



# Surry County Senior Center

A Quarterly Publication for Participants, Staff, and Community

OCTOBER/NOVEMBER/DECEMBER 2019

## Mission Statement

To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.



## Holiday Schedule

November 11  
Veteran's Day

Nov. 28-29  
Thanksgiving

Dec. 24-26  
Christmas

The Nutrition Site will also be closed on:  
November 5  
December 23-January 1, 2020



Sept. 19: Surry Senior Fun Day 2019! Thanks to great community partners Mountain Valley Hospice, Home Instead Senior Care, and Mount Airy Parks and Rec/Reeves Community Center, and the Food Lion management team, the Surry County seniors had a great afternoon of education, dancing, eating, and fun.



Carolyn Gentry began serving as the Senior Center Manager on October 7th.

She has been serving as the RSVP Manager with YVEDDI since February of this year.

Carolyn is the mother of 7 children and she has 7 grandchildren.

She is a member of the Church of Jesus Christ of Latter-Day Saints where she currently serves as a Relief Society Committee member and Family History Consultant.

**Carolyn's hobbies include music, photo restoration, creating slideshow videos and genealogy.**

Carolyn is looking forward to serving the seniors of Surry County.



# Veteran's Appreciation Program

WEDNESDAY  
**NOV. 13** 2019  
1:00 PM

We honor our Veterans of all generations with our annual observance with reception and fellowship to follow. Millennium Charter Academy Choir, guest speakers and a rousing salute to our armed forces!  
Open to all Veterans, active military, their families and guests.

**YVEDDI** **RIDGECREST** **Mountain Valley Hospice & Palliative Care**

The Jones Family Resource Center - L. H. Jones Auditorium  
215 Jones School Road • Mount Airy, NC 27030

This program is proudly presented by your YVEDDI Senior Centers in collaboration with J. J. Jones School Alumni, Mountain Valley Hospice and Ridgecrest

Senior Advocacy:  
Check out the Advocacy Bulletin Board at the center. Current contact information for all Surry County elected officials is available for your use along with current election calendars and information.  
Voter registration forms are available for you at the center. You may pick one up free of charge and fill it out on your own or assistance is available if needed.

# Pictures with Santa

**Special Offer**

**SATURDAY Nov. 23**  
10:00 a.m. to 2:00 p.m.

Package price \$25.00  
1-8x10  
2-5x7  
4-4x6

Digital image to use for Christmas cards are also available for purchase  
(Additional fee may apply for multiple subjects)

Call (336) 415-4256 to schedule your appointment today!

This is a fundraiser event benefitting the L. H. Jones Family Resource Center

Pick up packages at same location:  
L.H. Jones Family Resource Center (Old Jones School)  
215 Jones School Road, Mount Airy, NC 27030

## How You Can Give...

The YVEDDI Senior Centers of Surry County are proud United Fund Agencies!

We encourage you to SUPPORT THE UNITED FUND OF SURRY

By Mail:  
United Fund of Surry  
PO Box 409  
Mount Airy, NC 27030

In Person: 182 West Independence Blvd  
Mount Airy, NC 27030

Contact:  
[office@unitedfundofsurry.org](mailto:office@unitedfundofsurry.org)  
[www.unitedfundofsurry.org](http://www.unitedfundofsurry.org)



The Busy Fingers  
Crochet Group

**FREE**

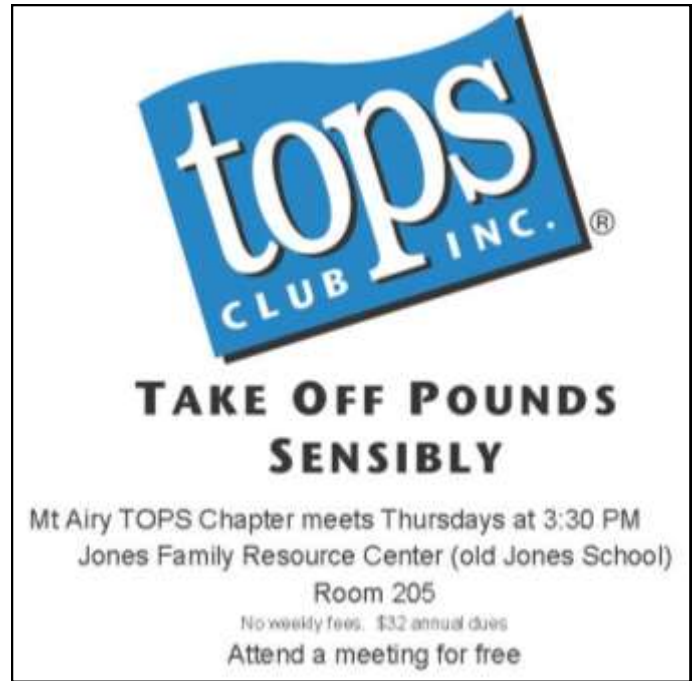
Every Tuesday at 1:30 pm

Any skill level of knitting or  
crocheting is invited.  
You must bring your own supplies.

YVEDDI Surry County Senior Center  
215 Jones School Road • Room 205 • Mount Airy, NC 27030  
Ph: (336) 415-4225

Hand Made

YVEDDI



**tops**  
CLUB INC.®

**TAKE OFF POUNDS  
SENSIBLY**

Mt Airy TOPS Chapter meets Thursdays at 3:30 PM  
Jones Family Resource Center (old Jones School)  
Room 205  
No weekly fees. \$32 annual dues  
Attend a meeting for free



### Welcome Aboard

The Surry County Senior Center would like to welcome our newest neighbor at the L. H. Jones Family Resource Center. The Disabled American Veterans office will now be housed at the JFRC in room 209. If you are in need of DAV services, please stop by and speak to one of their knowledgeable staff members.



 **Hearing Impaired  
Equipment Sessions**

The NC Division of Services for the Deaf  
and Hard of Hearing schedule for this  
quarter is:

- October 10
- November 14
- December 12

The sessions begin at 10:00am in Room  
205 at the Senior Center in Mount Airy.  
To schedule an appointment, call the  
NCDHHS Greensboro Regional office at  
(336) 273-9692.



**“Dancin’  
with  
the  
DJ!”**

Friday  
**NOV 8**  
6:30 - 9:30 PM

DJ - Brack Llewellyn

Refreshments  
provided by  
Yokefellow  
Ministries

**Suggested Donation  
\$5.00  
per person**

Dance the night away to the best in  
Classic Rock, Country, Beach Music  
and more!

Jones Family Resource Center  
Conference Room  
215 Jones School Road  
Mount Airy, NC 27030  
(336) 415-4225

Co-Sponsored by the YVEDDI Senior Center of Surry  
County and Yokefellow Ministries of Mount Airy.  
All proceeds benefit The United Fund of Surry

YVEDDI  
United Fund of Surry

## MOUNT AIRY CENTER

### MONDAYS

10:00 am: Yoga Lite (Conf. Room)  
11:15 am: Dance Mix w/Tracie (Conf. Room)  
1:00 pm: Bridge Club (room 204)  
1:30 pm: Scrap-a-Lattes (scrapbooking) (Room 205)  
7:00 pm: Shag Dance practice (when lessons are not in session)  
(Conf. Room)

### TUESDAYS

9:00 am: Painting with Phyllis (Room 205) \$  
**1:00 pm: "Busy Fingers" Crochet (Room 205)**  
7:00 pm: Ballroom Dance practice (Conf. Room) \$

### WEDNESDAYS

10:00 am: Tai Chi (Conf. Room)  
11:00 am: Ukulele Practice Room 205  
1:00 pm: Recycled Teenagers Senior Bowling (held at Mount Airy  
Lanes) \$  
3:30 pm: Shag Dance practice (Conf. Room)

### THURSDAYS

9:30 am: Bridge Club (Room 204)  
11:30 am: Line Dance Practice with Blanche  
1:00 pm: Open Cards (Rook, etc.) (Room 204)  
3:00 pm: TOPS \$

### FRIDAYS

10:00 am: Tai Chi (held at the Mt. Airy Public Library)  
11:00 am: Line Dance with Blanche  
12:00 pm: Line Dance practice

### SUNDAYS

6:00 pm: Mayberry Squares (Square Dancing) (Conf. Room)

### MONTHLY ACTIVITIES/EVENTS

1st Tuesday of each month 9 am –4 pm: All day Scrapbooking  
Room 212  
2nd Monday of each month, 9:00 AM: Yoga With Heather Elliott,  
Conference Room  
2nd Thursday, 10:00 am: NCDHHS Deaf/Hard of Hearing Equip-  
ment Sessions, Room 205  
**3rd Thursday, 11:30 am: "Chapters" Book Club, Room 205**  
**1st and 3rd Fridays, 1:00 pm: Writers' Group, Room 204**  
Mayberry Mad Hatters (times and locations vary; call us for infor-  
mation)

## Free Drop-In Activities

Available at the Mount Airy Center during regular center  
hours:

- Public computers with internet access
- Board games
- Television with local channels and DVD player
- Magazines
- Puzzles
- Playing cards (Rook, Bridge, etc.)
- Access to the Family Resource Center gymnasium  
(when scheduled activities are not taking place)

### ACCOMMODATION STATEMENT

For accommodations for persons with disabilities, contact  
the Senior Center at (336) 415-4225, no fewer than five  
business days before the event.

## PILOT MOUNTAIN SATELLITE CENTER

Drop In Activity: Adult Coloring  
MONDAY-FRIDAY Coffee Club 8:30 – 9:00 am

### MONDAYS

11:15 am: Breathe, Stretch, Balance, and Relax  
12:00 pm: Knitting Group  
12:30 pm: Quilting Club

### TUESDAYS

12:00 pm: Rook Club  
1:00 pm: Dance Mix with Tracie

### WEDNESDAYS

10:00 am: BINGO  
1:00-4:00 pm: Acrylic Painting Classes \$

### THURSDAY

12:30 pm: Bridge Club  
5:30 pm: Weight Watchers \$  
MONTHLY ACTIVITIES/EVENTS

2nd Thursday, 7:00 pm: Narcolepsy Support Group  
1st & 3rd Friday, 10 am: Open Acoustic Jam Sessions  
Pilot Mountain Center Project Specialist: Shirley Key  
Phone number: (336) 368-2012 ext. 203  
Fax number: (336) 368-4115  
Email: skey@yveddi.com  
General Operating Hours: M-Th 9:30am to 4:15pm



# AARP Smart Drivers Class

For drivers 50 years and older but anyone can benefit by taking the course.

The class is all about change; changes in our vision, hearing and reflexes, our cars, our roads and our state laws.

Strategies are offered to deal with the changes and reduce your chances of becoming involved in a crash.

Participants learn how to self-assess their driving and/or are referred to professional self-assessment organizations, if needed. They also discuss options to driving and realize that it is not the end of the world to have to stop driving.

Participants receive a personal work book that you can refer back to in the future.

**THERE ARE NO TESTS GIVEN!**

Additionally, you will receive a certificate to take to your insurance company which may make you eligible for a reduction in your car insurance premium.

The Surry County Senior Center is partnering with AARP to sponsor a Smart Driver Class.

For more information or to sign up for the class, call (336) 415-4225.

\$15 - AARP members  
\$20 - Non-members

Participants must have their AARP membership card or be able to provide their membership number.

The senior center will provide a light lunch.

**November 19, 2019**

Four-hour class beginning at 10:00 am

Surry County Senior Center  
215 Jones School Road  
Mount Airy, NC 27030



## www.NC211.org

Need Help, But Don't Know Where To Turn?

**DIAL 2-1-1**

Free ▪ Confidential ▪ 24 Hours a Day ▪ Any Language

### Your connection to:

- Basic Needs (food, clothing, shelter)
- Child Care Services
- Consumer Help
- Counseling
- Crisis Intervention
- Health Care
- Housing
- Senior Services
- Support Groups
- Volunteer Opportunities



Tune into WSYD 1300 AM on Friday mornings at 9:30 am for "Prime Time Live" for the latest updates on the Senior Center and other local senior resources and activities.



### Weight Watchers

meets at the Armfield Civic Center in Pilot Mountain each Thursday evening with weigh-ins starting at 5:30 p.m. and the meeting starting at 6:00 p.m.

New members are welcome.

There is no need to call and register.

Open to the public. There is a fee.

For more information, call (336) 368-0175.



## Office Space for Lease

### Current Occupants include:

- Medical Loan Closet
- Norfolk
- United Fund of Surry
- A. J. Jones Alumni Association
- Mount Airy City Schools
- Northwest Piedmont Workforce Development Board
- YVEDDI FRC Administrative Office
- YVEDDI Grace's Closet
- YVEDDI Senior Services
- YVEDDI Senior Center
- YVEDDI RSVP
- YVEDDI CSBG
- YVEDDI Head Start



215 Jones School Road ▪ Mount Airy, NC 27030  
Located inside the L. H. Jones Family Resource Center

**Location:** 215 Jones School Road ▪ Mount Airy, NC 27030

**Space Available:** 162 sq. ft. ▪ 280 sq. ft. ▪ 553 sq. ft. ▪ 556 sq. ft. ▪ 586 sq. ft. ▪ 615 sq. ft. ▪ 796 sq. ft.

**Lease Fees:** Based on cost sharing of monthly expenses per square footage percentage

Non-profit agencies that would enhance the services provided by current occupants should contact Bristol Mitchem at (336) 415-4256.

**Call to schedule your tour today!**

Ph. (336) 415-4256 ▪ bmitchem@yveddi.com

# "Santa to a Senior" Tree

Once again, the Surry County Senior Center will put up a "Santa to a Senior" Christmas tree in the senior center.

*Home Instead Senior Care, has for several years, partnered with many businesses and organizations in the community to help provide senior citizens in our community with Christmas gifts. These seniors may not otherwise receive a Christmas gift.*

The Santa to a Senior tree will be up in the Surry County Senior Center by **November 18<sup>th</sup>**

Please stop by the senior center, pick an ornament from the tree and bring a smile to a senior citizen this Christmas.



## Here's How It Works

*Home Instead Senior Care* finds seniors who have needs, and distributes "ornaments" for trees of participating organizations.

The ornaments have written on them, the needs of a particular senior. These needs are simple, they range from a robe, to snacks, to pajamas.

Once all of the "ornaments" disappear from the tree, the folks who take the ornaments are asked to bring in the gifts, unwrapped, to the senior center.

The senior center manager will take them to Home Instead Senior Care where they will be wrapped in brightly colored Christmas paper and given to the seniors.



Surry County Senior Center  
215 Jones School Road • Mount Airy, NC 27030  
(336) 415-4225



NEW!!!

YVEDDI now has a Donation Button on their website that makes it more convenient to donate to your favorite program. Please visit [www.yveddi.com](http://www.yveddi.com)



*Yadkin Valley Economic Development District, Inc. (YVEDDI) is a qualified Section 501 (c) (3) Charitable Organization, EIN 56-0851147. All donors should refer to their tax advisor regarding the deductibility of their donation. No goods or services are provided in exchange for contribution.*

JOIN US It's BOOK a'clock

# Book Club

For readers age 50+

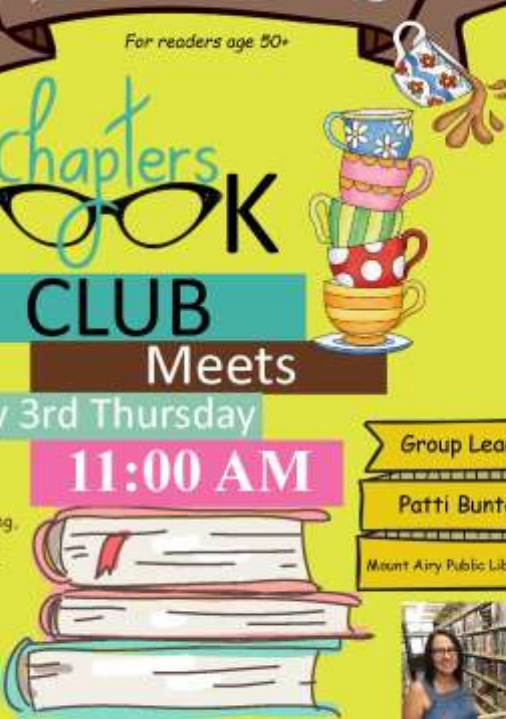

## Chapters BOOK CLUB

Meets  
Every 3rd Thursday  
**11:00 AM**


We'll talk about what we're reading, favorite authors, and what's on our reading list.

Coffee will be available.

Group Leader  
**Patti Bunton**  
Mount Airy Public Library

YVEDDI Surry County Senior Center  
215 Jones School Road • Room 205  
Mount Airy, NC 27000



VIP  
(Visually Impaired Support Group)

The Visually Impaired Support Group no longer meets at this location.

For more information on services for the blind, please contact the local Services for the Blind Social Worker, Hope Sprinkle at (336) 783-8500.

## Adult Coloring



**This is a drop in activity anytime during regular business hours**

**CALMING  
SOOTHING ▪ STRESS-RELIEF**

Pilot Mountain Senior Center  
873 Old US 52 Bypass  
Pilot Mountain, NC 27041

This Christmas, join the NoneSuch Playmakers for a classic holiday tale retold.

# The Gift of the Magi

by Brack Llewellyn  
adapted from the story by O. Henry

Saturday, December 14 ★ 7:00pm  
Sunday, December 15 ★ 2:00pm

Tickets \$10 (available at the door)  
Children under 12 free with paid adult

L. H. Jones Family Resource Center  
215 Jones School Road • Mount Airy, NC

A portion of the proceeds will benefit the Surry County Senior Center




Donations to the Surry County Senior Center

*Consumers donations are accepted, appreciated, and are tax-deductible.*

*Donations are entirely voluntary and there is no obligation to contribute.*

*Donations collected will be used to expand our services.*

*Clients' participation in consumer donations shall be confidential.*

# Scrap-a-lattes



## Scrapbooking

### Join Us...

Every Monday at 1:30 p.m. and  
1st Tuesday of each month  
from 9:00 to 4:00 PM

Come and have fun with the  
**“Scrap-a-lattes”**

There is no charge for this activity and newcomers are always welcome, even you if are new to the world of scrapbooking.

Surry Senior Center  
215 Jones School Road  
Mount Airy, NC

**Watercolor Classes**

Painting by Andrea Morrison

SCHEDULE			
<p>Adults of any age or artistic experience are welcome!</p> <p>We focus on using watercolor paint on drawn or traced subjects and learn techniques for making corrections.</p> <p>\$60.00 per series Includes all supplies (Refunds are not given for missed classes.)</p> <p><b>Reservations Requested</b></p> <p>Instructor: Andrea Morrison (276) 755-3040 or <a href="mailto:rstbush@hotmail.com">rstbush@hotmail.com</a></p>	<table border="0"> <tr> <td> <p><b>Series I</b></p> <p>MONDAYS</p> <p><b>Sept. 23rd</b> 9:30 am - 12:30 pm</p> <p><b>Sept. 30th</b> 9:30 am - 12:30 pm</p> <p><b>Oct. 7th</b> 9:30 am - 12:30 pm</p> <p><b>Oct. 14th</b> 9:30 am - 12:30 pm</p> </td> <td> <p><b>Series II</b></p> <p>MONDAYS</p> <p><b>Oct. 21st</b> 9:30 am - 12:30 pm</p> <p><b>Oct. 28th</b> 9:30 am - 12:30 pm</p> <p><b>Nov. 4th</b> 9:30 am - 12:30 pm</p> <p><b>Nov. 18th</b> 9:30 am - 12:30 pm</p> </td> </tr> </table> <p>Surry Senior Center (inside the L. H. Jones Family Resource Center) 215 Jones School Road • Mount Airy, NC 27030 (336) 415-4225</p>	<p><b>Series I</b></p> <p>MONDAYS</p> <p><b>Sept. 23rd</b> 9:30 am - 12:30 pm</p> <p><b>Sept. 30th</b> 9:30 am - 12:30 pm</p> <p><b>Oct. 7th</b> 9:30 am - 12:30 pm</p> <p><b>Oct. 14th</b> 9:30 am - 12:30 pm</p>	<p><b>Series II</b></p> <p>MONDAYS</p> <p><b>Oct. 21st</b> 9:30 am - 12:30 pm</p> <p><b>Oct. 28th</b> 9:30 am - 12:30 pm</p> <p><b>Nov. 4th</b> 9:30 am - 12:30 pm</p> <p><b>Nov. 18th</b> 9:30 am - 12:30 pm</p>
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## Questions about Medicare? SHIIP can help! 855-408-1212

The Seniors' Health Insurance Information Program (SHIIP) is available to help you work through your Medicare options. If you have any questions or concerns call SHIIP at 1-855-408-1212. One-on-One Insurance Counseling is available at the Surry Senior Center through SHIIP upon request. The Senior Center can assist in making these appointments. *(Appointments subject to the availability of a certified SHIIP Counselor.)*

Prescription Drugs: Medicare beneficiaries may be eligible for the federal Extra Help/Low Income Subsidy program if he/she has limited income and resources. Seniors may apply online at [www.socialsecurity.gov](http://www.socialsecurity.gov), or contact the SHIIP office. The Senior Center can assist you with completing the on-line application process or with a paper application or contact:

**NC Cooperative Extension Service “**  
915 Atkins Street Suite 300  
Dobson, NC 27017  
(336) 401-8025

Surry County Government Resource Center  
1218 State Street  
Mount Airy, NC 27030  
(336) 783-8500





# YOGA

with *Heather Elliott*

2nd Monday of each month  
**9:00 AM**

YVEDDI Surry County Senior Center  
215 Jones School Road • Mount Airy, NC 27030  
Conference Room  
Ph. (336) 415-4225

# Card Games

Every Thursday

**9:30 am Bridge Club**

**Open Cards**

**Rook Whist and more...**

Surry County Senior Center  
215 Jones School Road • Mount Airy, NC 27030  
Ph. (336) 415-4225

# BOWLING

At Mount Airy Lanes

**SENIORS**  
Age 55+

**\$1.50 per game**

Every Wednesday  
**1:00 PM**

Mount Airy Lanes  
930 W. Lebanon Street  
Mount Airy, NC 27030

**Strike**

**SHOE RENTAL**

**Everyone Welcome!**

Surry County Senior Center  
215 Jones School Road • Mount Airy, NC 27030  
Ph. (336) 415-4225

# YOGA LITE

FEELING TIRED & STRESSED?  
WISH YOU COULD REVIVE YOUR ENERGY LEVEL?  
WOULD YOU LIKE TO LEARN HOW TO RELAX?

**Every Monday**  
**10:00 AM**

**FREE**

INHALE.  
EXHALE.  
REPEAT.

YVEDDI Surry County Senior Center  
215 Jones School Road • Mount Airy, NC 27030  
Conference Room  
Ph. (336) 415-4225

YVEDDI Jones Family Resource Center is sponsoring a  
new support group:  
Every Thursday from 6:30 P.M. – 8:00 P.M.  
Jones Family Resource Center  
Room 202  
215 Jones School Road  
Mount Airy, NC 27030

*Must be 18 years or older to attend.*

**PAL - PARENTS OF ADDICTED  
LOVED ONES.**

The primary goal is to provide hope through education and support for parents dealing with addicted loved ones by offering confidential peer support.

Other family members of addicted loves ones are also welcome to attend.

For more information contact the Jones Family Resource Center at (336) 415-4256, visit our Facebook Page [PAL/ Parents of Addicted Loved Ones in Surry County](#), or visit [www.pal-group.org](http://www.pal-group.org)

By attending these meetings, you learn proven ways to help your loved one toward recovery from addiction.

**THERE IS HOPE**

PAL meets very week and provides continuing education along with support, at no charge, for parents with a son or daughter suffering from alcohol or drug addiction.

**YOU ARE NOT ALONE**

Many families are affected by addiction. PAL will allow you to give and receive support from others who are facing the same challenges you are. The guiding principles of PAL are confidentiality, respect, acceptance and support.

**FOR SPOUSES TOO**

PAL can also assist spouses who are sometimes forced into acting like a parent to their addicted partner who is abusing alcohol or drugs.

*Parents of Addicted Loves Ones (PAL) is a national organization founded in Arizona by a Licensed Independent Substance Abuse Counselor.*



**NEW**

# Shag Practice

**Shag Dance Practice**

**Every Monday  
at 7:00 p.m.**

**Every Wednesday  
at 3:30 p.m.**

Senior Center Conference Room

**YVEDDI**  
JONES FAMILY RESOURCE CENTER

Surry County Senior Center • 215 Jones School Road • Mount Airy, NC 27030 • 336-415-4225

**RSVP PROGRAM  
(RETIRED SENIOR  
VOLUNTEER PROGRAM)**


**Giving & Receiving**

There is a CRITICAL need for Volunteer Drivers to deliver meals to home-bound seniors in Dobson, Mount Airy and Pilot Mountain.

*Volunteer mileage reimbursement and volunteer insurance may be available.*

If you are age 55 or older and are interested in a rewarding volunteer opportunity in your community, please call the YVEDDI RSVP Manager, Carolyn Gentry at (336) 415-4247 or email [cgentry@yveddi.com](mailto:cgentry@yveddi.com).






**Watercolor Classes**

Painting by Debra Gilbert

**SCHEDULE**

Adults of any age or artistic experience are welcome!	<b>SERIES I MONDAYS</b>	<b>SERIES II MONDAYS</b>
<p>We focus on using watercolor paint on drawn or traced subjects and learn techniques for making corrections.</p> <p>\$90.00 per series Includes all supplies (Refunds are not given for missed classes.)</p> <p><b>Reservations Requested</b></p> <p>Instructor: Andrea Morrison (276) 755-3040 or rstbrush@hotmail.com</p>	<b>Nov. 25th</b> 9:30 am - 12:30 pm	<b>Jan. 6th</b> 9:30 am - 12:30 pm
	<b>Dec. 2nd</b> 9:30 am - 12:30 pm	<b>Jan. 13th</b> 9:30 am - 12:30 pm
	<b>Dec. 9th</b> 9:30 am - 12:30 pm	<b>Jan. 27th</b> 9:30 am - 12:30 pm
	<b>Dec. 16th</b> 9:30 am - 12:30 pm	<b>Feb. 3rd</b> 9:30 am - 12:30 pm
	<i>The center is closed on January 20, 2020 for Martin Luther King day.</i>	
<p>Surry Senior Center (inside the L. H. Jones Family Resource Center) 215 Jones School Road • Mount, Airy, NC 27030 (336) 415-4225</p>		



Best Ways to Stay Informed

- Supply your email address to receive friendly reminders by email.
- Find us on Facebook. Simply log onto Facebook, search for “YVEDDI Surry Senior Centers” and click on the “like” button.
- Visit our website: [www.yveddi.com](http://www.yveddi.com)
- Look for articles and announcements in The Mt. Airy News and The Pilot newspaper.
- Listen for announcements on local radio stations such as WSYD, WIFM & WBRF
- Look for announcements on the local Time Warner Cable Channel.
- Follow us on Twitter at [twitter.com/SurrySnrCtrs](https://twitter.com/SurrySnrCtrs)



Service Connections: The center has a system that connects older adults to a broad range of services that are available by providing information and referral for regional, state, and/or national resources. Please call the center if you need information, referral or assistance with any of the following services:

- Health Screenings
- Senior Games
- Legal Services
- Caregivers Class
- Housing Assistance
- Home Repair/Modification
- In-home Aide Services
- Social Security Benefits
- Congregate Meals/Home Delivered Meals
- Disaster Services
- Fitness & Health Promotion
- Tax Preparation/Counseling
- Transportation Medical/General
- Family Support Groups
- Reverse Mortgage Counseling
- Home Health Services
- Medicaid Benefits/Medicare Benefits
- Food Distribution
- Adult Day Care/Day Health
- Durable Medical Equipment/Assistive Devices
- Long-term Care
- Facilities Rehabilitation Services
- Mental Health
- Insurance Counseling/SHIIP
- Telephone Reassurance
- Job Training/Placement
- Energy Assistance
- Respite
- Report Suspected Abuse, Neglect, or Exploitation
- Hospice Care

**2019**  
**Reindeer Hop**

Surry Senior Center's Annual Christmas Dance  
A collaboration between the YVEDDI Surry Senior Center and the Mt. Airy Parks and Recreation

Tickets Sold in Advance-Tickets go on sale Nov. 1st

**Join Us...**

**Friday | Dec. 6**  
7:00 - 10:00 PM

**Location: L. H. Jones Auditorium**  
215 Jones School Road • Mount Airy, NC

Entertainment by The Dennis Tolbert Band  
Dinner and Door Prizes!

Admission Ticket: \$15 per person  
(Sold in advance-Tickets go on sale Nov. 1st)  
Call 336-415-4225 for more information






BINGO Every Wednesday at 10 AM  
Pilot Mountain Senior Center  
873 Old US 52 Bypass  
Pilot Mountain, NC 27041  
(336) 368-2012 ext. 203



Typically, the Surry County Senior Center follows the inclement weather policy of the Surry County School System.

Note: Sometimes we will be closed even if the schools are on a delayed schedule due to the safety of our seniors and volunteer drivers.

There will be two separate announcements:

- Meals on Wheels
- Senior Services/Senior Center.

Please stay tuned to WXII-12 or Fox 8 News for the latest updates.

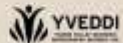
**On October 18th, our number is up.**

presented by  
**The NoneSuch Playmakers**  
**October 18 and 19 @ 7:00pm**  
**October 20 @ 2:00pm**

**The L.H. Jones Auditorium**  
215 Jones School Road • Mount Airy, NC  
Admission \$10  
Tickets available at the door

*In the small city of Troy, New York, the murder of a young college professor leads police detectives Iris Ford and Michael Pierce into a bizarre world of political intrigue, conspiracy and international danger. Through it all, the detectives are haunted by the mysterious numbers: "Two One Two Four!"*

**Two One Two Four** is presented in partnership with the YVEDDI Senior Center of Surry County. A portion of the proceeds will benefit the Senior Center.



an Iris Ford thriller in two acts



# Holiday Arts and Crafts Bizame

November 15 & 16, 2019  
9:00 am – 4:00 pm

 Handmade Arts & Crafts  
Perfect for gift giving!

For more information or to reserve vendor space please contact  
Dr. Katherine Rose-Plum at (336) 429-0073 or [kroseplum@gmail.com](mailto:kroseplum@gmail.com)

Surry County Senior Center  
215 Jones School Road • Mount Airy, NC 27030  
(L.H. Jones Family Resource Center Conference Room)  
Ph. (336) 415-4225




**Communities Coming Together**

## Mount Airy Community Blood Drive

### Surry American Red Cross

Chapter Building  
844 Westlake Drive  
Mount Airy, NC 27030

**Monday, November 4, 2019**  
**1:30 p.m. to 6:00 p.m.**

Sponsored by Retired Senior Volunteer Program (RSVP)  
For an appointment, call (336) 766-4183.

Download the Blood Donor App | [redcrossblood.org](http://redcrossblood.org) | 1-800-RED CROSS | 1-800-733-2767  
© 2017 The American Red Cross 132919

## The YVEDDI Retired Senior Volunteer Program & the Surry County Senior Center

Are proud to announce that we are partnering with the IRS to provide  
**FREE Tax Preparation at the Mt Airy Public Library !!**  
**Help your community — become a VITA volunteer!**

Are you looking to learn a new skill while helping those in your community? The IRS Volunteer Income Tax Assistance Program, or VITA, is looking for volunteers to help prepare tax returns for 2019.

VITA sites provide free income tax preparation for low-to-moderate-income taxpayers (generally those who make \$56,000 and below) who need help filing their returns.

VITA volunteers come from all walks of life and include professionals, retirees, college and high school students, IRS employees and others who simply want to help taxpayers in their communities. IRS partners with non-profit, community and governmental organizations to provide free tax assistance to more than 3 million taxpayers nationwide.




Volunteering with VITA is an opportunity to 'pay it forward.' Spending a few hours each week with other volunteers is an enjoyable experience.

Not only will you feel a sense of pride by helping people fulfill their tax obligation, but you also will learn new skills that will benefit you outside the VITA program.

Becoming a VITA volunteer is easy, and free training is offered both online and in a classroom setting.

If you are interested in becoming a VITA volunteer please contact:

RSVP Program: (336) 415-4225


## Acrylics Painting Classes

Beginning March 20<sup>th</sup>, 2019

Every Wednesday 1:00 –4:00 p.m.  
\$5.00 per student/per class  
Instructor *Dr. Katherine Rose-Plum*

If you have any supplies, please bring them to class. If you don't have art supplies, come anyway, we will have some available.

**No experience is necessary!**

Pilot Mountain Senior Center  
873 Old US 52 Bypass • Pilot Mountain, NC 27041  
(336) 368-2012 ext. 203



Save the Date



For more  
information contact:  
Tom Beckom  
(336) 367-3531 or  
tbeckom@yveddi.com

Saturday

**MARCH 28, 2020**  
10K - 8:00 AM  
5K - 8:15 AM

*All proceeds from this event benefit YVEDDI Meals-On-Wheels GROWING waiting list to feed seniors in Surry County.*



Friday

**April 24**  
2020

Doors Open at 5:00 p.m.  
Games Begin at 6:00 p.m.

In Advance: \$25  
At the door: \$30

Packet includes 20 games, 1 coverall, and 5 door prize tickets

L. H. Jones Family Resource Center  
(Auditorium)  
215 Jones School Road  
Mount Airy, NC  
(336) 786-6155 ext. 222



*Proceeds will benefit the L. H. Jones Family Resource Center*

**FOOD FUN DOOR PRIZES RAFFLES**

## YVEDDI Surry Senior Centers

215 Jones School Road  
Mount Airy, NC 27030

For more information about any  
Senior Center event, activity or  
program, please contact:

Carolyn Gentry, Manager  
Phone: 336.415.4225  
Fax: 336.786.1951  
Email: cgentry@yveddi.com

Pilot Mountain Senior Center  
Edward M. Armfield, Sr. Civic and  
Recreation Center  
873 Old US 52 Bypass  
Pilot Mountain, NC 27041

Shirley Key, Project Specialist  
Phone: 336.368.2012 x 203  
Fax: 336.368.4115  
Email: skey@yveddi.com

### Interested in a Veteran's Support Group?

Please let us know!  
Call (336) 415-4225



Public  
Transportation

Call  
(336) 679-2071



**YOUR AD  
HERE**

Advertising space is available in  
this newsletter.

**Low Rates!**

Call (336) 415-4225 for prices.

**CALL TODAY  
TO START PLANNING FOR  
TOMORROW**



**PAGLEN  
LAW OFFICE**

**Louise M. Paglen, Attorney at Law**  
*Licensed in NC and VA*

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<b>ALLEGHANY OFFICE</b> 114 S. Main St.   Sparta, NC	<b>SURRY OFFICE</b> 124 W. Kapp. St.   Dobson, NC
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Home is more than a place to stay! It is your favorite chair, your beloved pet, your treasured memory of someone you love. Today more people are choosing to receive care in the privacy of their own home. We are a locally owned and operated in-home aide agency with your satisfaction as our goal. From light housekeeping, medication reminders, errands, assistance with walking, and meal preparation to help with bathing and feeding, your plan of care is designed with you in mind to assure your needs are met.

**Call today! 336-789-2273**

Whether you are looking for someone to help you or a loved one a few hours a week, or need more comprehensive assistance, Home Instead can help.

- Companionship
- Meal Preparation
- Light Housekeeping
- Medication Reminders
- Incidental Transportation
- Shopping & Errands

Call for a free,  
no-obligation appointment  
**(336) 789-4472**



**172 West Independence Blvd. ▪ Mount Airy, NC 27030**

The advertisement for Mountain Valley Hospice &amp; Palliative Care is set against a black and white photograph of an elderly couple walking away from the camera on a path. The man is on the left, wearing a light-colored jacket and a cap, and is using a cane. The woman is on the right, wearing a light-colored jacket. In the upper right corner of the ad, there is a logo consisting of a stylized house with a heart above it. Below the logo, the text 'Mountain Valley' is written in a large, white, serif font, with 'Hospice &amp; PALLIATIVE CARE' in a smaller, white, sans-serif font underneath. To the right of the map, the text 'We are with you every step of the way' is written in a white, cursive font. At the bottom right, the phone number '888.789.2922' and the website 'mtnvalleyhospice.org' are displayed in a large, white, sans-serif font. A map of North Carolina is overlaid on the lower left, with several counties labeled: FULASKI, WYTHE, FLOYD, FRANKLIN, GRAYSON, CARROLL, PATRICK, HENRY, PITTSVILLE, ALLEGANY, SURRY, STOKES, WILKES, YADKIN, FORSYTH, and DAVIE. Stars are placed on the map to indicate service areas in Carroll, Patrick, Henry, Surry, and Yadkin counties.