



# YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



*A North Carolina Certified Senior Center of Excellence*

**JULY 2019**

## What's Happening...

### July 8th at 11:00 a.m. (2nd Monday of each month):

Blood Pressure Checks with Natalie Williams from Yadkin County Human Services Agency

### July 9th at 5:00 p.m. (2nd Tuesday of each month): Gentry Potluck Supper

Guests are asked to bring a dish of food to share with friends, such as a casserole or dessert. Meat is provided by Gentry Funeral Home Fund.

**July 17th at 10:45 a.m.: Internet Safety Class** offered by Surry Community College. Please join us and learn more about internet safety. Free!

**July 17th at 10:00 a.m. to 11:30 a.m.:** Division of Services for the Deaf and Hard of Hearing will be on-site.

**July 18th at 11 a.m.: Dog Daze Show** with Wendy. She has been with us before and her dogs are very well disciplined and smart.

### Tuesday, July 23rd at 5:00 p.m.: BEACH BASH!!! FREE!

Baked Spaghetti, Salad, Rolls, Dessert, Sweet Tea and Soft Drinks.  
Entertainment: The Stan Bobbitt Band  
Fun, Food, Fellowship and Dancing!!!!  
YOU MUST BE SIGNED UP BY JULY 19TH!!!

### Every Wednesday at 1:00 p.m.: Line Dance Classes

Teacher: Margaret Anderson. The price for seniors will be \$2 per class and \$4 for non-seniors.

The **Lion's Club meetings** are held on the **1st & 3rd Tuesday** of each month at **6 p.m.** Everyone is welcome to attend. Vision and Hearing Screenings Available & Prescription Glasses Assistance Available

**Notice: The Senior Chorus** be taking a break for the Summer. They will resume again on the 1st Wednesday in September (9/4/19).

### **The Town of Yadkinville will be having a 4th of July Block Party.**

The Parade will start at 6:00 pm.  
Stay for food, fun and fireworks!  
Hamburgers, Hotdogs, Popcorn and Funnel Cakes and much more will be available.  
Music by Stan Bobbitt Band  
Bring your lawn chairs!!!  
Fireworks at dark. (in case of rain, event will be cancelled!)



## Information for Services, Referrals & Assistance

### Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

### Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

### How You Can Give...

**The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!**

**We encourage you to SUPPORT THE Yadkin County United Fund**

By Mail:  
Yadkin County United Fund  
205 S. Jackson Street  
Yadkinville, NC 27055  
Or visit  
[www.yadkincountyunitedfund.org](http://www.yadkincountyunitedfund.org)



# JULY 2019

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

<p>1 9 Journal Now 9 Walking to Music 10:30 Safety BINGO 11:30 Lunch 12 Chair Exercise 1 Rook for beginners 6 Zumba \$\$</p>	<p>2 9 Journal Now 9 Walking to Music 10 Quilting <b>11 Color Time</b> 11:30 Lunch 6 Lion's Club</p>	<p>3 9 Journal Now 10 Walking to Music <b>11 Remember When Story Time with Jessica from Yadkin Library</b> 11:30 Lunch 12 Stretch &amp; Flex 1 Line Dance Lessons \$</p>	<p>4 <b>CLOSED</b> <b>Happy 4th of July!</b></p> 	<p>5 9 Journal Now 9 Walking to Music 10 Nutrition Bingo 11:30 Lunch</p>
<p>8 9 Journal Now 9 Walking to Music 10:30 Safety BINGO <b>11 Blood Pressure Checks</b> 11:30 Lunch 12 Chair Exercise 1 Rook for beginners 6 Bee Association</p>	<p>9 9 Journal Now 9 Walking to Music 10 Quilting <b>11 Fellowship</b> 11:30 Lunch <b>5 Gentry Potluck Supper</b></p>	<p>10 9 Journal Now 10 Walking to Music <b>11 Brain Games</b> 11:30 Lunch 12 Stretch &amp; Flex 1 Line Dance Lessons \$</p>	<p>11 9 Journal Now 10 Walking to Music <b>11 Elder Abuse with Dept. Diaz</b> 11:30 Lunch 1 Pegs &amp; Jokers 6 Rook</p>	<p>12 9 Journal Now 9 Walking to Music 10 Nutrition Bingo 11:30 Lunch</p>
<p>15 9 Journal Now 9 Walking to Music 10:30 Safety BINGO 11:30 Lunch 12 Chair Exercise 1 Rook for Beginners 6 Zumba \$\$</p>	<p>16 9 Journal Now 9 Walking to Music 10 Quilting <b>11 Birthday Party &amp; Band</b> 11:30 Lunch <b>6 Lion's Club</b></p>	<p>17 9 Journal Now 10 Walking to Music 10 Division of Deaf &amp; Hard of Hearing <b>11 Internet Safety with Surry Community College</b> 11:30 Lunch 12 Stretch &amp; Flex 1 Line Dance Lessons \$</p>	<p>18 9 Journal Now 10 Walking Music <b>11 Dog Daze Show with Wendy</b> 11:30 Lunch 1 Pegs &amp; Jokers 6 Rook</p>	<p>19 9 Journal Now 9 Walking to Music 10 Nutrition Bingo 11:30 Lunch</p>
<p>22 9 Journal Now 9 Walking to Music 10:30 Safety BINGO 11:30 Lunch 12 Chair Exercise 1 Rook for beginners 6 Zumba \$\$</p>	<p>23 9 Journal Now 9 Walking to Music 10 Quilting <b>11 Sing-a-Long with Dot Matthews</b> 11:30 Lunch <b>5 BEACH BASH</b></p> 	<p>24 9 Journal Now <b>11 Brain Games</b> 11:30 Lunch 12 Stretch &amp; Flex 1 Line Dance Lessons \$</p>	<p>25 9 Journal Now 9 Walking to Music <b>11 Fellowship</b> 11:30 Lunch 1 Pegs &amp; Jokers 6 Rook</p>	<p>26 9 Journal Now 9 Walking to Music 10 Healthy Bingo 11:30 Lunch</p>
<p>29 9 Journal Now 9 Walking to Music 10:30 Safety BINGO 11:30 Lunch 12 Chair Exercise 1 Rook for beginners 6 Zumba \$\$</p>	<p>30 9 Journal Now 9 Walking to Music 10 Quilting <b>11 Color Time</b> 11:30 Lunch 5 Senior Supper</p>	<p>31 9 Journal Now <b>11 Color Time</b> 11:30 Lunch 12 Stretch &amp; Flex 1 Line Dance Lessons \$</p>	<p><i>Lunch is served daily at 11:30 a.m. for ages 60 &amp; older.</i> <i>You must be registered.</i> <i>Contact the Nutrition Site Manager for more details</i></p>	 <p><b>YVEDDI</b> YADKIN VALLEY ECONOMIC DEVELOPMENT DISTRICT, INC.</p>

**Mission Statement:** To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.