



“I grew up in a home with domestic violence. At the age of 14, I was sexually assaulted. For the 25 years that followed I suffered quietly and turned to drugs and alcohol to hide my pain. 2 years ago I found the YVEDDI Domestic Violence and Sexual Assault Program and started working with an advocate. My life has changed so much since that day. I have become a better mother, wife, and friend because I have found my voice and confidence. They helped me enroll in the GED program and I finished school. I understand myself better and encourage others to seek help. It is never too late and your problem is never too big or small for them to help.”

Sandee Rondeau