



YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

AUGUST 2019

What's Happening...

Note: We will not be having the Gentry Supper this month due to the Senior Mingle at the East Bend Senior Center on this night!!!

August 8th at 11AM Crime Prevention with Deputy Diaz, Yadkin County Sheriff's Department

August 7th at 11AM: Story Time with Jessica from the Yadkin County Public Library

August 12th at 11:00 a.m. (2nd Monday of each month): Blood Pressure Checks with Natalie Williams from Yadkin County Human Services Agency

August 13th at 5 pm: Senior Mingle

Pre-registration required by: August 12th

Dinner: Sandwiches, Chips and Homemade Ice Cream

Location: East Bend Senior Center ▪ 473 E. Main St. ▪ East Bend, NC 27018

Special Singers, Loretta Wimmer & Jennifer Wooten

Free event but donations will be accepted and appreciated.

Sponsored by: Woodman Life

August 14th at 11AM Rules & Regulations with Alan Moxley, YVEDDI Senior Services Program

August 15th at 11AM Entertainment by Vickie Burleson

August 21st at 11AM Safety with Sandy Rondeau, YVEDDI Domestic Violence Program

Every Wednesday at 1:00 p.m.: Line Dance Classes

Teacher: Margaret Anderson. The price for seniors will be \$2 per class and \$4 for non-seniors.

The **Lion's Club meetings** are held on the **1st & 3rd Tuesday** of each month at **6 p.m.** Everyone is welcome to attend. Vision and Hearing Screenings Available & Prescription Glasses Assistance Available

Notice: The **Senior Chorus** be taking a break for the Summer. They will resume again on the 1st Wednesday in September (9/4/19).

Information for Services, Referrals & Assistance

Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

How You Can Give...

The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!

We encourage you to SUPPORT THE Yadkin County United Fund

By Mail:
Yadkin County United Fund
205 S. Jackson Street
Yadkinville, NC 27055

Or visit

www.yadkincountyunitedfund.org



YVEDDI RSVP Volunteer Appreciation and Awards

April 29, 2019

Surry County Commissioner and Chairman of the YVEDDI Board of Directors, Eddie Harris recognized Jimmy Bowman and Henry Hutchens, two of the top volunteers who had logged more than 600 hours of service this past year.

Messrs. Bowman and Hutchens volunteer at the Yadkin County Nutrition Site.

60/40 Raffle

Drawing held on May 10, 2019

Raised: \$700.00 total

Winner: Max Cranfill (\$280.00)

Proceeds benefit the Yadkin County Senior Center (\$420.00)



Eddie Harris & Henry Hutchens



Eddie Harris & Jimmy Bowman

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A special THANK YOU to
Gentry Family Funeral Home
for sponsoring the Beach Bash
on July 23, 2019.
Thank You!
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Senior Mingle July 23, 2019 at the Yadkinville Senior Center



AUGUST 2019

Mon

Tue

Wed

Thu

Fri

<p><i>Lunch is served daily at 11:30 a.m. for ages 60 & older.</i></p> <p><i>You must be registered. Contact the Nutrition Site Manager for more details</i></p>			<p>1</p> <p>9 Journal Now 9 Walking to Music 11 Fellowship 11:30 Lunch 1 Pegs & Jokers 6 Rook</p>	<p>2</p> <p>9 Journal Now 9 Walking to Music 10 Bingo with Cigna Health-spring 11:30 Lunch</p>
<p>5</p> <p>9 Journal Now 9 Walking to Music 10:30 Safety BINGO 11:30 Lunch 12 Chair Exercise 1 Rook for beginners 6 Zumba \$\$</p>	<p>6</p> <p>9 Journal Now 9 Walking to Music 10 Quilting 11 Brain Games 11:30 Lunch 6 Lion's Club</p>	<p>7</p> <p>9 Journal Now 10 Walking to Music 11 Story Time With / Jessica from Yadkin Public Library 11:30 Lunch 12 Stretch & Flex 1 Line Dance Lessons \$</p>	<p>8</p> <p>9 Journal Now 10 Walking to Music 11 Crime Prevention with Debt. Diaz 11:30 Lunch 1 Pegs & Jokers 6 Rook</p>	<p>9</p> <p>9 Journal Now 9 Walking to Music 10 Healthy Bingo 11:30 Lunch</p>
<p>12</p> <p>9 Journal Now 9 Walking to Music 10:30 Safety BINGO 11 Blood Pressure Checks 11:30 Lunch 12 Chair Exercise 1 Rook for Beginners 6 Bee Association</p>	<p>13</p> <p>9 Journal Now 9 Walking to Music 10 Quilting 11 Color Time 11:30 Lunch 5 Senior Mingle-East Bend Senior Center NO GENTRY SUPPER</p>	<p>14</p> <p>9 Journal Now 10 Walking to Music 11 Rules & Regulations with Alan Moxley 11:30 Lunch 12 Stretch & Flex 1 Line Dance Lessons \$</p>	<p>15</p> <p>9 Journal Now 10 Walking Music 11 Entertainment by Vickie Burleson 11:30 Lunch 1 Pegs & Jokers 6 Rook</p>	<p>16</p> <p>9 Journal Now 9 Walking to Music 10 Safety Bingo 11:30 Lunch</p>
<p>19</p> <p>9 Journal Now 9 Walking to Music 10:30 Safety BINGO 11:30 Lunch 12 Chair Exercise 1 Rook for beginners 6 Zumba \$\$</p>	<p>20</p> <p>9 Journal Now 9 Walking to Music 10 Quilting 11 Birthday Party & Band 11:30 Lunch 6 Lion's Club</p>	<p>21</p> <p>Senior Citizen's Day 9 Journal Now 11 Safety With Sandy from Domestic Violence 11:30 Lunch 12 Stretch & Flex 1 Line Dance Lessons \$</p>	<p>22</p> <p>9 Journal Now 9 Walking to Music 11 Brain Games 11:30 Lunch 1 Pegs & Jokers 6 Rook</p>	<p>23</p> <p>9 Journal Now 9 Walking to Music 10 Nutrition Bingo 11:30 Lunch</p>
<p>26</p> <p>9 Journal Now 9 Walking to Music 10:30 Safety BINGO 11:30 Lunch 12 Chair Exercise 1 Rook for beginners 6 Zumba \$\$</p>	<p>27</p> <p>9 Journal Now 9 Walking to Music 10 Quilting 11 Sing-A-Long with Dot Matthews 11:30 Lunch 5 Senior Supper</p>	<p>28</p> <p>9 Journal Now 11 Fellowship 11:30 Lunch 12 Stretch & Flex 1 Line Dance Lessons \$</p>	<p>29</p> <p>9 Journal Now 9 Walking to Music 11 Color Time 11:30 Lunch 1 Pegs & Jokers 6 Rook</p>	<p>30</p> <p>9 Journal Now 9 Walking to Music 10 Community Safety with Jason Penly 11:30 Lunch</p>

Mission Statement: To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.