



# YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



*A North Carolina Certified Senior Center of Excellence*

May 2018

## What's Happening...



*Remembering the men and women who died while serving our country.*

### 2nd Monday of each month at 11:00 a.m.

Blood Pressure Checks with Natalie Williams from Yadkin County Human Services Agency

### 2nd Tuesday of each month- 5:00 PM Gentry Potluck Supper

Guests are asked to bring a dish of food to share with friends, such as a casserole or dessert.

**4th Tuesday of each month at 5:00 PM Potluck Senior Supper** Guests are asked to bring a dish of food to share with friends, such as a casserole or dessert

**May 9th 11:30 a.m. Older American's Day Celebration Potluck Lunch** Guests are asked to bring a dish of food to share with friends, such as a casserole or dessert

**May 24th Shatley Springs and Walmart Day Trip** \$20.00 for all congregate members \$25.00 for non members.

### RAFFLES:

**Log Cabin Quilt Raffle:** \$1.00 each or 6 for \$5.00 Drawing: July 31, 2018  
"Log Cabin Quilt" Donated by the Yadkin River Quilters Guild

**\$500 Gift Certificate from Foothills Meat Center:** Tickets \$2 each  
Drawing: June 28th, 2018  
Proceeds benefit the YVEDDI Meals on Wheels Program

*A BIG thank you to Margie Williams, Jimmy Bowman and David Willard for being the top sellers of our 60/40 raffle tickets.*

**60/40 Raffle:** Eddie Ward was the winner of the 60/40 raffle.

### Holiday/Closing Schedule:

**May 8th** Our Center will be closed for voting. No meals served and no Gentry Supper that night.

**May 28th - Closed:** Memorial Day

*Please join us at the Yadkinville Senior Center for fun and fellowship.*



## Information and Referral

- Fitness Health Promotion
- Senior Games
- Family Support Groups
- Transportation Medical/General
- Caregivers Classes
- Energy Assistance
- Home Repair/ Modification
- Medicaid/Medicare Benefits
- Job Training Placement
- Telephone Reassurance
- Disaster Services
- Long-term Care Facilities
- Rehabilitation Services
- Durable Medical Equipment Asst. Device
- Health Screenings
- Food Distribution
- Tax Preparation Counseling
- Legal Services
- Respite Housing
- Adult Day Care/Day Health
- Reverse Mortgage Counseling
- Home Health Services
- In-home Aide Services
- Hospice Care
- Social Security Benefits
- Community Mental Health
- Congregate/Home Delivered Meals
- Insurance Counseling
- Report Suspected Abuse, Neglect or Exploitation

### How You Can Give...

**The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!**

**We encourage you to SUPPORT THE Yadkin County United Fund**

**By Mail:**  
Yadkin County United Fund  
205 S. Jackson Street  
Yadkinville, NC 27055

Or visit

[www.yadkincountyunitedfund.org](http://www.yadkincountyunitedfund.org)



# MAY 2018


**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

	<p>1 9 Journal Now 9 Walking to Music 10 Quilting 11 Ricky Stanley Carolina's Best Home Care 11:30 Lunch 5 Lions Club</p>	<p>2 9 Journal Now 10 Walking to Music 11 11:30 Lunch 12 Stretch &amp; Flex 5 Weight Watchers \$</p>	<p>3 9 Journal Now 9 Walking to Music 10-11 Senior Chorus 11:30 Lunch 1 Pegs &amp; Jokers 6 Rook</p>	<p>4 9 Journal Now 9 Walking to Music 10 Coffee Chat 10:30 Healthy Bingo 11:30 Lunch</p>
<p>7 9 Journal Now 9 Walking to Music 10:30 Nutrition BINGO 11:30 Lunch 12 Chair Exercises 1 Rook for beginners <b>6 Zumba \$4</b></p>	<p>8 CLOSED FOR VOTING  NO GENTRY SUPPER</p>	<p>9 9 Journal Now 10 Walking to Music <b>11 Older Americans Day</b> 11:30 Lunch 12 Stretch &amp; Flex 5 Weight Watchers \$</p>	<p>10 9 Journal Now 10 Walking to Music 11 Crime Prevention with Dept. Diaz 11:30 Lunch 1 Pegs &amp; Jokers 6 Rook</p>	<p>11  9 Journal Now 9 Walking to Music 10 Coffee Talk 10:30 Healthy Bingo 11 Allison Brown with Mountain Valley Hospice 11:30 Lunch</p>
<p>14 9 Journal Now 9 Walking to Music 10:30 Nutrition BINGO <b>11 Blood Pressure Checks</b> 11:30 Lunch 12 Chair Exercises 1 Rook for beginners 5 Bee Association</p>	<p>15 9 Journal Now 9 Walking to Music 10 Quilting <b>11 Birthday Party &amp; Band</b> 11:30 Lunch 5 Lions Club</p>	<p>16 9 Journal Now 10 Walking to Music 11 Dr Brett Munn Eye Care 11:30 Lunch 12 Stretch &amp; Flex 5 Weight Watchers \$</p>	<p>17 9 Journal Now 9 Walking to Music 10-11 Senior Chorus 11:30 Lunch 1 Pegs &amp; Jokers 6 Rook</p>	<p>18 9 Journal Now 9 Walking to Music 10 Coffee Chat 10:30 Healthy Bingo 11 Fellowship Time 11:30 Lunch</p>
<p>21 9 Journal Now 9 Walking to Music 10:30 Nutrition BINGO 11:30 Lunch 12 Chair Exercises 1 Rook for beginners 6 Zumba \$4</p>	<p>22 9 Journal Now 9 Walking to Music 10 Quilting 10 Fellowship &amp; Coffee <b>11 Ricky Stanley Carolina's Best Home Care</b> 11:30 Lunch <b>5 Potluck Senior Supper</b></p>	<p>23 9 Journal Now 10 Walking to Music 11 11:30 Lunch 12 Stretch &amp; Flex 5 Weight Watchers \$</p>	<p>24 <b>Day Trip</b> 9 Journal Now 10 Walking to Music 11 Van Shore Insurance-Medicare 11:30 Lunch 1 Pegs &amp; Jokers 6 Rook</p>	<p>25 9 Journal Now 9 Walking to Music 10:30 Healthy Bingo 11 Fellowship Time 11:30 Lunch</p>
<p>28  CLOSED Memorial Day</p>	<p>29 9 Journal Now 10 Walking to Music 11 Becky Swaim Yadkin County Librarian 11:30 Lunch</p>	<p>30 9 Journal Now 10 Walking to Music 11 11:30 Lunch 12 Stretch &amp; Flex 5 Weight Watchers \$</p>	<p>31 9 Journal Now 9 Walking to Music 10-11 Senior Chorus 11:30 Lunch 1 Pegs &amp; Jokers 6 Rook</p>	<p><i>Lunch is served daily at 11:30 a.m. for ages 60 &amp; older. You must be registered. Contact the Nutrition Site Manager for more details</i></p>



Mission Statement: "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."