



# YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



*A North Carolina Certified Senior Center of Excellence*

April 2018

## What's Happening...

Happy Spring Everyone.

April is a beautiful month of the year. We are looking forward to a great Spring at the Yadkin County Senior Center.

Join us for fun activities, good food, and new friends.



**2nd Monday of each month at 11:00 a.m.**

Blood Pressure Checks with Natalie Williams from Yadkin County Human Services Agency

**2nd Tuesday of each month- 5:00 PM Gentry Potluck Supper**

Guests are asked to bring a dish of food to share with friends, such as a casserole or dessert.

**4th Tuesday of each month at 5:00 PM Potluck Senior Supper** Guests are asked to bring a dish of food to share with friends, such as a casserole or dessert.

## RAFFLE

**60/40 Fundraiser Raffle:** Tickets \$2 each or 3 for \$5. 60% of money will go to the Yadkin County Senior Centers and 40% will go to the winning ticket.

Drawing will be held on April 25th. **We still have tickets on sale.**

**\$500 Gift Certificate from Foothills Meat Center.** Tickets \$2 each

Drawing: June 28th, 2018

Proceeds benefit the YVEDDI Meals on Wheels Program

*Please join us at the Yadkinville Senior Center for fun and fellowship.*

**APRIL 21st - 1st Annual Classic Car Show & Live Band**

12:00 pm to 5:00 pm

Location: 533 N. Carolina Ave. Hwy 601N ▪ Boonville, NC

\$5 admission or free admission with the purchase of a \$10 raffle ticket

Entertainment by: "too MUCH SyLvIA "

RAFFLE ▪ PRIZES ▪ MUSIC ▪ FOOD TRUCKS

Bring a lawn chair (no coolers allowed)

*A fundraiser event to support the programs of YVEDDI*



## Information and Referral

- Fitness Health Promotion
- Senior Games
- Family Support Groups
- Transportation Medical/General
- Caregivers Classes
- Energy Assistance
- Home Repair/ Modification
- Medicaid/Medicare Benefits
- Job Training Placement
- Telephone Reassurance
- Disaster Services
- Long-term Care Facilities
- Rehabilitation Services
- Durable Medical Equipment Asst. Device
- Health Screenings
- Food Distribution
- Tax Preparation Counseling
- Legal Services
- Respite Housing
- Adult Day Care/Day Health
- Reverse Mortgage Counseling
- Home Health Services
- In-home Aide Services
- Hospice Care
- Social Security Benefits
- Community Mental Health
- Congregate/Home Delivered Meals
- Insurance Counseling
- Report Suspected Abuse, Neglect or Exploitation

How You Can Give...

**The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!**

**We encourage you to SUPPORT THE Yadkin County United Fund**

By Mail:

Yadkin County United Fund

205 S. Jackson Street

Yadkinville, NC 27055

Or visit

[www.yadkincountyunitedfund.org](http://www.yadkincountyunitedfund.org)



# APRIL 2018

Mon	Tue	Wed	Thu	Fri
<p>2</p> <p>9 Journal Now 9 Walking to Music 10:30 Nutrition BINGO 11:30 Lunch 12 Chair Exercises 1 Rook for beginners 6 Zumba \$4</p>	<p>3</p> <p>9 Journal Now 9 Walking to Music Quilting 11 Fire Safety Yadkin Fire Department 11:30 Lunch 5 Lions Club</p>	<p>4</p> <p>9 Journal Now 10 Walking to Music 11 Dr Sanford Danziger Health Questions 11:30 Lunch 12 Stretch &amp; Flex 5 Weight Watchers \$</p>	<p>5</p> <p>9 Journal Now 9 Walking to Music 10-11 Senior Chorus 11:30 Lunch 1 Pegs &amp; Jokers 6 Rook</p>	<p>6</p> <p>9 Journal Now 9 Walking to Music 10 Coffee Chat 10:30 Healthy Bingo 11:30 Lunch</p>
<p>9</p> <p>9 Journal Now 9 Walking to Music 10:30 Nutrition BINGO <b>11 Blood Pressure Checks</b> 11:30 Lunch 12 Chair Exercises 1 Rook for beginners 6 Bee Association</p>	<p>10</p> <p>9 Journal Now 9 Walking to Music 10 Fellowship &amp; Coffee 10 Quilting <b>11 Young at Heart Meeting</b> 11:30 Lunch <b>5 Gentry Potluck Supper</b></p>	<p>11</p> <p>9 Journal Now 10 Walking to Music 11:30 Lunch 12 Stretch &amp; Flex 5 Weight Watchers \$</p>	<p>12</p> <p>9 Journal Now 10 Walking to Music 11 Dept. Diaz Crime Prevention 11:30 Lunch 1 Pegs &amp; Jokers 6 Rook</p>	<p>13</p> <p>9 Journal Now 9 Walking to Music 10 Coffee Talk 10:30 Healthy Bingo 11:30 Lunch</p>
<p>16</p> <p>9 Journal Now 9 Walking to Music 10:30 Nutrition BINGO 11:30 Lunch 12 Chair Exercises 1 Rook for beginners 6 Zumba \$4</p>	<p>17</p> <p>9 Journal Now 9 Walking to Music 10 Quilting <b>11 Birthday Party &amp; Band</b> 11:30 Lunch 5 Lions Club</p>	<p>18</p> <p>9 Journal Now 10 Walking to Music 11:30 Lunch 12 Stretch &amp; Flex 5 Weight Watchers \$</p>	<p>19</p> <p>9 Journal Now 9 Walking to Music 10-11 Senior Chorus 11:30 Lunch 1 Pegs &amp; Jokers 6 Rook</p>	<p>20</p> <p>9 Journal Now 9 Walking to Music 10 Coffee Chat 10:30 Healthy Bingo 11 Fellowship Time 11:30 Lunch</p>
<p>23</p> <p>9 Journal Now 9 Walking to Music 10:30 Nutrition BINGO 11:30 Lunch 12 Chair Exercises 1 Rook for beginners 6 Zumba \$4</p>	<p>24</p> <p>9 Journal Now 9 Walking to Music 10 Quilting 10 Fellowship &amp; Coffee <b>11 Dr Munn Eye Care</b> 11:30 Lunch <b>5 Potluck Senior Supper</b></p>	<p>25</p> <p>9 Journal Now 10 Walking to Music 11 Ginger Shore SECU 11:30 Lunch 12 Stretch &amp; Flex 5 Weight Watchers \$</p>	<p>26</p> <p>9 Journal Now 10 Walking to Music 11 Sing-a-Long with Dot Matthews 11:30 Lunch 1 Pegs &amp; Jokers 6 Rook</p>	<p>27</p> <p>9 Journal Now 9 Walking to Music 10:30 Healthy Bingo 11 Fellowship Time 11:30 Lunch</p>
<p>30</p> <p>9 Journal Now 9 Walking to Music 10:30 Nutrition BINGO 11:30 Lunch 12 Chair Exercises 1 Rook for beginners 6 Zumba \$4</p>				<p><i>Lunch is served daily at 11:30 a.m. for ages 60 &amp; older.</i></p> <p><i>You must be registered. Contact the Nutrition Site Manager for more details</i></p>



Mission Statement: "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."