



YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

June 2018

What's Happening...

2nd Monday of each month at 11:00 a.m.

Blood Pressure Checks with Natalie Williams from Yadkin County Human Services Agency



2nd Tuesday of each month- 5:00 PM Gentry Potluck Supper

Guests are asked to bring a dish of food to share with friends, such as a casserole or dessert.

4th Tuesday of each month at 5:00 PM Potluck Senior Supper Guests are asked to bring a dish of food to share with friends, such as a casserole or dessert

RAFFLES:

Log Cabin Quilt Raffle: \$1.00 each or 6 for \$5.00 Drawing: July 31, 2018

"Log Cabin Quilt" Donated by the Yadkin River Quilters Guild

\$500 Gift Certificate from Foothills Meat Center: Tickets \$2 each

Drawing: June 28th, 2018

Proceeds benefit the YVEDDI Meals on Wheels Program

Days are getting longer and hotter... Let Us Help You Stay Cool This Summer

You may qualify for a free fan!

Eligibility Requirements:

1. Must live in Yadkin County
2. Must be an adult 60 years of age or older OR with a disability
3. Must have a home situation where a threat to health and well-being exists

Call Lisa Money at (336) 367-3522 to see if you qualify.



We had a great day trip to Shatley Springs on May 24th. We hope to plan another trip soon. Keep a check on our newsletter and website for future trips.

Please join us at the Yadkinville Senior Center for fun and fellowship.

Information and Referral

- Fitness Health Promotion
- Senior Games
- Family Support Groups
- Transportation Medical/General
- Caregivers Classes
- Energy Assistance
- Home Repair/ Modification
- Medicaid/Medicare Benefits
- Job Training Placement
- Telephone Reassurance
- Disaster Services
- Long-term Care Facilities
- Rehabilitation Services
- Durable Medical Equipment Asst. Device
- Health Screenings
- Food Distribution
- Tax Preparation Counseling
- Legal Services
- Respite Housing
- Adult Day Care/Day Health
- Reverse Mortgage Counseling
- Home Health Services
- In-home Aide Services
- Hospice Care
- Social Security Benefits
- Community Mental Health
- Congregate/Home Delivered Meals
- Insurance Counseling
- Report Suspected Abuse, Neglect or Exploitation

How You Can Give...

The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!

We encourage you to SUPPORT THE Yadkin County United Fund

By Mail:

Yadkin County United Fund
205 S. Jackson Street
Yadkinville, NC 27055

Or visit

www.yadkincountyunitedfund.org



JUNE 2018

Mon

Tue

Wed

Thu

Fri

	<p><i>Lunch is served daily at 11:30 a.m. for ages 60 & older.</i></p> <p><i>You must be registered. Contact the Nutrition Site Manager for more details</i></p>			<p>1 9 Journal Now 9 Walking to Music 10 Coffee Chat 10:30 Healthy Bingo 11:30 Lunch</p>
<p>4 9 Journal Now 9 Walking to Music 10:30 Nutrition BINGO 11:30 Lunch 12 Chair Exercises 1 Rook for beginners 6 Zumba \$4</p>	<p>5 9 Journal Now 10 Walking to Music 11 Cigna Health– Ericka Rhodes Bingo 11:30 Lunch 5 Lions Club</p>	<p>6 9 Journal Now 10 Walking to Music 11 Fellowship 11:30 Lunch 12 Stretch & Flex 5 Weight Watchers \$</p>	<p>7 9 Journal Now 10 Walking to Music 10-11 Senior Chorus 11:30 Lunch 1 Pegs & Jokers 6 Rook</p>	<p>8 9 Journal Now 9 Walking to Music 10 Coffee Talk 10:30 Healthy Bingo 11 Fellowship & Fun 11:30 Lunch</p>
<p>11 9 Journal Now 9 Walking to Music 10:30 Nutrition BINGO 11 Blood Pressure Checks 11:30 Lunch 12 Chair Exercises 1 Rook for beginners 5 Bee Association</p>	<p>12 9 Journal Now 9 Walking to Music 10 Quilting 11 Fellowship & Fun 11:30 Lunch 5 Gentry Supper</p>	<p>13 9 Journal Now 10 Walking to Music 11 Fellowship 11:30 Lunch 12 Stretch & Flex 5 Weight Watchers \$</p>	<p>14 9 Journal Now 9 Walking to Music 11 Dept Diaz Crime Prevention 11:30 Lunch 1 Pegs & Jokers 6 Rook</p>	<p>15 9 Journal Now 9 Walking to Music 10 Coffee Chat 10:30 Healthy Bingo 11 Fellowship Time 11:30 Lunch</p>
<p>18 9 Journal Now 9 Walking to Music 10:30 Nutrition BINGO 11:30 Lunch 12 Chair Exercises 1 Rook for beginners 6 Zumba \$4</p>	<p>19 9 Journal Now 9 Walking to Music 10 Quilting 10 Fellowship & Coffee 11 Birthday Party and Band 11:30 Lunch 5 Lions Club</p>	<p>20 9 Journal Now 10 Walking to Music 11 Fellowship & Fun 11:30 Lunch 12 Stretch & Flex 5 Weight Watchers \$</p>	<p>21 9 Journal Now 10 Walking to Music 10-11 Senior Chorus 11:30 Lunch 1 Pegs & Jokers 6 Rook</p>	<p>22 9 Journal Now 9 Walking to Music 10:30 Healthy Bingo 11 Fellowship Time 11:30 Lunch</p>
<p>25 9 Journal Now 9 Walking to Music 10:30 Nutrition BINGO 11:30 Lunch 12 Chair Exercises 1 Rook for beginners 6 Zumba \$4</p>	<p>26 9 Journal Now 10 Walking to Music 11 Fellowship 11:30 Lunch 5 Senior Potluck Supper</p>	<p>27 9 Journal Now 10 Walking to Music 11 Fellowship 11:30 Lunch 12 Stretch & Flex 5 Weight Watchers \$</p>	<p>28 9 Journal Now 9 Walking to Music 10-11 Senior Chorus 11:30 Lunch 1 Pegs & Jokers 6 Rook</p>	<p>29 9 Journal Now 9 Walking to Music 10:30 Healthy Bingo 11 Fellowship Time 11:30 Lunch</p>



Mission Statement: "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."