
American Red Cross	American Red Cross
Ararat Rescue Squad	Bowman Gray Child Guidance
Armfield Civic Center: Camp Pilot Mountain	Boy Scouts, Old Hickory Council
Blue House Teaching Studio	Cancer Services
Blue Ridge Volunteer Rescue Squad	Group Homes of Forsyth County
Boy Scouts: Old Hickory Council	Hospice & Palliative Care Center
Children's Center Of Surry	Mountain Valley Hospice & Palliative Care Joan & Howard Woltz
Dobson Rescue Squad	Hospice Home
Girl Scouts: Peaks To Piedmont Council	Stokes Advocacy Council to Seniors
Mountain Valley Hospice And Palliative Care	Stokes County 4-H
Mount Airy Rescue Squad	Stokes County Public Library Summer Reading Program
Pilot Mountain Rescue Squad	Stokes County Special Olympics
Reeves Community Center Foundation	Stokes Family YMCA
Surry Arts Council: Special Needs Program	Stokes Friends of Youth
Surry Friends Of Youth	Stokes SCAN
Surry Homeless And Affordable Housing Coalition	The Salvation Army
Surry SCAN (Stop Child Abuse Now)	YVEDDI Stokes Domestic Violence And Sexual Assault
Surry Medical Ministries	
The Salvation Army	
The Shepherd's House	
Webb Southern Carroll Community Club	
YOKEFELLOW Cooperative Ministry	
YVEDDI Surry Domestic Violence And Sexual Assault	
YVEDDI Senior Services	

For FAQ or more information visit www.unitedfundofsurry.org

For FAQ or more information visit www.unitedfundofstokes.org