

**JUNE  
2018**

**Program Mission**

“Educating Children and Empowering Families”



**Beautification Week**



**Paynetown Head Start**

Caleb’s dad refurbished the (rusty) basketball goal by sanding and painting and buying and installing four brand new heavy duty nets!  
We have great parents!

**Thank You!**



**Paynetown Head Start**

Volunteers made huge improvements to the playground during our Beautification Week.  
Thank you to all that volunteered!



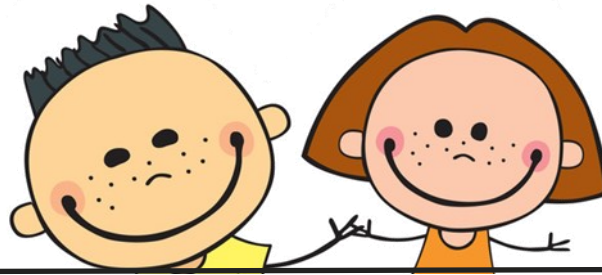
**Mt. Olive Head Start**

We love when father’s volunteer!  
This father volunteered for 3 hours. He and a few children made a post office sign. He showed the children how use a tape measure by measuring and cutting different size paper for the project.

**YVEDDI Head Start  
Administrative Office**

116 Baptist Church Road  
Boonville, NC 27011

Ph. (336) 367-4993  
Fax (336) 367-4997



## Literacy Tips

Give your children a head start on success—teach them that reading is **FUN!** Here are a few tips that will increase literacy skills in young children. Research proves that those children that are read to, and who read for pleasure, are significantly more successful in school than children who are not.

**Read together every day.** Read to your child every day, making this a warm and loving time when the two of you can cuddle close together. Bedtime is a great time for reading together.

**Give everything a name.** You can build comprehension skills early, even with the littlest child. Play games that involve naming or pointing to objects. Say things like, "Where's your nose?" and then, "Where's Mommy's nose?" Or touch your child's nose and say, "What's this?"

**Express how much you enjoy reading together.** Tell your child how much you enjoy reading with him or her. Look forward to this time you spend together. Talk about "story time" as the favorite part of your day.

**Read with fun in your voice.** Read to your child with humor and expression. Use different voices for different characters.  
Ham it up!

**Know when to stop.** If your child loses interest or has trouble paying attention, just put the book away for a while. Don't continue reading if your child is not enjoying it.

**Be interactive.** Engage your child so he or she will actively listen to a story. Discuss what's happening, point out things on the page, and answer your child's questions. Ask questions of your own and listen to your child's responses.

**Read it again and again and again.** Your child will probably want to hear a favorite story over and over. Go ahead and read the same book for the 100th time! Research suggests that repeated readings help children develop language skills.

**Talk about writing, too.** Draw your child's attention to the way writing works. When looking at a book together, point out how we read from left to right and how words are separated by spaces.

**Point out print everywhere.** Talk about the written words you see in the world around you and respond with interest to your child's questions about words. Ask him or her to find a new word every time you go on an outing.

*Resource: Reading Rocket*



## YVEDDI Weatherization Assistance Program

The Department of Environmental Quality has designated funds to assist low-income families and individuals to have adequate heat in their homes and to reduce their utility costs by means of weatherization.

The Heating Appliance Repair/Replacement Program (HARRP) can repair or replace a heating system that is functioning below the manufacturer's standards.

Weatherization includes installing insulation, sealing air leaks, and performing measures that will reduce energy usage.

To meet the financial requirements for assistance, the gross house-hold income for the last 12 months cannot exceed 200% of the Federal Poverty Index.

To find out more information, call (336) 367-3535.

Quality Preschool Now Enrolling 2018-2019

# YVEDDI Head Start

We offer:

- ✓ School Readiness
- ✓ Health Services
- ✓ Dental Services
- ✓ Free nutritious meals and snacks
- ✓ Individualized family support
- ✓ We serve children with special needs

#### INFORMATION NEEDED TO COMPLETE APPLICATION

- Child's Birth Certificate
- Immunization Record
- Verification of income for each parent/caregiver (current W-2/tax forms)
- Child Support Verification (if any)
- Medicaid/Insurance Card
- Documentation of child's disability (if any)
- A physical is required for enrollment

Your child must be 3 or 4 years old on or before August 31st

Call for more information!



Davie County  
(336) 284-2374

Stokes County  
(336) 593-2370  
(336) 983-2344

Surry County  
(336) 786-6155  
Ext 227/230/228

Yadkin County  
(336) 367-7175  
(336) 463-4137

(For qualified families)

# “Ready Rosie, coming to your classroom this fall!”



## How it Works



## BIKE SAFETY!!!!

I know, many of us grew up riding without helmets, so we might not wear them today. But your kids are watching more than you think. If you wear a helmet, your kids are more likely to wear one as well.



Whenever you ride, please remember these tips. And pass them on. You just might save a life.

- Wear a properly-fitted helmet.
- Ride on the sidewalk when you can. If not, ride in the same direction as traffic as far on the right-hand side as possible.
- Use hand signals and follow the rules of the road. Be predictable by making sure you ride in a straight line and don't swerve between cars.
- Wear bright colors and use lights, especially when riding at night and in the morning. Reflectors on your clothes and bike will help you be seen.
- Ride with your children. Stick together until you are comfortable that your kids are ready to ride on their own.

Resource: *Safe Kids Worldwide*

## Do you have a child with disabilities?

**IDEA** - the Individuals with Disabilities Education Act (p. L. 102-119) was passed by Congress and requires that all states and territories provide a public school education to children with disabilities from ages 3 to 21, no matter how severe their disabilities are.



This law promises to children with disabilities a “free appropriate public education” at public expense, that their educational placement is based on an evaluation of each child’s own special needs and that an Individualized

Education Program (IEP) is planned for your child and states the services they will receive. If you have a child with disabilities be sure they are receiving the special education they deserve.

If you need further information, please call the Head Start Office at (336) 367-4993 and we'll be glad to help.

# What's Happening



Head Start staff attended the North Carolina Head Start Association Conference in Raleigh, NC.



Buddy the Fireman made an appearance at the Stokes Little Folks Festival!



Lawsonville Health Fair display!



Children at Paynetown Head Start thoroughly enjoyed the piñata at their End of Year Celebration!



During Mount Olive's recent Building Study the children worked very hard creating a city!





**www.NC211.org**

Need Help, But Don't Know Where To Turn?  
**DIAL 2-1-1**

Free ▪ Confidential ▪ 24 Hours a Day ▪ Any Language

**Your connection to:**

- Basic Needs (food, clothing, shelter)
- Child Care Services
- Consumer Help
- Counseling
- Crisis Intervention
- Health Care
- Housing
- Senior Services
- Support Groups
- Volunteer Opportunities



# Kids Zone

**NCWorks Online** is a one-stop online resource for job seekers and employers in North Carolina.

Job seekers can search for jobs, create resumes, and find education and training.

Visit the website today [www.ncworks.gov](http://www.ncworks.gov) or stop by one of the office locations listed below.

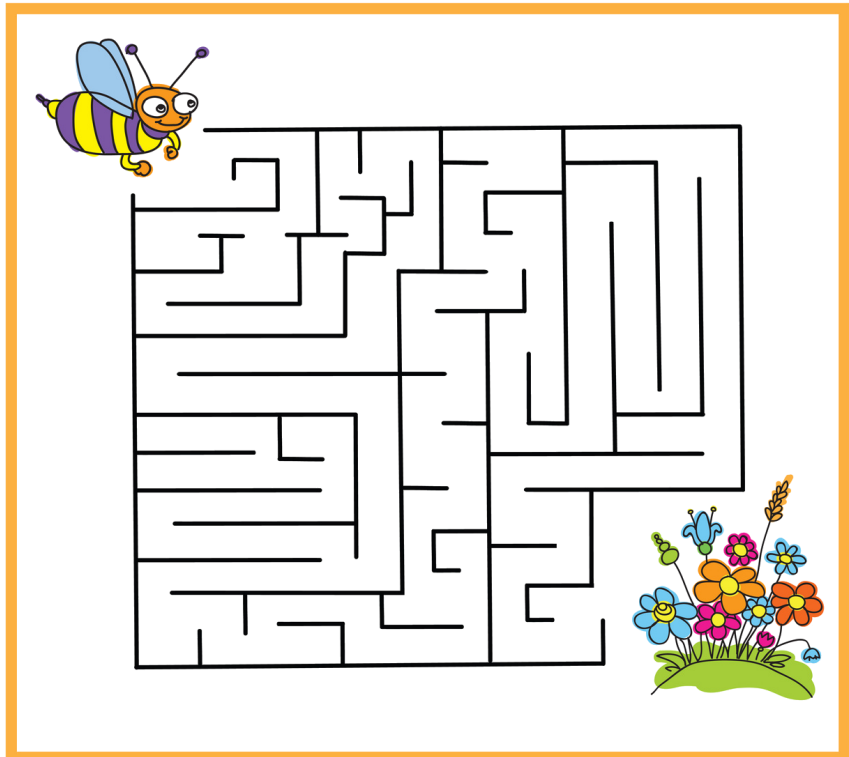
**NCWorks Career Center Locations**

Surry and Yadkin County (Monday-Friday)  
541 West Pine Street Suite 300 ▪ Mount Airy, NC 27030  
Ph. (336)786-4169

Yadkin County Workforce Center (Tues & Thurs)  
233 East Main Street (Yadkinville Library) Yadkinville, NC 27055  
Ph. (336) 679-8792

Davie County (Wednesday and Thursday)  
371 North Main Street (Mocksville Library) Mocksville, NC 27028  
Ph. (336) 753-6030

Stokes County (Monday-Friday)  
904 North Main Street ▪ Walnut Cove, NC 27052  
Ph. (336) 591-4074





Safe Kids Worldwide recommends the following top tips to stay safe during the summer:

- Give kids your undivided attention around water. Non-stop supervision, without distraction is essential. Babies can drown in as little as one inch of water.
- Wear life jackets. Always have your children wear a life jacket approved by the U.S. Coast Guard while on boats, around open bodies of water or when participating in water sports. Make sure the life jacket fits snugly. Have the child make a “touchdown” signal by raising both arms straight up; if the life jacket hits the child’s chin or ears, it may be too big or the straps may be too loose.
- Talk to kids about how to be safe while walking. It’s always best to walk on sidewalks or paths and cross at street corners, using traffic signals and crosswalks. Teach kids at an early age to put down their devices and then look left, right and left again when crossing the street.
- Drink water during sports. Have your kids bring a water bottle to practice and games and drink plenty of water before, during and after play. This is especially important in summer months to avoid dehydration.
- Wear a helmet for biking and other wheeled sports. We have a simple saying: “Use your head, wear a helmet.” It is the single most effective safety device available to reduce head injury and death from bike crashes. Kids should wear a helmet when riding a scooter, skating, skateboarding or biking.
- Never leave your child alone in a car, not even for a minute. It can be tempting to leave a child alone in a car while you quickly run into a store, but it can cause serious injury or even death in a matter of minutes. Reduce the number of deaths from heatstroke by remembering to ACT – avoid heatstroke, create reminders, and take action if you see a child left alone.

**The Questions**

"I want my kids to explore and have fun at the playground but I also want to keep them safe. What's the best way for me to make sure there's a healthy balance between safety and letting them take chances?"

- Shelly from PA


**The Answer**

Playgrounds are great place for kids to build strength, coordination and confidence. The best thing you can do as a parent is actively supervise you kids on playgrounds and ensure that your child uses appropriate playground equipment based on age and development level. Every child develops differently, so if they want to try the “big kid” swing, the monkey bars or a more challenging piece of equipment and you feel like they’re ready, go for it. Just make sure you’re within arm’s reach to teach and support them, especially until they get the hang of how to use it on their own.



We would like to recognize children that had perfect attendance. Thank you families for realizing that attendance matters!

**Perfect Attendance in March**

<b>Boonville</b> Nevaeh Cashton  <b>Danbury</b> Aiden Brooklyn Lorretta Cheyenne Raelynn Brooklyn Skylar Shannah Naveyah Jackson Jayden Hailee Cora Chance Isabella  <b>J.R. Hutchens 1</b> Noah Danielle	<b>J.R. Hutchens 2</b> Ryker Francis Moises  <b>JK 1</b> Mason Carson  <b>Jones 1</b> Ariana  <b>Jones 2</b> Alexander Christopher Elijah  <b>Jones 3</b> Alexis Maddisyn Alvin  <b>Jones 5</b> Ava	<b>Jones 6</b> Mia Kamron Christabel Ryan Kayden  <b>Jonesville</b> Khloee Bentley Daisy Gabriel  <b>London</b> Keyla Riley Mahlaya Khloe  <b>Mocksville</b> Gary Malcolm Mahoganie Yardley	<b>Mount Olive</b> Adam Savannah Thalan Pearce  <b>Oak Grove</b> Britney Tony  <b>Paynetown</b> Owen  <b>Red Hill Creek</b> Samuel Elian Allen Kyndle  <b>Sandy Ridge</b> Leah Nicole	<b>Surry</b> Julia Whitney Natalie Oliver Leeta Bonnie  <b>Yadkinville</b> Alanis Isaac Juan Samuel Aide Estrella Guadalupe  
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**Perfect Attendance in April**

<b>Boonville</b> Hailee Cora Chance Isabella  <b>J.R. Hutchens 1</b> Karim Naraly Danielle Hiithan Zoe Venus Ethan Stephany Tai'yanah Harvey Antonio  <b>J.R. Hutchens 2</b> Nahima Nevaeh Ryker Emma	Francis Moises  <b>JK 1</b> Mason Xander Ronnie London  <b>JK 2</b> Ethan Jacob Allen Luis Nehemiah Christopher  <b>Jones 1</b> Xiya Gracie Silvia	<b>Jones 2</b> Alex  <b>Jones 3</b> Tyler Maddisyn Symiah Reese  <b>Jones 4</b> Annalei Naomi  <b>Jones 5</b> Dallas Tucker Ava Adrian	<b>Jones 6</b> Alekxander Mia Samantha Skyler  <b>Jonesville</b> Cody Daisy Zoe Preton Gabriel Gionni Elijah  <b>London</b> Keyla Khloe Rilee Everette	<b>Mocksville</b> Isaiah Daniel Gary Malcolm Christopher Rosa Mahoganie Yardley Karmen  <b>Mount Olive</b> Estella Joseph Kaylee Deanna Starlin	<b>Oak Grove</b> Lesly Christopher Alex Josue Katalea  <b>Paynetown</b> Ava Owen Rylee K'Ivy Anna Grayson  <b>Red Hill Creek</b> Julian Gabriel Allen	<b>Sandy Ridge</b> Elizabeth Wyatt  <b>Surry</b> Rosa Natalie Oliver  <b>Yadkinville</b> Maria Alanis Nicholas Gabriel Sebastian Isaac Jonathan Samuel Estrella Guadalupe Michael
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**Congrats!**



## Connect & Share

Like us on Facebook to keep up-to-date on:

- Activities in the classrooms
- Special Events
- News



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## Holiday Schedule

July 4th  
Independence Day

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Newsletter Editor:  
Donna Rutledge, Communications  
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# Kindergarten...here I come!

## School Readiness and Transitioning to Kindergarten



What is school readiness? School readiness is children being ready for kindergarten by being prepared emotionally, socially, behaviorally, and academically in order to be successful in kindergarten.

Simple things that you can do at home over the summer can really make a difference in how successful your child will be. Keep children in a routine by having a set time for bed, bath, short naps, and meals.

### Encourage Independence

Now is the time to boost independence, by teaching your child to attend to his own needs. By the end of summer and kindergarten rolls around, your child should be able to use the restroom without assistance and afterwards wash their hands without a reminder. Ensure your child can wipe and blow their nose and dispose of the tissue properly. Children will be required to carry their lunch tray to the table without assistance. Have your child help carry items to the table at home and a serving tray at fast food restaurants. These simple, but needed, skills will help your child be more successful.

**Strengthening Fine motors skills:** Before children can learn to write they must first be able to properly hold a pencil. Holding and using scissors correctly, using glue without creating a puddle, using a paint brush and controlling the amount of paint when dipped are all essential school readiness skills. Remember practice makes perfect. Allow your child to use old magazines, newspapers, and odds and ends stuff to practice their skills.

**Practice Writing & Name Recognition:** Throughout the summer have your child to practice their writing skills by; writing their name, writing the grocery list, signing their name to any cards that you might send out to family and friends. Remember this is practice so it won't be perfect.

### Literacy Skills: Make sure to read to your child daily.

When reading to your child, make sure to ask questions before, during and after the book. This helps with critical thinking skills, memory, and increased vocabulary. Asking questions like, what do you think will happen next?, what was your favorite part of the story?, can you tell me what happened in the story?, are just a few examples of questions to ask during and after reading a story.



Remember the transition from preschool to Kindergarten can be a traumatic and exciting experience in the life of a young child. Kindergarten has a more strenuous learning environment, stricter behavior expectations and longer school days. The transition to Kindergarten requires intentional parental involvement and activities to ensure your child is ready for the next phase of their education.